



GROUNDDED *IN THE* GOSPEL

A WORKBOOK FOR WELL-WATERED KIDS

BY EMILIE HERNANDEZ AND MAGGIE COMBS



WELL- WATERED KIDS

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CENTERED RESOURCES FOR WOMEN AND KIDS

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LETTER TO PARENTS

HEY PARENTS!

We're so blessed and honored to partner with you in teaching your child about the gospel in this season. We pray that this workbook helps your child learn to read and study the Bible themselves to discover the truth of the gospel and the wonders of the Lord. This workbook will walk your child through the historic doctrines of the five solas as a framework for understanding the gospel.

The workbook was written with flexibility in mind. It's undated and doesn't have firm start and stop points so that it can be used at whatever pace is best for you and your child. Some great times to use this workbook are:

- At the breakfast table in the morning
- As an after-school activity or as something to study during a break from school
- Before bedtime
- Alongside family discipleship and Bible reading time
- For daily quiet time in the Word
- On the weekend as bonus material

WHAT TO EXPECT FROM THIS RESOURCE

- Simply start at the beginning of the workbook and have your child progress through the pages at their own pace.
- Older children can complete the pages independently with their own Bible, and younger children can be led through the workbook easily with an adult's help.
- The five solas are divided into several concepts that your child will work through by reading their Bible, answering questions, and completing fun activities.
- Each concept is divided into four sections for your child to complete:

TRUTH UNDERSTOOD: a time of reading and understanding Scripture.

WORSHIP GOD IN TRUTH: a space to slow down and thank the Lord for his goodness.

TRUTH DEFINED AND APPLIED: a time to review and complete application questions from the previous pages.

REMEMBER TRUTH: a section of Scripture memorization activities to commit God's Word to memory. There are fourteen memory verses throughout this workbook.

TIPS FOR USING THIS WORKBOOK

- Your child will need access to (and possibly help with using) a Bible each day. This can be a wonderful opportunity to familiarize your child with the physical Word of God and teach them to navigate the pages of their Bible for themselves. The ESV translation is used in this workbook, but any translation you use is great!
- Pray with your child before or after completing their pages, asking the Lord to help focus their minds and thanking him for the gift of his Word and the gospel!
- Encourage your child to ask you for help if they don't understand a question. We hope this book is an avenue for deeper gospel discussions between you and your child.
- Feel free to skip any activity that doesn't work for your child. The goal is to grow in knowledge of God, the gospel, and God's Word, not to check off a task.
- This workbook is structured to be used alongside *Grounded in the Gospel: A Rooted in Truth Workbook for Well-Watered Women* for added family discussion.

As your child reads Scripture for themselves and progresses through this workbook, we pray that your family has opportunities to discuss the truth of God's Word together as you focus your hearts on the gospel!

IN CHRIST ALONE,

Emilia Hamanek

STAFF WRITER FOR WELL-WATERED KIDS

LETTER TO KIDS

HEY FRIEND!

We live in a world that tries to tell us the lie that nothing is ultimately true or that you can make your own truth.

So how do we know what is true and what to believe?

Great news! The answer is quite simple: God is the source of all truth, and his Word is the ultimate truth that we can build our lives upon. By searching God's Word for ourselves, we can know what is true and what to believe.

For thousands of years since Jesus' time on earth, men and women who love the Lord have carefully and diligently studied his Word throughout church history. At the time of the Reformation, five statements were written that helped believers (and us today!) understand the truth and importance of the gospel and God's Word.

These statements are Latin phrases referred to as the five solas, and they are a clear and simple summary of the basic beliefs of the Christian faith. For hundreds of years, Christians have used these Latin phrases to remind them what is true about the gospel. We'll use these five historical statements in this workbook to help us understand what is true about the gospel too.

Latin word: *Sola* = alone

Alone means that it is the **only way**. You'll find the Latin phrases along with their English "alone" phrases defined on the next page. This workbook will teach you what these phrases mean.

Sola Scriptura: Scripture Alone

The Bible alone is the very Word of God that teaches us about who he is and who we are in relationship to him.

Solus Christus: Christ Alone

Our salvation comes only from Jesus' sacrifice on the cross for our sins.

Sola Gratia: Grace Alone

We are saved by grace alone received through Christ, not our own doing.

Sola Fide: Faith Alone

We are saved by grace through faith in Christ, not by anything we do.

Soli Deo Gloria: Glory to God Alone

God alone is great and worthy to be praised.

