

Newborn babies stomach sizes

Mothers may worry that they aren't producing enough breastmilk. The amount a baby can feed is very small especially in the first few weeks of life.



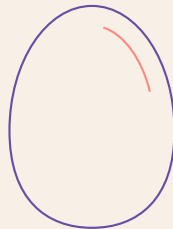
DAY 1
5-7ml



DAY 3
22-27ml



DAY 10
60-80ml



1 MONTH
80-150ml

Newborn babies will breastfeed every 1-3 hours, or at least 8-12 times in a 24 hour period. Breastmilk is more easily digested than formula, and baby needs to refill more frequently.

Liquid gold delivered

Exclusively from mother to baby



4 weeks
Milk becomes
completely
mature

COLOSTRUM

Days 1-5

Low in volume
High in antibodies &
other immune factors
Protects the gut

TRANSITIONAL MILK

Days 6-14

More lactose
More volume

MATURE MILK

Day14+

High in protein,
lactose,
vitamins &
minerals



The close contact involved in breastfeeding helps foster the early bond between mother and her newborn.



5ml of breastmilk contains 3 million germ killing cells, so a teaspoon a day is a tremendous boost to a baby's immune system.