



# Momma's Favorite Vegetarian Lunch

Serves: 6

## Ingredients:

1 pound baby spinach or baby kale (or other greens),  
washed, drained, and dried  
1 cucumber, sliced  
1 cup cherry tomatoes, halved  
1 red bell pepper, chopped  
1/4 red onion, thinly sliced  
3/4 cup Diablo Verde Creamy Cilantro Sauce  
1 avocado, seeded, peeled, and chopped  
1/4 cup sunflower or pumpkin seeds

## Directions:

- Combine baby spinach or kale and the other vegetables in a large salad bowl.
- Gently toss with Diablo Verde Creamy Cilantro Sauce and avocado. Top with sunflower or pumpkin seeds.
- Enjoy!

Photo by [Sari M Bailey](#)

[Momma's Favorite Vegetarian Lunch Video Recipe](#)

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