

FABRIC & SUPPLIES

	000	00	0	2	4	6	8	10	12	14	16	18	20	22	24	26	28
FABRIC REQUIREMENTS																	
56" (142cm)																	
yards	2	2	2	2	2.1	2.1	2.1	2.1	2.1	2.7	2.7	2.7	2.7	2.8	2.8	2.8	2.8
meters	1.8	1.8	1.8	1.8	1.9	1.9	1.9	1.9	1.9	2.5	2.5	2.5	2.5	2.6	2.6	2.6	2.6
44" (112cm)																	
yards	2.3	2.3	2.3	2.3	2.3	2.6	2.6	2.6	2.6	3.6	3.6	3.6	3.6	3.8	3.8	3.8	3.8
meters	2.1	2.1	2.1	2.1	2.1	2.4	2.4	2.4	2.4	3.3	3.3	3.3	3.3	3.5	3.5	3.5	3.5

- Recommended Fabrics*

Medium-weight fabrics with no stretch. Linen, cotton, hemp, in plainweaves or canvas will work well. Lighter weight fabrics will add more drape, and heavier fabrics will result in a more structured garment. Ensure that whatever material you choose can hold up in the pocket area.
- Notions*

2" (5 cm) wide elastic cut to length for your waist
 All purpose polyester thread
 Sewing machine (capable of a straight stitch)
 Needle
- Tips*

Always pre-wash your fabric before cutting. All natural fiber materials (and many synthetics) undergo shrinkage during their first wash and can change in texture and handfeel. (I always prefer the look and feel of washed fabrics.) If you want your garment to be washable after it's sewn (without shrinking), pre-washing is a must. Giving the washed material a light press prior to cutting will ensure your paper pattern pieces can lay smoothly on top.