God's Word never changes, but it always changes us. It is not only important for us to understand the truth of God's Word, but also to allow it to change the way we live. Through the work of the Holy Spirit, God's Word travels from your head to your heart, changing your life from the inside out!

IN CHRIST ALONE,

Emilia Hernandez

STAFF WRITER FOR WELL-WATERED KIDS



SCRIPTURE ALONE

*The Bible alone is the very word of God
that teaches us about who he is and who
we are in relationship to him.*

God's Word Never Changes



TRUTH UNDERSTOOD

Open your Bible to the table of contents page. You'll find it right before Genesis 1:1. Write the number of books listed under each section to complete the equation.

+

=

BOOKS OF THE OLD
TESTAMENT

BOOKS OF THE NEW
TESTAMENT

BOOKS OF THE
BIBLE

In the Old Testament, the Bible is often called *the law* or *precepts*. Circle the word *law* in the verse below and underline what we are supposed to do with God's law.

but his delight is in *the law* of the
LORD, and on his law he *meditates*
day and night. —Psalm 1:2



When LORD appears in capital letters in the Bible, it means *Yahweh*. *Yahweh* is God's personal name for himself. It reminds his people of the personal, unchanging nature of the one true God.

What does the word *meditate* mean? Ask an adult or look it up in a dictionary if you're not sure.

MEDITATE MEANS...

Flip open your Bible to the center. Did you land on the book of Psalms? Read the following verses and draw a line to match them with the phrase that describes what God's Word does.

PSALM 119:11

WILL LAST FOREVER

PSALM 119:50

HELPS ME SEE WHAT'S RIGHT

PSALM 119:105

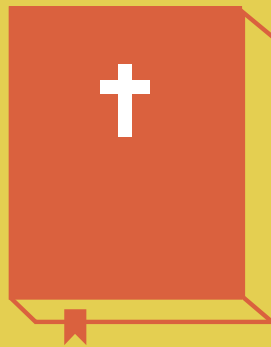
COMFORTS AND GIVES ME LIFE

PSALM 119:114

HELPS ME NOT TO SIN

I PETER 1:25

GIVES ME HOPE



Because the Bible is *God's Word*, we know that *it is true* and that *the gospel is real*, and reading it helps us know God.



WORSHIP GOD IN TRUTH

Write or draw something you want to thank God for today.



TRUTH DEFINED AND APPLIED

What did you learn about God's Word?

Think about last week. Did you spend any time reading God's Word?

Make a plan to read God's Word this week and write it below. Sometimes it helps to read it at the same time every day, like right after you eat breakfast or before you go to bed. Ask an adult for ideas if you need help.

Pray and ask God for help to follow your plan to read God's Word.



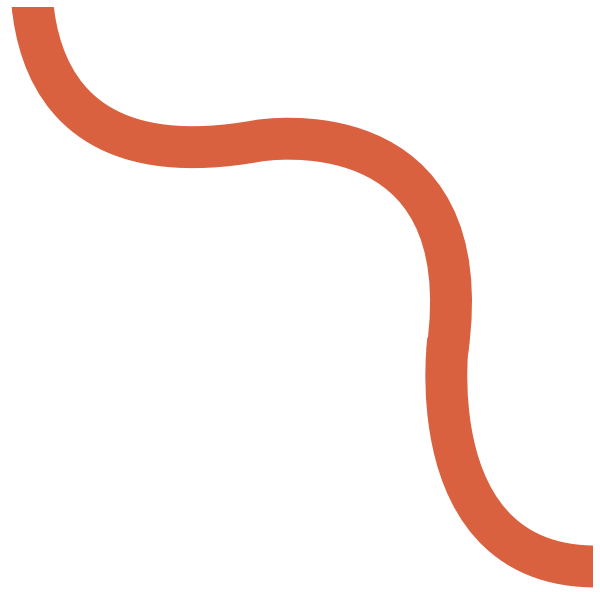
YOUR WORD IS
a lamp to my feet
AND A LIGHT
to my path.

Psalm 119:105



REMEMBER TRUTH

Write Psalm 119:105.



Cover the verse you wrote above and fill in the blanks from memory.

Your is a

to my and a

to my .

Psalm :

Cover your Scripture memorization practice on the previous page and use the initials of the verse as a prompt to recite it out loud.

Y W I A L T M F

A A L T M P.

P 119:105

Cover your Scripture memorization practice and write the verse from memory.



Find a friend or family member to recite this verse to today.

