

# INFORMATION FOR CUSTOMERS

WE CANNOT GUARANTEE THAT OUR PRODUCTS ARE ALLERGEN FREE. DUE TO THE USE OF SHARED EQUIPMENT IN OUR DISPLAYS, CROSS CONTAMINATION MAY BE PRESENT.



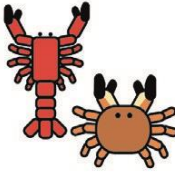

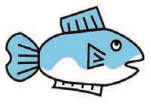
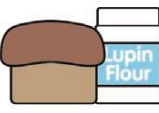






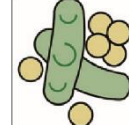

# Synge&Byrne® ALLERGEN CONTENT

BREAKFAST	1	2	3	4	5	6	7	8	9	10	11	12	13	14
														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur dioxide
BYRNES BIG BREAKFAST		X Wheat - Oatmeal		X			X						X	X
SYNGE VEGGIE BREAKFAST		X Wheat – Rye - Barley		X									X	X
EGGS ON TOAST		X Wheat		X			X							
BYRNE'S BREAKFAST SODA		X Wheat - Rye		X			X		X				X	X
SYNGE'S AVACADO SMASH		X Wheat - Rye												X
WAFFLE STACK		X Wheat		X			X						X	X
PORRIDGE		X Oats					X							

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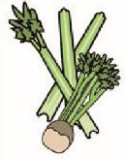

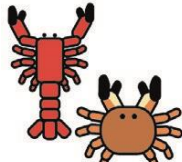
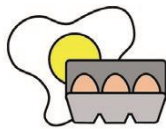
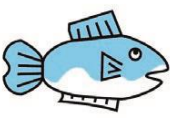
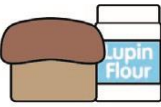








# Synge&Byrne® ALLERGEN CONTENT

BREADS	1 	2 	3 	4 	5 	6 	7 	8 	9 	10 	11 	12 	13 	14 
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur dioxide
YD WHITE BREAD		X Wheat												
YD BROWN BREAD		X Wheat - Rye					X					X		
YD SOURDOUGH WHITE		X Wheat - Rye												
S&B DELI BREAD														
WHITE CORNDOLLY		X WHEAT											X	
BROWN CORNDOLLY		X WHEAT											X	

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# Synge&Byrne® ALLERGEN CONTENT

KIDS														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur dioxide
WEE PORRIDGE		X Oats					X							
WE SCRAMBLED EGGS & TOAST		X Wheat - Rye		X			X							
KIDS WAFFLE STACK		X Wheat		X			X						X	X
KIDS SOUP & BREAD	X	X Wheat - Rye												
SAUSAGE & CHIPS		X Wheat												X
WEE WRAP – NUTELLA		X Wheat					X			X Hazelnuts			X	
WEE WRAP – HAM OR BACON		X Wheat												X
WEE WRAP - CHEESE		X Wheat					X							
WEE WRAP - SAUSAGE		X Wheat					X							X

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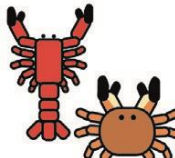
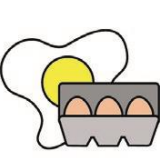
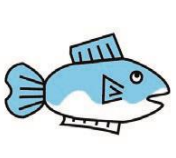




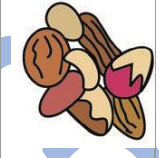




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# Synge&Byrne® ALLERGEN CONTENT

EXOTIC SYNGE														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc s	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur dioxide
CHIPOTLE CHICKEN CIABATTA		X Wheat – Rye – Barley		X			X		X					X
FALAFEL WRAP	X	X Wheat							X					
HALLOUMI ON SOURDOUGH		X Wheat – Rye					X			X Almonds - Walnuts - Cashews	X			
VEGAN WRAP		X Wheat										X		X
GRAZING PLATE - MEAT		X Wheat – Rye – Barley					X					X		X
GRAZING PLATE - VEGGIE		X Wheat – Rye – Barley					X					X		X

