

LITTLE FABRIC SHOP

A MODERN FABRIC SHOP FOR JOYFUL SEWING

Little Fabric Shop Quilt

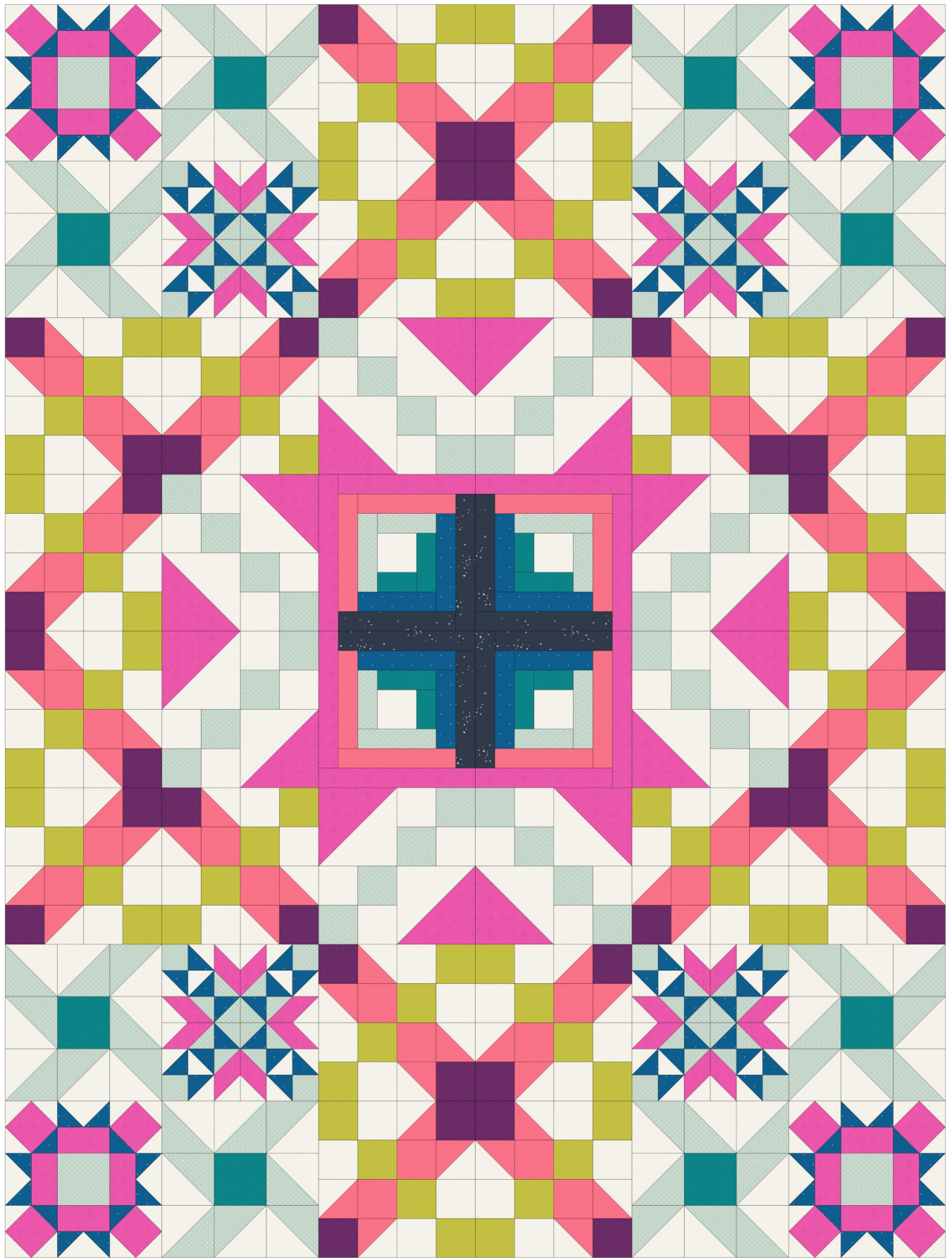
A Progressive Skill Quilt

Hourglass Variation Blocks

