



Oil Whisperer

SALT FLOAT & RECOVERY 20% DISCOUNT

SALT FLOAT & RECOVERY MEMBERS
CAN ENJOY 20% OFF ALL TREATMENTS

OPEN FROM 10AM TO 6PM

BOOKINGS

 +353 87 976 4479

 anmariemassagetherapist@gmail.com

Treatments



Sports Massage Therapy involves the manipulation of soft tissue for the treatment and prevention muscle injury. It uses a full range of techniques to relieve pain, stretch muscle fibers, break down tension and restore normal movements to muscles and joints.

💧 90 Min - €85 💧 60 Min - €75 💧 45 Min - €65

Aromatouch Massage improves well-being by reducing physical and emotional stressors and by supporting healthy autonomic function. The technique is simple and intuitive and uses dōTERRA CPTG Certified Pure Therapeutic Grade® essential oils for an unparalleled grounding experience.

💧 45 Minutes - €65

Bio-Energy Therapy is an amazing healing technique used to balance the flow of life force energy around and through the human body. Physical or emotional stress, trauma, our environment, and even our thoughts, can disrupt our energy flow and prevent our immune system from working efficiently, leading to disease and ill-health. Bio-energy Therapy balances the energy flow, reactivating the body's natural healing system.

💧 One Session (60 Min) - €65

💧 Course of 4 Sessions - €200
(Recommended for new clients)

Indian Head Massage is a wonderfully relaxing therapy that involves massage of the soft tissues in the upper back shoulders arms neck scalp and face. It uses a range of different massage pressures and rhythms to stimulate these areas and help balance natural energies and clear any localised areas of negativity. Indian Head Massage is not just physical; it works on an emotional level also calming the spirit promoting relaxation and relieving stress.

💧 50 Minutes - €75

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