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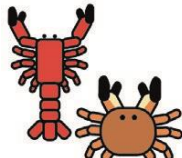
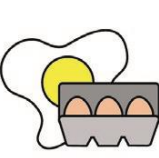
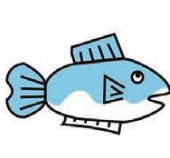









TRADITIONAL BYRNES														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc s	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur dioxide
CHICKEN & BACON CIABATTA		X Wheat – Rye - Barley												X
HAM & CHEESE ON SOURDOUGH		X Wheat – Rye					X							
BIG CHEESE ON SOURDOUGH		X Wheat – Rye		X			X		X					X
CHICKEN & MOZZERELLA WRAP		X Wheat					X			X ALMONDS WALNUTS CASHEWS	X			
BAKED SPUD							X							X

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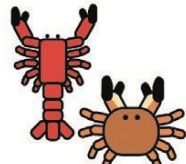
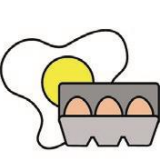
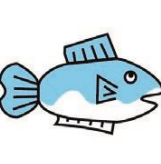



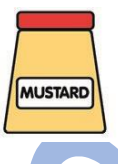
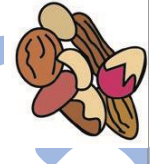




# Synge&Byrne® ALLERGEN CONTENT

SALAD/SAVORIES/ L'ARTISAN														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur dioxide
SAUSAGE ROLL		X Wheat		X			X					X	X	X
VEGAN SAUSAGE ROLL		X Wheat										X		
FRIES WITH GARLIC MAYO				X										
SWEET POTATO FRIES WITH CAJUN SPICED MAYO				X										
NATA'S		X Wheat		X			X							
GOATS CHEESE & CARMELISED ONION TART		X Wheat		X			X		X					X
BROCOLI & STILTON TART		X Wheat		X			X			X Tree Nuts - Walnuts				
MEDITERRANEAN TART		X Wheat		X			X							
RED PEPPER & ASPARAGUS TART		X Wheat		X			X							

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# Synge&Byrne® ALLERGEN CONTENT



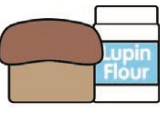



L'ARTISAN														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur dioxide
VEGAN TART (BROCOLI, LEEK & HUMMUS)		X Wheat										X	X	
BACON & LEEK QUICHE		X Wheat		X			X							
BACON & CHERRY TOMATO QUICHE		X Wheat		X			X							
CHICKEN & PARMESAN QUICHE		X Wheat		X			X							
HAM & CHEESE QUICHE		X Wheat		X			X							
QUICHE LORRAINE		X Wheat		X			X							
MUSHROOM & LEEK QUICHE		X Wheat		X			X							
SMOKED SALMON QUICHE		X Wheat		X	X		X							
SUNDRIED TOMATO QUICHE		X Wheat		X			X							X

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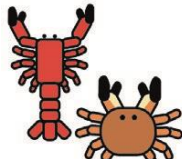
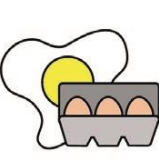
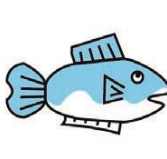









# Synge&Byrne® ALLERGEN CONTENT

L'ARTISAN														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc s	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur dioxide
SPINACH & RICOTTA QUICHE		X Wheat		X			X							
TRE FORMAGGI (MUSHROOM) QUICHE		X Wheat		X			X							
SMOKED CHICKEN & MUSHROOM QUICHE		X Wheat		X			X							
BEEF & ALE PIE	X	X Wheat		X			X							
CHICKEN & CHORIZO PIE		X Wheat		X			X							
CHICKEN, HAM & DIJON PIE		X Wheat		X			X		X					
CHICKEN & MUSHROOM PIE		X Wheat		X			X		X					
PULLED PORK PIE		X Wheat		X			X		X					
TURKEY & HAM SEASONAL PIE		X Wheat		X			X		X					
ITALIAN SAUSAGE ROLL SEASONAL		X Wheat		X			X						X	X