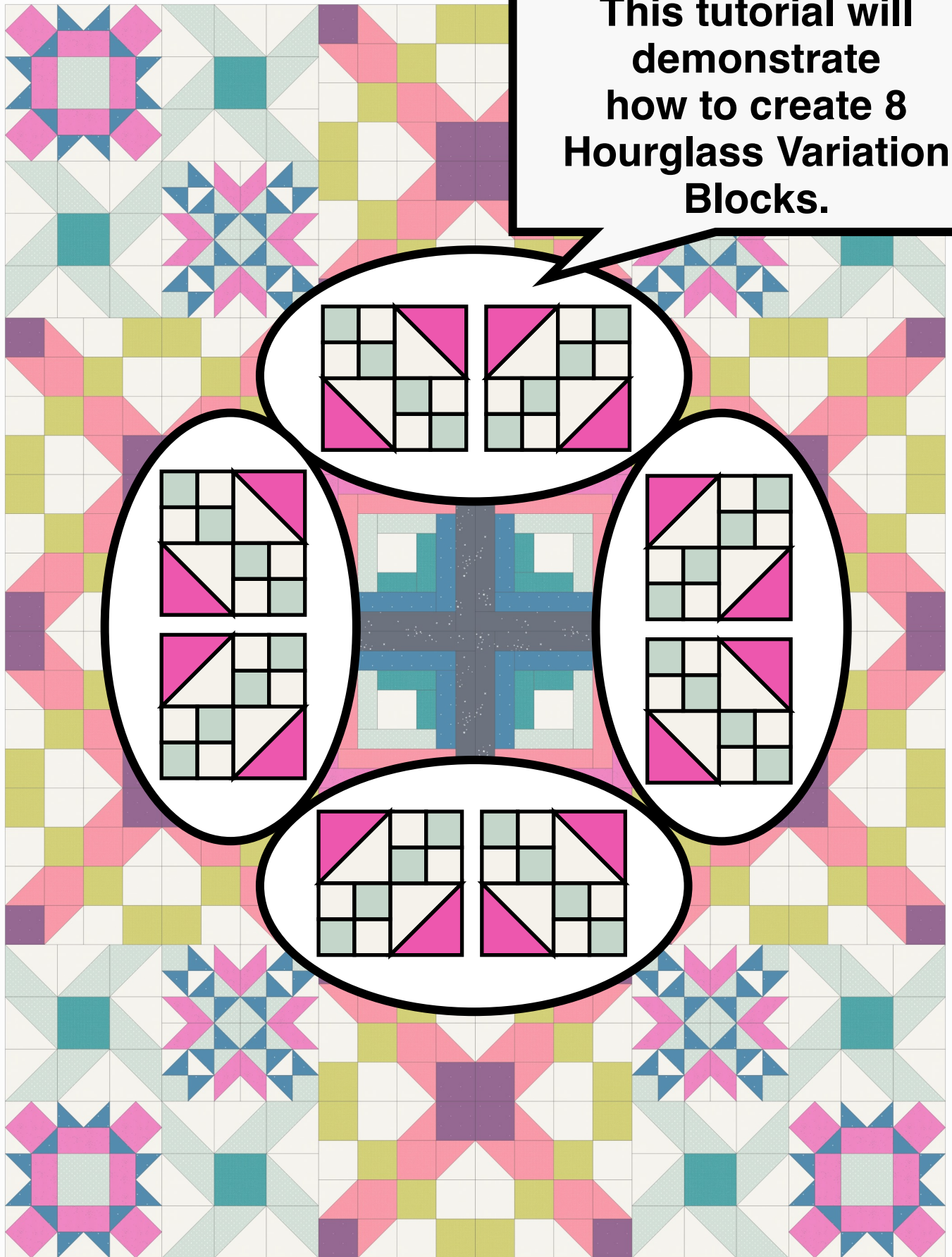


Fabric Used: Assorted Cotton + Steel Basics





This tutorial will demonstrate how to create 8 Hourglass Variation Blocks.



