

# Supplement Facts

Serving Size: 1 Packet  
Servings Per Container: 30

	Amount Per Serving	% Daily Value
Chromium (Chromium Polynicotinate ChromeMate®)	200 mcg	571%
Organic Ashwagandha Root (Withania Sominfera)	380 mg	†
Ashwagandha Root Extract	158 mg	†
Eleuthero Root	158 mg	†
Ashwagandha Root Extract (1.5% Withanolides)	95 mg	†
Cordyceps Mycelia	50 mg	†
Schisandra (Schisandra Chinensis) Berry	40 mg	†
American Ginseng Root	25 mg	†
Rhodiola Root (5% Rosavins)	25 mg	†
Red Chinese Ginseng Root	20 mg	†

† Daily Value not established

Other Ingredients: Capsule (Vegetable Cellulose), Rice Powder, Vegan Capsule (Water, Cellulose), Capsule (Gelatin, Water), Magnesium Stearate.

Contains: Gelatin, Rice.

Contains No: Dairy, Gluten, Wheat, Soy, Sesame.

Suggested Use: As a dietary supplement or as directed by a healthcare professional. Take with meals.

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Warnings: Keep out of reach of children. Packaged in a facility that also handles milk and soy by-products. Do not take during pregnancy.