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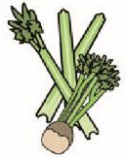

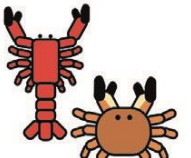
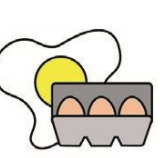
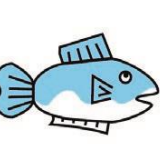



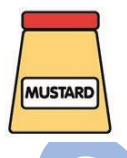



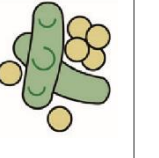

# Synge & Byrne® ALLERGEN CONTENT

TRAYBAKES														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc s	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur dioxide
RICE KRISPIE				X			X						X	
ROCKY ROAD		X Wheat					X			X Hazelnuts				
BLONDIE ROCKY ROAD		X Wheat					X			X Pistachio			X	
MINT AERO		X Wheat					X						X	
TOFFEE PEANUT MALLOWS		X Wheat					X			X Almonds	X			
SNICKERS				X			X				X		X	
MALTEASER SQUARE		X Wheat					X						X	
FIFTEEN		X Wheat					X						X	
CARAMEL SQUARE		X Wheat					X							
BROWNIE		X Wheat		X			X			X Walnuts				
VEGAN JAMMY JOE		X Wheat											X	
GERMAN BISCUIT		X Wheat					X							

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BAKERY														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur dioxide
WHEATEN		X Wheat - Oats		X			X							
FLAKEMEAL		X Wheat - Oats					X							
CHEESECAKE BEFORE TOPPING (CHECK FILLING INGREDIENTS)		X Wheat					X						X	
COFFEE CAKE		X Wheat		X			X			X Walnuts				
VIENNESSE BISCUITS		X Wheat		X			X							
APPLE CINNAMON SQ		X Wheat		X			X							X
APPLE TART		X Wheat		X			X							X
RHUBARB TART		X Wheat		X			X							
BISCOFF SQUARES		X Wheat - Barley					X						X	
BANOFFEE PIE		X Wheat - Barley					X				X		X	
BOUNTY BALLS							X							

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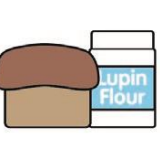

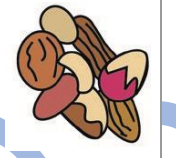

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BAKERY														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur dioxide
CHOCOLATE CAKE		X Wheat		X			X			X Tree nuts			X	
SPINACH CAKE		X Wheat		X			X			X Tree Nuts			X	
LEMON DRIZZLE CAKE		X Wheat		X			X						X	X
RED VELVET CAKE		X Wheat		X			X						X	
APPLE & GINGER CAKE		X Wheat		X			X			X Walnuts				
RED VELVET BALLS		X Wheat		X			X							
STICKY TOFFEE & APPLE CAKE		X Wheat		X			X							
PEANUT BUTTER SQUARE & BALLS										X Almonds	X			
RASPBERRY & ALMOND SLICE		X Wheat		X			X			X Almonds				
PEAR & ALMOND SLICE		X Wheat		X			X			X Almonds				
CARROT CAKE		X Wheat		X						X Walnuts				
PROTEIN BALLS		X Wheat					X			X Almonds - Walnuts	X			

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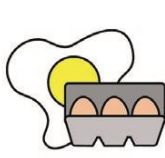
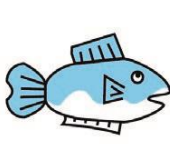
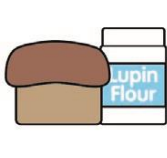