FINISHED BLOCK SIZE: H: 12" x W: 12"

DIFFICULTY: Beginner

SEAM ALLOWANCE: 1/4" throughout pattern unless indicated.

DIMENSIONS: are written height x width throughout instructions.

PRIOR TO SEWING: Read all of the directions before beginning project.

FABRIC REQUIREMENTS:

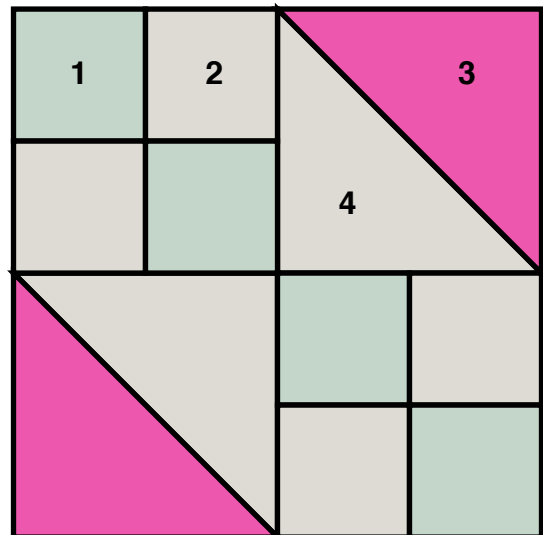
The table below indicates the fabric requirements for the **ENTIRE** quilt. Additionally, it provides information on the color names and color letters. We recommend quilter's weight cotton for this project. We used Cotton + Steel Basics fabric.

COLOR	NAME	QUANTITY
A	Stitch Repeat - Lace	3½ yards
B	Stitch Repeat - Mint	1½ yards
C	Stitch Repeat - Teal	½ yard
D	Square-Up - Peacock	1 yard
E	Freckles - Evening Sky	¼ yard
F	Square-Up - Jelly	¾ yard
G	Freckles - Smooch	1½ yards
H	Stitch Repeat - Sorbet	1 yard
I	Stitch Repeat - Avocado	1 yard

CUTTING REQUIREMENTS:

Use the Block Layout Guide below along with the Cutting Chart to cut out all of the fabrics.

Block Layout Guide



Cutting Chart

BLOCK NUMBER	COLOR LETTER	SIZE	QUANTITY
1	B	3½" x Width of Fabric	3 Strips
2	A	3½" x Width of Fabric	3 Strips
3 Step 1	G	7¼" x Width of Fabric	2 Strips
3 Step 2	G	Cut the 7¼" strips in 7¼" segments	8 Squares
4 Step 1	A	7¼" x Width of Fabric	2 Strips
4 Step 2	A	Cut the 7¼" strips in 7¼" segments	8 Squares



SUPPLIES:

Ruler, Creative Grids® Half Square 4-in-1 Triangle Ruler, Scissors, Rotary Cutter, Mat, Pins, Iron, 1/4-Inch Presser Foot, Sewing Machine

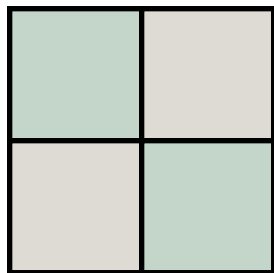
FABRIC SIDES:

We will use the corresponding color to the block to indicate the Right Side of Fabric (RSF). White will indicate the Wrong Side of Fabric (WSF).



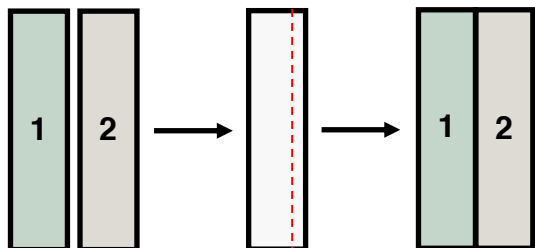
CREATE CHECKERBOARD BLOCKS:

You will create 16 individual Log Cabin Blocks in this section.



