



How to Use C-Herb

DO NOT TOUCH THE C-HERB WITH METAL.
STORE IN A COOL PLACE AWAY FROM DIRECT SUNLIGHT.

Please remember that over use (too much or too long) will increase the chance of scarring so follow the directions as suggested.

Use only on one abnormality at a time and wait for it to heal before using on another. We suggest that you apply a small amount of a Herbal Skin Salve, to the area you plan to use C-Herb on, for at least 3 days prior to using C-Herb. This will prepare the tissues and reduce the chance of scarring.

Generally, apply a very small amount of C-Herb on the mole or tissue that you want to remove. DO NOT OVER USE the C-Herb. A very light amount which covers the surface area is all that should be used.

Once applied, cover with a bandage to hold the herb in place. ONLY WORK ON (1) ONE AREA AT A TIME. The second application should be applied approximately 24 hours later.

Remove the bandage and wash or shower if desired, then apply a second application of C-Herb to the area. This will usually produce a “pinking” of the area. By the third day you will usually notice that the affected areas tissues is getting darker or are turning white. ***It is very important that you look for a white ring of infection either surrounding the affected tissues or actually including all of the tissues being used with the C-Herb.***

If this is not taking place after 2 applications, continue as per day 1 and 2 up to NOT MORE THAN 5 applications or days total. After the white ring appears (or 5 days), whichever happens first, please stop using the C-Herb.

It may be helpful to apply a Herbal Skin Salve lightly over and around the affected area to assist the affected tissues in continuing the process. Within a few days the core of the affected tissues

will fall out and leave a small, pink crater. Apply a small amount of a Herbal Skin Salve lightly to this area twice a day.

Be careful that the area heals from the bottom and does not close over from the top, leaving a cavity which could cause a cyst. It generally takes from 7 to 14 days for the crater to fill in completely, depending on size.



WARTS: Warts require that one scrapes off the tough, callous-like tissue on top before applying C-Herb. Once down to the “pink” flesh of the wart, apply as directed for moles.

NOTE: Often a wart will turn very white and get sore. When the wart has turned white you may want to take a sterile needle and gently poke to top. Next you’ll very GENTLY press the sides of the wart until a “seed” comes out (this looks like the seed in a concord grape) and the pain will stop almost immediately.

PAIN: Many who use C-Herb are not bothered by pain during this process. However, there are areas of the body where pain is more likely to occur. If you are having pain, or think you want to be prepared in case you do have pain, I suggest that you use a Herbal Skin Salve (rub a drop into the tissues before applying C-Herb, or put a drop on the top of the C-Herb after applying it) or Herbal Skin Salve to control it. Rub a drop of the Herbal Skin Salve into the tissues by rubbing counter clockwise.

Disclaimer: The information in this report is not intended to be used for diagnosing ailments or prescribing remedies in any way. The publisher neither recommends nor suggests that individuals use C-Herb. This information is not meant or intended to be a substitute for professional medical help.