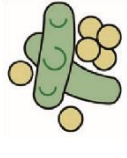

FEB 23 BAKERY														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur dioxide
Baby Meringue Biscuits		X Wheat		X			X						X	X
Lemon & Peach Blondie		X Wheat		X			X							
Blondie Rocky Road		X Wheat					X			X Pistachio			X	X
Flapjacks		X Oats		X			X						X	
Lemon Drizzle		X Wheat		X			X						X	X
Chocolate Shortbread		X Wheat		X			X						X	
Ruffle Ball							X						X	

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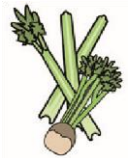

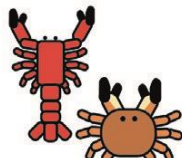
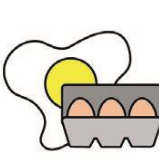
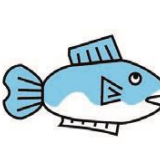
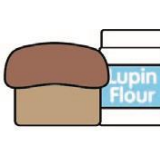








SALADS														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc s	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur dioxide
CARROT SLAW									X					X
BABY POTATO SALAD														X
NOODLE SALAD		X WHEAT		X								X		
BROCCOLI, FETA & HAZELNUT							X		X	X Hazelnut				X
BROCCOLI, CARROT & HAZELNUT				X			X			X Hazelnut				X
CARROT SALAD WITH LEMON & GINGER									X					X
CHICKPEA SALAD														
CLASSIC CEASAR SALAD *Optional Anchovies		X WHEAT - RYE		X	X*		X						X	X
FENNEL, ROCKET & TOMATO SALAD WITH BALSAMIC DRESSING														X

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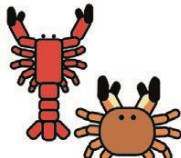
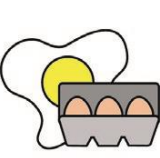
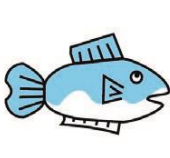







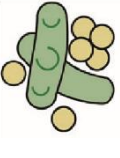

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SALADS														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur dioxide
ROAST FENNEL, BUTTERBEAN & PEPPERS														
GARLIC ROASTED NEW POTATOES							X							X
HEARTY PLOUGHMANS SALAD							X		X					X
POMEGRANATE COUSCOUS		X WHEAT												X
LENTIL SALAD WITH ROCKET							X							X
PURPLE SLAW										X Walnut				X
QUINOA SALAD	X													
ROASTED BALSAMIC BEETROOT SALAD							X			X Walnut				X
ROASTED VEGETABLE SALAD							X							
ZINGY SLAW												X		X
COLESLAW		X		X			X							

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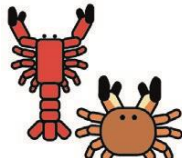
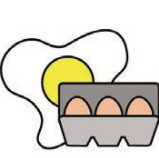
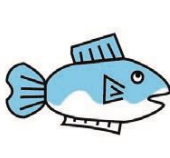







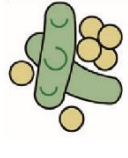

Correct as of: 17/08/2023.

# Synge&Byrne® ALLERGEN CONTENT

SALADS														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur dioxide
TABBOULEH														
FRENCH BEAN & MANGETOUT SALAD										X Hazelnuts				
PESTO PASTA		X Wheat		X		X	X		X	X Almonds - Walnuts - Cashews	X		X	X
WATERMELON SALAD							X							X
<b><u>DRESSINGS:</u></b>														
BALSAMIC SALAD DRESSING <small>*Confirm which oil has been used.</small>									X	X* Hazelnut / Walnut				X
CAESAR DRESSING				X			X		X				X	X
FRENCH DRESSING									X					X
<b><u>SOUPS:</u></b>														
TURNIP & GINGER	X													



