

Athlete Code of Conduct 2021-2025 – Performance, Confirmation Athletes

The British Para Table Tennis (BPTT) team's values are to **believe** in ourselves and others, **trust** and **respect** each other, have the **discipline** to improve, and show **togetherness**.

This agreement covers participation in everything related to BPTT.

For the benefit of your own individual performance and your teammate's performances, there are key expectations around behaviour and attitude that we expect from you.

Below is an agreement regarding these expectations which remain in place for the duration you receive an APA.

In line with the teams values we expect the following from you as an athlete:

- Out of respect for teammates and staff, I will arrive early and prepared for meetings, training sessions, and any other activity related to the World Class Programme (WCP).
- Out of consideration for my teammates I will be in my room and will not be using computers or screens **after 11pm** (at the latest) at training camps and competitions.
- To ensure my own best preparation, I will not consume alcoholic drinks at any point **before** or **during** competitions, weekly training, and training camps.
- In order to focus on my performance, I will set my mobile and smart watch (if applicable) to do not disturb during training and competition.
- I will wear the official BPTT kit (TeesSport Butterfly) during international competitions, international and domestic training camps, and when media/key partners are present at BPTT centres. As part of the BPTT Safe Travel Policy, I will not travel to airports etc. in the official BPTT kit.
- I will always do my best in every situation and set a positive example to others by acting as a role model to the wider society.
- I will treat everyone equally, and with respect, regardless of age, disability, gender, ethnic origin, religion or belief, socioeconomic status, marital status or civil partnership, pregnancy or maternity status, sexual orientation, or gender reassignment.
- I am aware that bullying (verbal and physical) of anyone involved in our sport and use of inappropriate language will not be tolerated under any circumstances. This includes inappropriate use of social media and texting.
- I will abide by the BPTT Unacceptable Behaviour Policy.
- I will adhere to the UK Anti-Doping rules and be a clean sport champion.
- I will follow the BPTT Safeguarding Guidelines and report any injustices or abuse witnessed (BPTT currently adopt the Table Tennis England Safeguarding documents).
- I must not participate in, support, or promote any form of betting relating to a competition including betting with another person on the result, progress, outcome, conduct, or other part of such competition (whether or not I am competing in such competition).
I must not:
 - Use inside information for betting purposes or otherwise in relation to betting;
 - Release inside information to any person, whether or not I receive a benefit, where I might reasonably be expected to know that its release in such circumstances could be used in relation to betting; and

- Cause, instruct, help, or encourage a participant to commit a breach of any rules or policies in relation to betting, corruption, manipulation of results or inside information.
- I will not do or say anything which brings BPTT, any of its members, or the sport, into disrepute.
- Out of respect to staff members, I will renew my BPTT annual membership in a timely manner, within the first 14 days of January every year (without a BPTT membership athletes are not eligible to compete or receive an APA). I will also renew my home nation's governing body annual membership in a timely manner.
- I will enter the BPTT National Championships every year prior to the entry deadline (entering the BPTT National Championships is a requirement of being a Performance Squad athlete).
- Athletes have a responsibility to promote BPTT therefore I agree to participate in media activity at the reasonable request of BPTT and its partners and stakeholders, providing this does not conflict with training and competition commitments.
Any athlete organised media activity at a BPTT centre should be approved by the BPTT Performance Director and the BPTT Press Officer. The BPTT Operations Manager should also be advised as the venue needs to receive a media form in advance.
- I give permission to be added / for my child to be added (if under 18) to appropriate WhatsApp groups relating to international training camps and competitions.

Depending on the circumstances / severity, breaches of this code including complaints and allegations may be acted upon according to the BPTT Disciplinary Regulations.

Please sign here to confirm that you have read the above and agree to adhere to the expectations:

Athlete name:

Athlete signature..... Date.....

Parent/Guardian name (if athlete under 18):

Parent/Guardian signature (if athlete under 18): Date.....