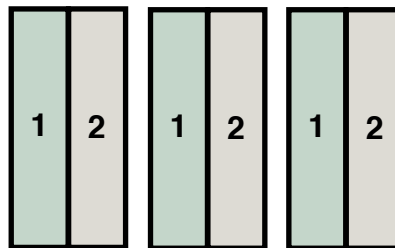
STEP 1: CREATE 3 STRIPS

Take one **BLOCK 1** and sew it to one **BLOCK 2** along the Width of Fabric (WOF) with the RSF facing each other utilizing a 1/4-inch seam allowance. Press seam towards darker fabric.



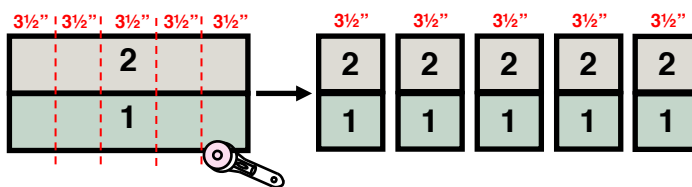
***Hint:** Starch the strips prior to sewing to help add stability to the fabric.*

Repeat with remaining strips to create a total of 3 sewn strips.

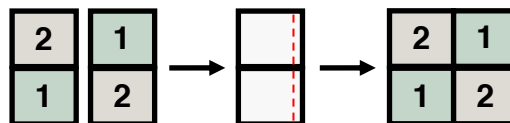


STEP 2: CUT STRIPS & FINALIZE BLOCKS

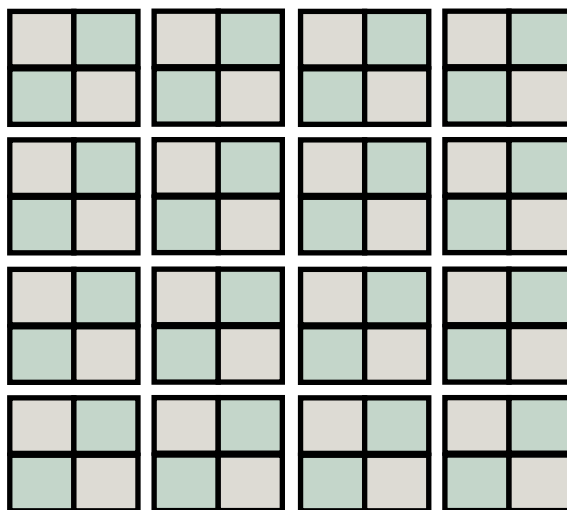
Cut sewn strips into 3 1/2" segments to create a total of 32 blocks.



Sew two of the blocks together by reversing the direction of each block. Nest seams to create clean points. Sew with a 1/4-inch seam allowance along the long side. Press open seams.

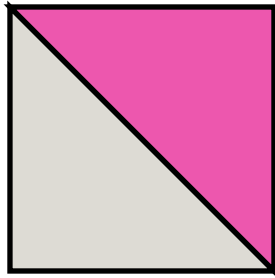


Repeat steps above to create 16 completed checkerboard blocks.



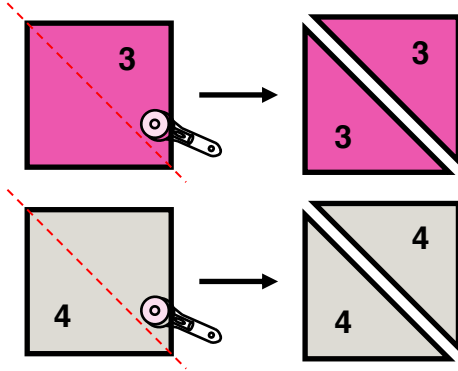
CREATE HALF SQUARE TRIANGLES (HST):

You will create 16 individual Half Square Triangle Blocks in this section.