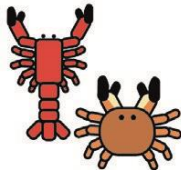

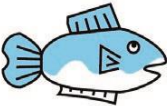
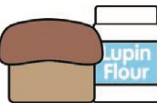








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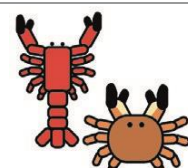
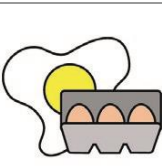
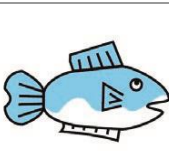
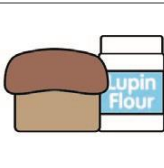

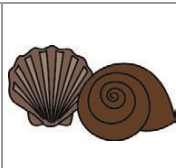






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SOUPS														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur dioxide
CURRIED PARSNIP & APPLE	X						X							
SMOKED BACON & LENTIL	X													X
BUTTERNUT SQUASH & SWEET POTATO	X						X							
SPICY CARROT & LENTIL	X						X							
THAI CHICKEN NOODLE	X	X Wheat		X	X									
TOMATO & ROASTED FENNEL *If including stock	X*													
TUSCAN BEAN	X													
BUTTERNUT SQUASH & CHILLI	X						X							
SWEET POTATO & COCONUT	X													
CARROT, CORRIANDER & GINGER	X													

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June23 SALADS														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur dioxide
INDIAN SUMMER SALAD	X													
SPARTACUS		X Wheat					X		X					
SUNNY VIBES	X												X	
GREEN VALLEY									X					



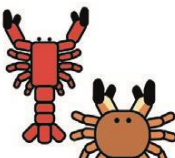
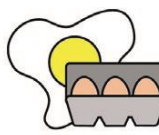
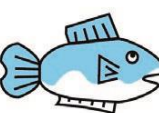
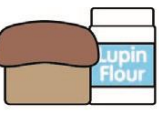






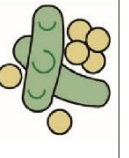

COFFEE & TEA														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc s	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur dioxide
AMERICANO / ESPRESSO														
LATTE / CAPPUCINO							X							
FLAT WHITE							X							
MACHIATTO							X							
MOCHA / HOT CHOCOLATE							X							
TEA / FANCY TEA														
FRAPPE SEE INDV PACKAGING														
SMOOTHIE - SEE INDV PACKAGING														
SYRUPS – SEE BOTTLE														

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# Synge&Byrne® ALLERGEN CONTENT

HOT FOOD														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur dioxide
Mexican burrito bowl (beef)		X Wheat		X			X							
Mexican burrito bowl (pork)		X Wheat		X			X							
Mexican burrito bowl (taco beef)		X Wheat		X			X		X			X		
Chicken & chickpea curry		X Wheat		X			X		X		X	X		
Bombay chicken curry		X Wheat		X			X							
Chipotle sweet potato bowl		X Wheat		X			X		X		X	X		
Hot pot		X Wheat		X			X		X		X	X		
Moroccan curry bowl		X Wheat		X			X							
Chilli beef with rice		X Wheat		X			X			X	X	X		
Cottage pie		X Wheat		X			X		X	X	X	X		
Pulled pork or beef burger		X Wheat		X			X		X		X	X		

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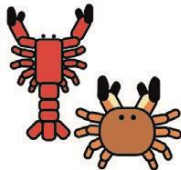

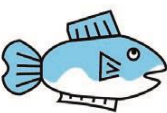
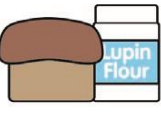








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# INGREDIENTS BREAKDOWN



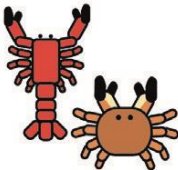

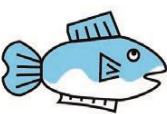
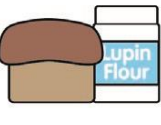








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Correct as of: 17/08/2023.

