

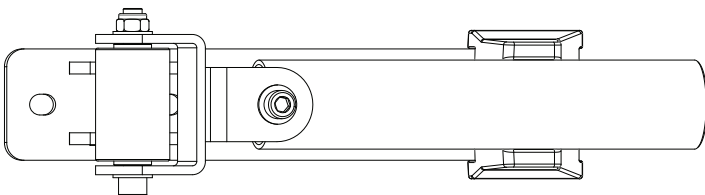
Also referred to as a landmine, the ground rotational trainer attaches to the base of the X-Create upright to provide rotational training with any sized Olympic Bar.

3-dimensional pivot

Molded rubber keeps GRT centered in the storage position

Model number	XHMGRT
Dimensions	18.2" x 5.0" x 5.7" (46.1 cm x 12.7 cm x 14.5 cm)
Weight	14.6 lb (6.6 kg)
Compatibility	X-Create uprights; X-Rack and X-Siege with lower band peg attachment
Warranty	10 year frame and welds/1 year parts/90 days misc.

TOP VIEW



NOTE

- MOUNTS TO X-CREATE UPRIGHTS