

2019 X-RACK & X-SIEGE COMPONENTS

J-HOOK BAR SUPPORTS (2 Pieces - pair)



Product code: **BS**

DESCRIPTION

- Standard with all Racks and Cages.
- UHMW wear guards protect uprights and Olympic Bar.
- 875 lb (397 kg) maximum training weight.
- Aluminum spring pins prevent disengagement with the uprights.

COMPATIBILITY

X-Create	√
X-Lab	
X-Rack	√
X-Siege	√
X-Cage	√
Arsenal	√
Armament	√

BAR CATCHES (2 Pieces - pair)



Product code: **BC**

DESCRIPTION

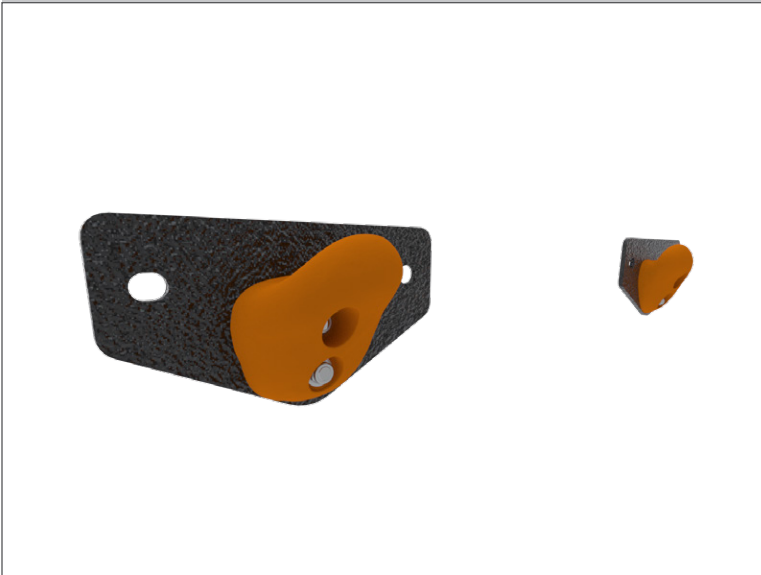
- Sold as a pair.
- UHMW wear guards protect uprights and Olympic Bar.
- 675 (306 kg) maximum training weight.
- Compatible with X-Rack, X-Siege, X-Cage, X-Create, Arsenal, and lifting uprights Armament.

COMPATIBILITY

X-Create	√
X-Lab	
X-Rack	√
X-Siege	√
X-Cage	√
Arsenal	√
Armament	√

2019 X-RACK & X-SIEGE COMPONENTS

ROCK CLIMBING KIT



Product code: XRACK-RCK

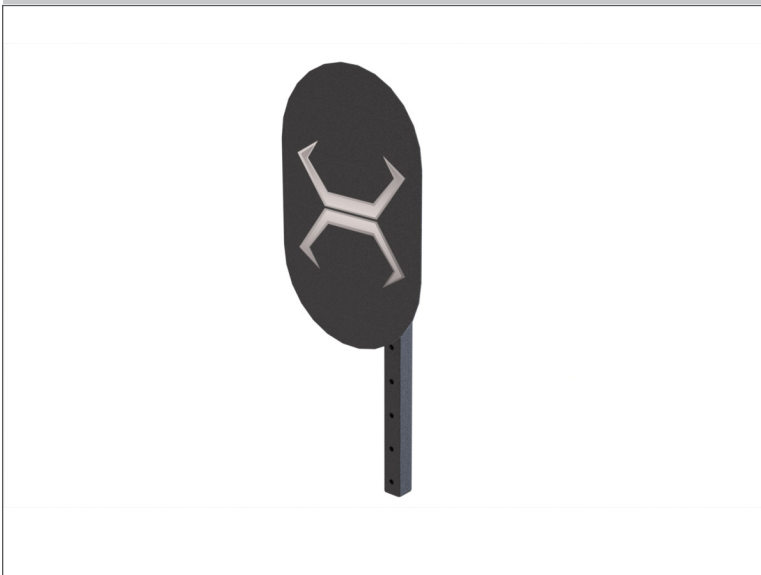
DESCRIPTION

- Sold as a left and right pair.
- Mounts to any rectangular or monkey bar cross to provide rock grip locations.
- Textured molded surface provides sure grip.

COMPATIBILITY

X-Create	√
X-Lab	
X-Rack	√
X-Siege	√
X-Cage	√
Arsenal	
Armament	√

BALL TARGET



Product Code: BT

DESCRIPTION

- Oval design allows for 8' and 10' target heights.
- Fully welded construction with no bolts on target that could damage wall balls.
- Compatible with most X-Series systems except X-Create, 7' Arsenal and Squat Stand.