INGREDIENTS														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur dioxide
AVOCADO														
BACON (BACK – RAW)														
BACON (STREAKY – COOKED)														
BALSAMIC VINEGAR														X
BAGEL (POPPY SEED)		X WHEAT											X	
BAKED POTATO														
BAKING POWDER														
BALLYMALOE RELISH									X					
BASIL PESTO (TOM&OLLY)							X			X ALMONDS WALNUTS CASHEWS	X			
BERRY COMPOTE														
BEETROT (HUERCASSA)														
BLACK PITTED OLIVES														
BLACK PUDDING (CLONAKILTY)		X WHEAT - OATMEAL												

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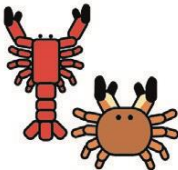

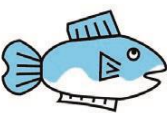
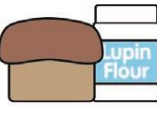








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INGREDIENTS														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur dioxide
BUTTER (BLOCK)							X							
BUTTER (DAIRYGOLD PORTIONS)							X							
BRIE (LAMAUBERT)							X							
CAJUN POWDER (SCHWARTZ)														
CASTER SUGAR (GEM)														
CHEDDAR (BLOCK&BARRELL) BLOCK							X							
CHERRY TOMATOES														
CHILLI FLAKES														
CHILLI JAM (FOLLIN)														
CHERRY (GLACE)														
CHOCOLATE SAUCE (DIVINCI)														
CHIPOTLE DRESSING				X					X					
CIDER VINEGAR														X
CIABATTA (SPECIALITY BREADS)		X WHEAT – RYE - BARLEY		X TRACE			X TRACE						X TRACE	
COLESLAW (MIX)														
COCONUT MILK - ALPRO										X TRACE			X	
COOKED CHICKEN (BLOCK&BARRELL)														
CORNFLOWER														
CRANBERRY (BRAKES)														
CUCUMBER														
DIJON MUSTARD									X					X

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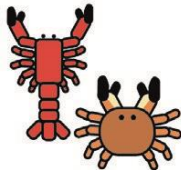

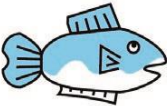
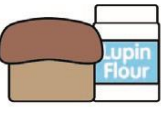








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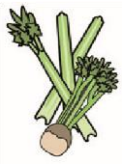

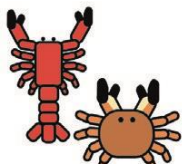
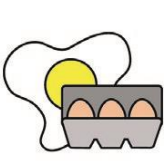
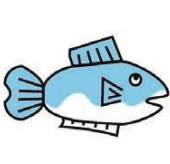









Synge&Byrne® ALLERGEN CONTENT

INGREDIENTS														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur dioxide
DAWN MUFFIN MIX (CHOC ORANGE)		X WHEAT		X			X						X	
DAWN MUFFIN MIX (VANILLA)		X WHEAT		X			X						X TRACE	
DAWN MUFFIN MIX (CARROT CAKE)		X WHEAT		X			X						X TRACE	
DAWN MUFFIN MIX (TOFFEE)		X WHEAT		X			X						X TRACE	
DAWN MUFFIN MIX (CHOC)		X WHEAT		X			X						X	
EGGS				X										
FALAFEL BALLS														
FETA							X							
FLAT MUSHROOM														
FLOUR TORTILLA		X WHEAT												
FRIES L&W – MCCAINS & ARLO														
FROZEN BERRIES														
GARLIC PUREE (SKODIALI)														X
GRATED MOZERELLA (DALE FARM)							X							
GREEK YOGHURT							X							
GLUTEN FREE BREAD												X	X	
HALLOUMI CHEESE							X							

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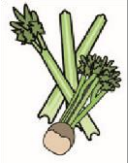