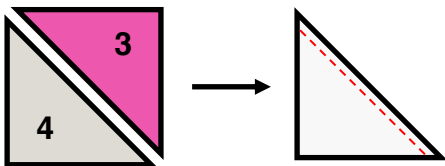
STEP 1: CREATE TRIANGLES

Cut square **BLOCK 3** and square **BLOCK 4** in half along the diagonal to create 16 Block 3 triangles and 16 Block 4 triangles.



STEP 2: CREATE HST

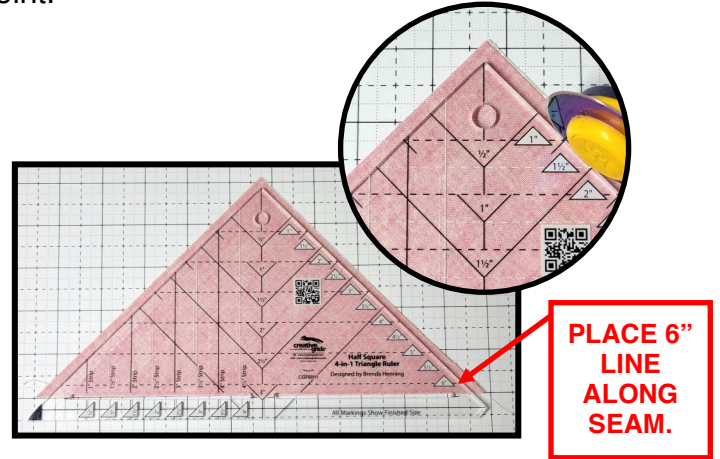
Take one triangle Block 3 and place it on one triangle Block 4 with RSF. Sew with a $\frac{1}{4}$ -inch seam allowance along the diagonal line.



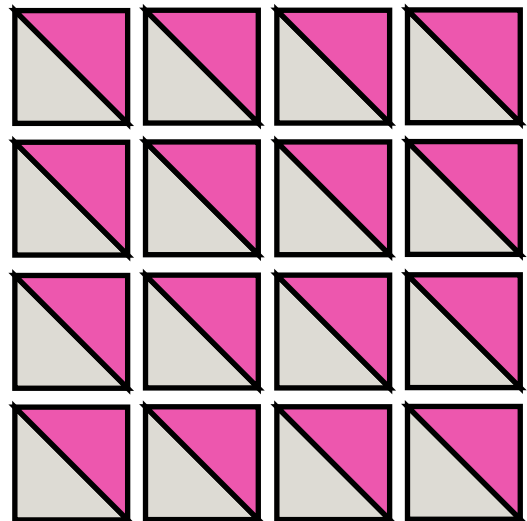
Repeat to create 16 sewn triangles.

STEP 3: SQUARE OFF HST

With your Creative Grids 4-in-1 Half Square Ruler, place the bottom edge seam line along the 6" line. Make sure the point of the ruler is inset from both edges of the fabric. Trim off excess fabric showing on the two sides of the point.

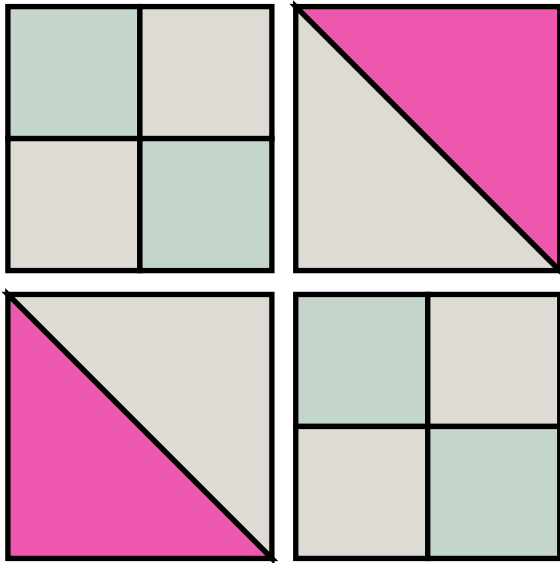


Open up triangle and press seams towards the darker fabric. You should have completed 16 Half Square Triangle Blocks.

