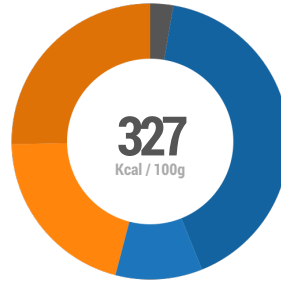


# Cake Stories - Oreo Brownie

Overview ...

U / 3559277



CALORIES:

**51.4% Carbs**

**2.7% Protein**

**46% Fat**

Food Labelling...

## EU Label values per 100g

	PER 100G	%RI	PER 107G SERVING	%RI
Energy(Kj)	<b>1373</b> kJ	16%	<b>1469</b> kJ	17%
Energy(Kcal)	<b>328</b> kcal	16%	<b>351</b> kcal	18%
Fat	<b>17</b> g	24%	<b>18</b> g	26%
of which saturates	<b>9.2</b> g	46%	<b>9.8</b> g	49%
Carbohydrate	<b>42</b> g	16%	<b>45</b> g	17%
of which sugars	<b>34</b> g	38%	<b>36</b> g	40%
Fibre	<b>0.8</b> g	3%	<b>0.8</b> g	3%
Protein	<b>2.2</b> g	4%	<b>2.3</b> g	5%
Salt	<b>0.52</b> g	9%	<b>0.56</b> g	9%

CONTAINS:



WHEAT



EGGS



MILK



SOYA

Nutrient Breakdown per 100g...

Energy	Lipid Components	Vitamins
Energy(Kcal) 16% RI	Saturated Fat <b>46% RI</b>	Vitamin A (ret eq) 20% RI
Energy(Kj) 16% RI	Monounsaturated fat 11% RI	Retinol
<b>327kcal</b>	cis-Mono	Carotene
<b>1367kJ</b>	Polyunsaturated fat 3% RI	Vitamin D 8% RI
<b>Macronutrients</b>	Omega3(n-3) 5% RI	Vitamin E 2% RI
Carbohydrate 16% RI	Omega6(n-6) 2% RI	Vitamin K <sub>1</sub> 2% RI
Protein 4% RI	cis-Poly	Thiamin (B <sub>1</sub> ) 0% RI
Fat <b>24% RI</b>	Trans-fatty acids	Riboflavin (B <sub>2</sub> ) 1% RI
Water	Cholesterol	Niacin total (B <sub>3</sub> ) 0% RI
Water from Drinks	<b>Minerals &amp; trace elements</b>	Niacin 0% RI
Alcohol (0% ABV)	Sodium <b>9% RI</b>	Tryptophan
<b>Carbohydrate</b>	Potassium 0% RI	Pantothenic Acid (B <sub>5</sub> ) 0% RI
Starch	Chloride 40% RI	Vitamin B <sub>6</sub> 0% RI
Oligosaccharide	Calcium 0% RI	Folates (B <sub>9</sub> ) Total 0% RI
Fibre 3% RI	Phosphorus 1% RI	Vitamin B <sub>12</sub> 2% RI
NSP	Magnesium 0% RI	Biotin (B <sub>7</sub> ) 0% RI
Sugars <b>37% RI</b>	Iron 0% RI	Vitamin C 0% RI
Glucose	Zinc 0% RI	GI (estimated)
Galactose	Copper 0% RI	GL
Fructose	Manganese 0% RI	Caffeine
Sucrose	Selenium 0% RI	
Maltose	Iodine 4% RI	
Lactose		

Ingredient List (QUID) ...

Oreos (17.3%) [**Wheat** Flour, Sugar, Palm Oil, Rapeseed Oil, Fat-Reduced Cocoa Powder 4.5 %, **Wheat** Starch, Glucose-Fructose Syrup, Raising Agents (Potassium Carbonates, Ammonium Carbonates, Sodium Carbonates), Salt, Emulsifiers (**Soya** Lecithin, Sunflower Lecithin), Flavouring], Icing Sugar [Icing Sugar (97%), Maize Starch], Butter ( **Milk**), Dark Chocolate (14.7%) [Cocoa Mass (55%), Sugar, Cocoa Butter, Emulsifier, **Soy** Lecithin (E322), Flavouring: Natural Vanilla], White Chocolate (13.1%) [Sugar, Cocoa Butter (30%), Whole Milk Powder, Emulsifier: **Soy** Lecithin (E322), Flavouring: Natural Vanilla], Caster Sugar, **Eggs**, Cornflour (2.9%) [Maize Starch], Cocoa Powder (1.1%) [Cocoa Powder, Acidity Regulator (Potassium Carbonates), Contains Cocoa Butter 20% minimum], Vanilla Extract [Glucose Syrup, Invert Sugar, Soft Brown Sugar, Madagascan Vanilla Extract, Water], Sea Salt