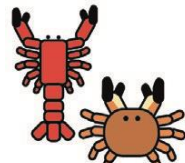
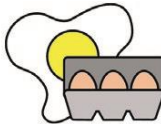
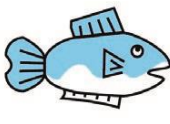
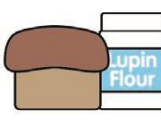






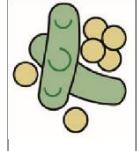

INGREDIENTS														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur dioxide
HAZELNUTS										X HAZELNUT		X TRACE		
HAM – BLOCK&BARRELL														
HUMMUS (TOM&OLLY) TRADITIONAL												X		
HUMMUS (TOM&OLLY) CHILLI&GARLIC							X			X WALNUTS CASHEWS ALMONDS		X		
ICING SUGAR (GEM)														
LEMON														
LEMON JUICE (BOTTLED)														X
MAPLE SYRUP														
MAYO (KENNYS)				X										
MIXED SEEDS														
MIXED LEAVES														
NATURAL YOGHURT							X							
NOODLES (KNORR DRIED)		X WHEAT		X										
OAT MILK (ALPRO)		X OATS												
PASTA (PENNE DRIED)		X WHEAT		X					X				X	
PANCAKE MIX		X WHEAT		X			X							
PASTRAMI														X
PLAIN FLOUR		X WHEAT												
PORK SAUSAGE		X WHEAT											X	X

INGREDIENTS														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur dioxide
PORRIDGE OATS		X												
PURE HONEY														
PUMPKIN SEEDS														
RAISINS														
RASPBERRY JAM														
RED ONION														
RED ONION CHUTNEY (BRAKES)														X
RED PEPPER														
RED WINE VINEGAR														X
RICE WINE VINEGAR														
ROASTED RED PEPPER (TINNED)														
ROASTED VEG														
ROCKET														
SALT														
SALAMI														X
SCONE MIX (DAWN)		X WHEAT		X TRACE			X						X	
SCALLIONS														
SEASAME OIL												X	X	
SEED MIX														
SMOKED CHEDDAR							X							
SODA FARL		X WHEAT					X							
SOFT CHEESE (LUXURY)							X							

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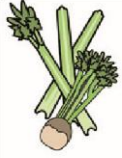

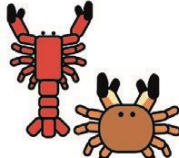
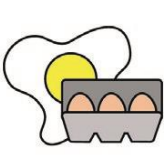
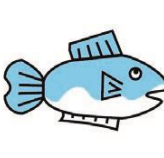



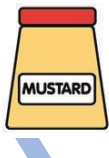







# Synge&Byrne® ALLERGEN CONTENT

INGREDIENTS														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur dioxide
SOFT CHEESE (FULL FAT)							X							
SOURDOUGH BAGUETTE		X WHEAT - RYE												
SOURDOUGH BREAD		X WHEAT - RYE												
SOY SAUCE		X WHEAT											X	
SOYA MILK - ALPRO													X	
SPICED APPLE COMPOTE														
SPINACH														
SIRACHA SAUCE														
SWEET POTATO FRIED (MCCAINS – ARDO – SYSCO CLASSIC)														
SUGAR														
STEAKY BACON														
SUN DRIED TOMATOES (JAR)														X
SUN DRIED TOMATOES (NILBATU FROZEN)														X
STRAWBERRY JAM (FOLLIN)														
SWEET CHILLI SAUCE (KENNYS)														
TOMATO & CHILLI JAM (FOLLIN)														
TOMATO PUREE														
TOMATOES														
TUNA					X									
TURKEY (BLOCK&BARRELL)														

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INGREDIENTS														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur dioxide
VANILLA ESSENCE														
VEGAN SAUSAGE		X WHEAT - BARLEY												X
VEGETABLE BULLION (KNORR)	X													
WHOLE MILK							X							
WHITE WINE VINEGAR														

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