

Supplement Facts

Serving Size: 1 Packet

Servings Per Container: 30

	Amount Per Serving	% Daily Value
Magnesium (TRAACS® Magnesium Glycinate)	133 mg	32%
Ashwagandha Root Extract	158 mg	†
Eleuthero Root	158 mg	†
L-Theanine	100 mg	†
Cordyceps Mycelia	50 mg	†
Schisandra (Schisandra Chinensis) Berry	40 mg	†
American Ginseng Root	25 mg	†
Rhodiola Root (5% Rosavins)	25 mg	†
Red Chinese Ginseng Root	20 mg	†

† Daily Value not established

Other Ingredients: Vegan Capsule (Water, Cellulose), Vegetable Stearin, Magnesium Stearate, Cellulose, Silica.

Contains No: Animal Products, Artificial Colors or Flavors, Dairy, Gluten, Preservatives, Wheat, Sugar, Soy, Fish/Shellfish, Nuts, Sesame.

Suggested Use: As a dietary supplement or as directed by a healthcare professional. Take with meals.

From SunTheanine®, a 100% pure, patented source of L-Theanine manufactured in Japan by Taiyo International., TRAACS® is a registered trademark of Albion Laboratories.

Warnings: Keep out of reach of children. Packaged in a facility that also handles milk and soy by-products. Do not take during pregnancy.