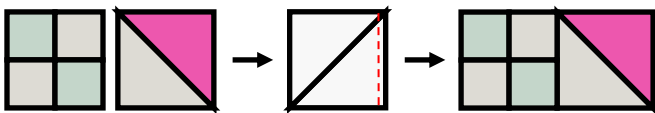


ASSEMBLE HOURGLASS BLOCKS:

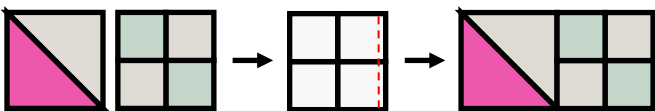
Layout all your fabric pieces as shown in diagram below.



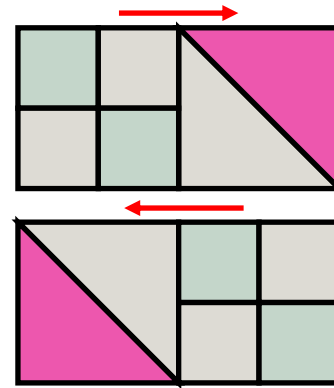
Sew one **CHECKERBOARD BLOCK** to one **HALF SQUARE TRIANGLE** to create the top of the Hourglass Block as shown in diagram below. Place the HST Block on top of the Checkerboard Block with RSF. Sew with $\frac{1}{4}$ -inch seam allowance. Pay close attention to the fabric color placement.



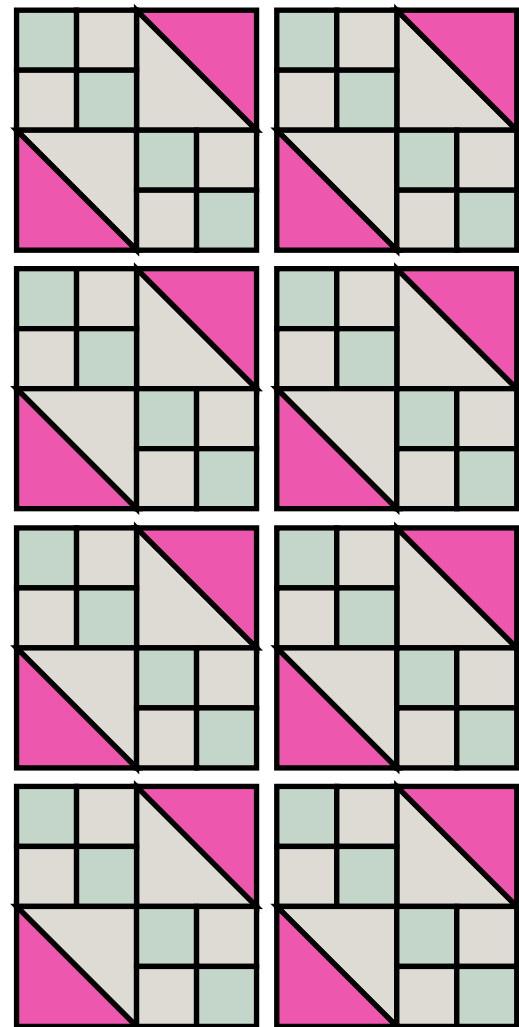
Sew one **CHECKERBOARD BLOCK** to one **HALF SQUARE TRIANGLE** to create the bottom of the Hourglass Block as shown in diagram below. Place the Checkerboard Block on top of the HST Block with RSF. Sew with $\frac{1}{4}$ -inch seam allowance. Pay close attention to the fabric color placement.



Press seams towards Half Square Triangle Blocks.

