



Table Tennis Scotland

Para Table Tennis Conference and Training Camp

13 - 15 October 2023

Inverclyde, Scotland

Event Information

Organised by

Supported by



Introduction

This event is focused on supporting the development of emerging para table tennis athletes and coaches from across Europe as part of British Para Table Tennis (BPTT) Legacy Programme following the European Para Championships in Sheffield 2023.

Each European country participating should nominate at least one player and coach to participate fully in the programme. It may be possible for a country to bring a second player.

The camp has been made possible by the support of Table Tennis Scotland in conjunction with BPTT; grant from ETTU and Scottish Disability Sport.

The camp will be led by coaches and officials with Para Table Tennis and Paralympic experience. There will be sessions each day covering:

- information on classification
- how to coach Para athletes
- skills and mindset
- rules for para table tennis
- ranking system
- training and match play

This training camp is organised by Table Tennis Scotland with British Para Table Tennis.

[Registration Form](#)

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Event Information

Schedule

Thursday 12th October:	Early arrivals
Friday 13th October:	All other arrivals up to 3pm Coaches meeting, 5pm Players training session 6 - 8pm
Saturday 14th October:	2 x Training sessions (with tournament)
Sunday 15th October:	2 x Training sessions (with tournament); Departures after 4pm
Monday 16th October:	Late departures

Coaching team

Gorazd Vecko. MBE - Training Camp Director, Performance Director GBR

Mathew Kenny - BPTT GB National coach

Matjaz Sercer - Coach / Pathway coach GBR

Dr Kim Daybell - Former Paralympian Player / National Classifier

Karen Tonge OBE, IR - ITTF and ETTU Para Committee

Additional sparring partners and coaches to be confirmed

Venue (view the location in [Google maps](#))

sportscotland National Sports Training Centre Inverclyde

Burnside Road

Largs

KA30 8RW

Transport

Free of charge transfers can be arranged from/to Glasgow International Airport and railway stations in Glasgow. For those coming with their own vehicle, there is free onsite parking.

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Para Table Tennis Conference and Training Camp - Accommodation Package

The centre is an inclusive, flexible venue set in an expansive 83 acre estate with the main centre building incorporating all residential, dining and meeting facilities under one roof.

There are 54 twin rooms available to players in this event. The centre also has a restaurant, bar and social facilities. Full details on the centre's [website](#).



Table Tennis Scotland has secured a preferential rate for those booking accommodation at the [sportscotland National Sports Training Centre](#) for the **Para Table Tennis Training Camp**.

The on-site accommodation for players, coaches and carers is available on a first-come-first-served basis. The option to book accommodation is included in the entry form.

Only players and their coaches are accepted for full board accommodation at the training camp unless a carer is required. Please note, players from different NA's may be accommodated in one double room (with priority given to players from the same NA to be accommodated in the same double room).

- The cost for two people sharing a twin room is £130 per person.
- Single person supplement applies, £170 for one person in a twin room



Included in the cost is

- 2 nights bed and breakfast,
- Dinner, Friday and Saturday
- Packed lunch, Saturday and Sunday

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There is an option to stay additional nights; Thursday for early arrivals and Sunday, to depart Monday morning.

- Thursday and/or Sunday night bed and breakfast sharing a twin room - £57 per person per night
- Thursday and/or Sunday night bed and breakfast single occupancy - £77 per person per night

All the rooms at Inverclyde have been designed with athletes' needs in mind.

- All rooms can accommodate two wheelchair users.
- 6 rooms have a hoist, ideal for guests who need additional support.
- Extra-long beds
- More floor space to accommodate bags, kit and accessible mobility
- Seamless en-suite wet rooms. *Please note they are shower rooms, there are no baths*
- One bath and one hand towel per person is supplied.
- Blinds and blackout curtains to aid sound sleep
- Acoustic design that minimises noise
- Radiant thermostatic temperature control
- Floor-to-ceiling windows with sea views or rolling landscapes
- Free wi-fi (*throughout the entire centre*)
- TV with freeview and terrestrial channels
- Each floor has secure access to keep everyone safe
- There are no toiletries available on site
- There are no hairdryers in the bedrooms, however reception can loan on request
- Additional towels such as those for the hot & cold therapy baths must be pre booked in advance.



Lifts

Four extra-large lifts to all floors minimise waiting. All lifts operate in the event of an emergency, allowing for the safe evacuation of up to 120 wheelchair users within an hour.

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Catering

All dietary requirements can be accommodated, you will be able to give details as part of the accommodation booking process.

Inverclyde offers high-quality, well-balanced and nutritious meals and snacks, freshly prepared on-site, provided by our experienced catering partner Elixir UK. Menu examples can be viewed [here](#).

Local Area

Inverclyde is located on the west coast of Scotland with stunning scenery offering great local routes for walking or cycling. We have a variety of local golf courses (open to non-members) as well as sailing clubs, outdoor bowling, horse riding and much more. Locally, in Inverclyde we have a variety of shops, bars and cafes in each of our main towns (Greenock, Gourock and Port Glasgow).



With access links to Glasgow and Edinburgh, as well as to the Clyde islands of Arran, Bute and Cumbrae and not too far from Ayrshire and Burns Country.

For local attractions, you may wish to visit Newark Castle at Port Glasgow, Beacon Theatre or McLean Museum and Art Gallery now known as the Watt Institution.

There is also the Waterfront Leisure Centre which includes swimming, flumes, gymnasium, sauna and ice skating. For the more daring swimmers, there is an outdoor pool in Gourock.

For more information about the Inverclyde area and things to do, please see the [VisitScotland](#) website. Images courtesy of **sportscotland** and VisitScotland

All enquiries about the Para Table Tennis Training Camp to: info@tabletennisscotland.co.uk

[Registration Form](#)

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Event Costs

Financial Conditions

The cost for two people sharing a twin room is £130 per person.

Single person supplement applies, £170 for one person in a twin room

Coaches will not share with players

Included in the cost is

2 nights bed and breakfast,

Dinner, Friday and Saturday

Packed lunch, Saturday and Sunday

Transfers from/to Glasgow International Airport and railway stations in Glasgow.

There is an option to stay additional nights; Thursday for early arrivals and Sunday, to depart Monday morning.

- Thursday and/or Sunday night bed and breakfast sharing a twin room - £57 per person per night
- Thursday and/or Sunday night bed and breakfast single occupancy - £77 per person per night

Cancellation

Participants can cancel until 15 September 2023. Cancellations after 15 September 2023, will be charged the full cost

Deadline for entries

Associations should submit their entries no later than 15th August 2023.

[Registration Form](#)

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