

## Gentle Shampoo & Wash

Ingredient	What it Does	Rating
Aqua	Good old water, aka H2O. Used as a solvent for ingredients.	<u> </u>
Sodium Cocoyl Isethionate	A cleansing agent that's claimed to be so gentle on the skin that it hardly impacts the skin barrier.	~~
Cocamidopropyl Betaine	Number one reason for its popularity has to do with bubbles.	<u> </u>
Coco\Glucoside	A vegetable origin (coconut/palm kernel oil, glucose) cleansing agent. It's also biodegradable and mild to the skin.	~~
Sodium Lauroyl Sarcosinate	A mild, biodegradable cleansing agent	<u> </u>
Organic Cocos Nucifera (Coconut) Oil	Coconut oil is ideal for dry skin types. Helps treat mild to moderate atopic dermatitis (aka eczema) in children. Coconut oil is definitely a goodie for hair and dry skin.	Goodie
Panthenol	Soothes & moisturizes skin. Panthenol can help the skin to produce more lipids that are important for a strong and healthy skin barrier.	Goodie
Hydrolyzed Keratin	Moisturizer ingredient that helps your skin to cling onto water and hold onto it so that your skin feels nicely moisturized.	~~~
Hydrolyzed Rice Protein	Skin conditioning, composed primarily of amino acids, peptides, and proteins	~~
Melaleuca Alternifolia Leaf Oil	Used for soothing, antiseptic and anti-inflammatory purposes.	Goodie
Chamomilla Recutita (Matricaria) Flower Extract	Soothing antioxidant, mainly used for its anti-inflammatory properties.	Goodie
Tocopheryl Acetate	It's the most commonly used version of pure vitamin E in cosmetics.	~~
PEG-150 Pentaerythrityl Tetrastearate	Help things which normally do not like to mix together (Water and oils) to do just that and form a nice uniform mixture.	
Phenoxyethanol	It's the safe and gentle "IT" preservative	~~
Citric Acid	Citric acid comes from citrus fruits. It helps smooth & freshen up skin.	~~
Fragrance	Safe & formulated for babies.	~~