

Sneakers/ Boots

- fit true to size
- recommended wiggle room: ca. 1.0 - 1,2 cm (0.4 - 0.5 inch), if desired add an additional room for growth of up to 0.5 cm (0.2 inch) -> **so foot length + min. 1.0 cm to max. 1.7 cm = inner length of the perfect shoe size**

Check out our size chart and the two options below to determine your exact size in Feelgrounds:

EU SIZE	US SIZE	UK SIZE	INSOLE LENGTH	INSOLE WIDTH*
24	C8	C7	15.4cm	7.1cm
25	C9	C8	16.1cm	7.2cm
26	C9.5	C8.5	16.8cm	7.3cm
27	C10	C9	17.4cm	7.5cm
28	C11	C10	18.1cm	7.6cm
29	C11.5	C11	18.8cm	7.8cm
30	C12	C11.5	19.4cm	8cm
31	C13	C12	20.1cm	8.2cm
32	Y1	C13	20.8cm	8.3cm
33	Y2	Y1	21.4cm	8.5cm
34	Y3	Y2	22.1cm	8.7cm
35	Y4	Y3	22.8cm	8.8cm
36	Y5	Y4	23.4cm	9cm
37	Y6	Y4.5	24.1cm	9.2cm

*Due to customer feedback, we have updated our width info. Our size charts now show the insole width. The shoes themselves have not changed. Please note that a foot's total width is slightly wider than a foot's sole because feet curve outwards. In the same way, our toe box is slightly wider than the insole width. Therefore, even if your measured foot width differs from our insole width by a few millimeters, the shoe can still fit perfectly.

Option 1 Measure your feet



You will need: A piece of paper, a pencil, and a ruler.

1. Place the paper on the ground against a wall.
2. Step onto the paper with your heel against the wall.
3. Draw a line where the longest toe ends. Measure the distance from the wall to the line you drew. Repeat with the other foot. You now have the foot length.
4. Add wiggle room (and room to grow if desired) to the foot length. Compare with the inner length measurements in the size chart above: **foot length + 1.0 cm to 1.7 cm = inner length of the perfect shoe size**. When in doubt, choose the bigger size.

Option 2 Print our Size Guide PDF



Print at 100%. No margins. You will find step-by-step instructions on the printout.

Download here for US letter paper format:

US C8 EU 24	US C9 EU 25	US C9.5 EU 26	US C10 EU 27
US C11 EU 28	US C11.5 EU 29	US C12 EU 30	US C13 EU 31
US Y1 EU 32	US Y2 EU 33	US Y3 EU 34	US Y4 EU 35
US Y5 EU 36	US Y6 EU 37		

Download here for A4 paper format:

US C8 EU 24	US C9 EU 25	US C9.5 EU 26	US C10 EU 27
US C11 EU 28	US C11.5 EU 29	US C12 EU 30	US C13 EU 31
US Y1 EU 32	US Y2 EU 33	US Y3 EU 34	US Y4 EU 35
US Y5 EU 36	US Y6 EU 37		

Need help?

If you need help with finding the right size, feel free to [contact us](#). Please attach pictures of your feet on our Size Guide PDF (from directly above) or send us your measurements. We are happy to assist!