INSTRUCTIONS

1. print and check scale with the 5 cm line below.
2. cut along bottom border and cut out tab sizing guide.


SHOE SIZING

1. place cut edge of paper against wall and have child stand on paper with heel against wall.
2. find highest point on the longer foot (right \& left feet are typically slightly different sizes).
3. select the size closest just above that highest point.

TAB SIZING

1. fold over tab sizing guide at line labeled FLOOR and place against base of child's foot
2. wrap guide around the instep, or girth, of foot.
3. select the size closest to the middle of the foot. the example above would be a medium tab.
place heel and paper against wall
