

FABRIC & SUPPLIES

	XXS - XS			S - L			XL - 4XL		
	short	regular	tall	short	regular	tall	short	regular	tall
FABRIC REQUIREMENTS									
54" (137cm)									
yards	2.3	2.5	2.7	2.4	2.6	2.8	2.5	2.7	3
meters	2.1	2.3	2.5	2.2	2.4	2.6	2.3	2.5	2.7
44" (112cm)									
yards	2.3	2.5	2.7	2.4	2.6	2.8	2.5	2.7	3
meters	2.1	2.3	2.5	2.2	2.4	2.6	2.3	2.5	2.7

- Recommended Fabrics* Medium-weight fabrics with no stretch. Linen, cotton, or hemp in plainweaves or canvas will work well. Lighter weight fabrics will add more drape, and heavier fabrics will result in a more structured garment. If you try a bulkier material like a wool, you may want to experiment with a size up or down to achieve the look you want.
- Notions* 2" (5 cm) wide elastic cut to length for your waist
All purpose polyester thread
Sewing machine (capable of a straight stitch)
Needle
- Tips* Always pre-wash your fabric before cutting. All natural fiber materials (and many synthetics) undergo shrinkage during their first wash and can change in texture and handfeel. (I always prefer the look and feel of washed fabrics.) If you want your garment to be washable after it's sewn (without shrinking), pre-washing is a must. Giving the washed material a light press prior to cutting will ensure your paper pattern pieces can lay smoothly on top.