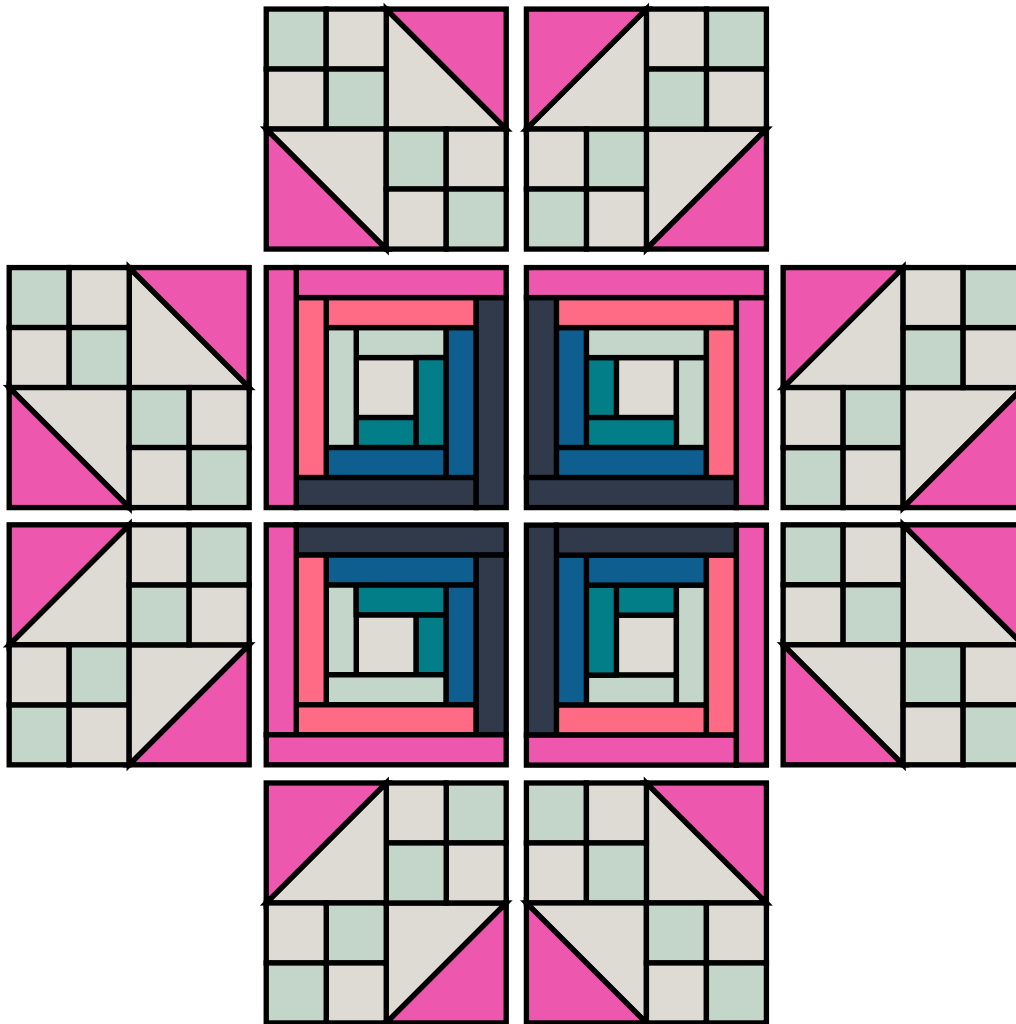


Sew all three rows together. Nest seams and pin. Sew using a $\frac{1}{4}$ -inch seam allowance. Press seams open. This block should measure $12\frac{1}{2}$ " x $12\frac{1}{2}$ " (finished size will be 12" x 12"). Press open seams. Repeat steps to create 8 Hourglass Variation Blocks.



NEXT STEPS:

You should have a total of 8 Hourglass Variation Blocks and 4 Log Cabin Blocks from last month's tutorial. Set these blocks aside for now. In the future, we will give you instructions on how to use these blocks to create the quilt top. Stay tuned!



JOIN IN THE QUILTING FUN!

We hope that you continue our ten-month Little Fabric Shop Quilt journey. Follow along with the Instagram **#littlefabricshopquilt** so that we can see your progress and be inspired by your work. Stay up-to-date on this event and all the happenings at Little Fabric Shop by signing up for our Newsletter located on the bottom of our homepage. Happy Sewing!!