COMPATIBILITY

X-Create	
X-Lab	√
X-Rack	√
X-Siege	√
X-Cage	√
Arsenal	√
Armament	√

2019 X-RACK & X-SIEGE COMPONENTS

GROUND ROTATIONAL TRAINER



Product code: GRT

DESCRIPTION

- Also referred to as a Landmine.
- Provides three dimensional rotation movements.
- Sized for use with an Olympic Bar.
- Folds up against upright when not in use. (on X-Rack and X-Lab only)

COMPATIBILITY

X-Create	
X-Lab	√
X-Rack	√
X-Siege	
X-Cage	√
Arsenal	√
Armament	√

HORIZONTAL MOUNT GROUND ROTATIONAL TRAINER



Product Code: XHMGRT

DESCRIPTION

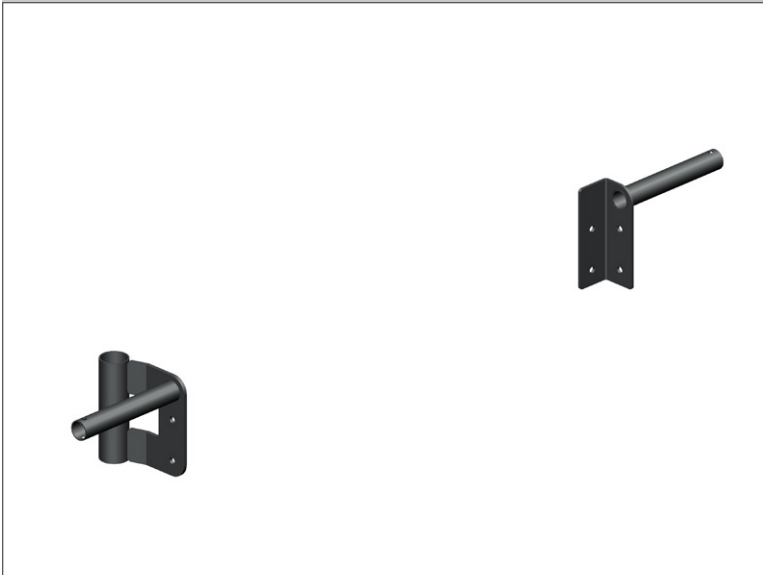
- Mounts to X-Create Uprights, Lower Band Peg Attachments on X-Rack and X-Siege Systems and to the base of Arsenals and Armaments.
- Provides rotational movements off the front of the stations saving floor space.
- Molded rubber bumper provides stationary storage location for pivot.

COMPATIBILITY

X-Create	√
X-Lab	
X-Rack	√
X-Siege	√
X-Cage	
Arsenal	√
Armament	√

2019 X-RACK & X-SIEGE COMPONENTS

TRIPLE PLAY (2 Pieces - set)



Product Code: TP

DESCRIPTION

- Functions as weight plate storage, Olympic Bar Storage and as a battle rope anchor.
- Compatible with Squat Stand, X-Racks, Arsenal and Armament Systems.

COMPATIBILITY

X-Create	
X-Lab	
X-Rack	√
X-Siege	
X-Cage	
Arsenal	√
Armament	√

DOUBLE PLAY



Product Code: DP

DESCRIPTION

- Attaches to X-Lab, X-Rack, Arsenal, Armament uprights and X-Create Olympic Lifting uprights.
- Holds Olympic Bar and provides an anchor for battle ropes.

COMPATIBILITY

X-Create	√
X-Lab	√
X-Rack	√
X-Siege	
X-Cage	
Arsenal	√
Armament	√

2019 X-RACK & X-SIEGE COMPONENTS

UNIVERSAL HEAVY BAG MOUNT



Product code: UHBM-101

DESCRIPTION

- Can be mounted straight out or at an angle.
- Attaches to all X-Series Systems.
- Includes heavy duty eye bolt to hang bags.
- Heavy Bag not included.

COMPATIBILITY

X-Create	
X-Lab	√
X-Rack	√
X-Siege	√
X-Cage	√
Arsenal	√
Armament	√

UNIVERSAL HEAVY BAG MOUNT



Product code: UHBM-102

DESCRIPTION

- Can be mounted straight out or at an angle.
- Attaches to all X-Series Systems.
- Newest version allows heavy bags to swivel and rotate smoothly on bronze oil impregnated bearings.
- Heavy Bag not included.

COMPATIBILITY

X-Create	
X-Lab	√
X-Rack	√
X-Siege	√
X-Cage	√
Arsenal	√
Armament	√

2019 X-RACK & X-SIEGE COMPONENTS

3-DIMENSIONAL SWIVEL WITH MOUNT



Product Code: XCREATE-3DSM

DESCRIPTION

- Connects to X-Create and X-Rack Monkey Bar and Rectangular Crosses.
- Allows heavy bags to swivel and rotate smoothly on bronze oil impregnated bearings.

COMPATIBILITY

X-Create	√
X-Lab	
X-Rack	√
X-Siege	√
X-Cage	
Arsenal	
Armament	

CABLE COMPONENT STATION



Product Code: XCCS

DESCRIPTION

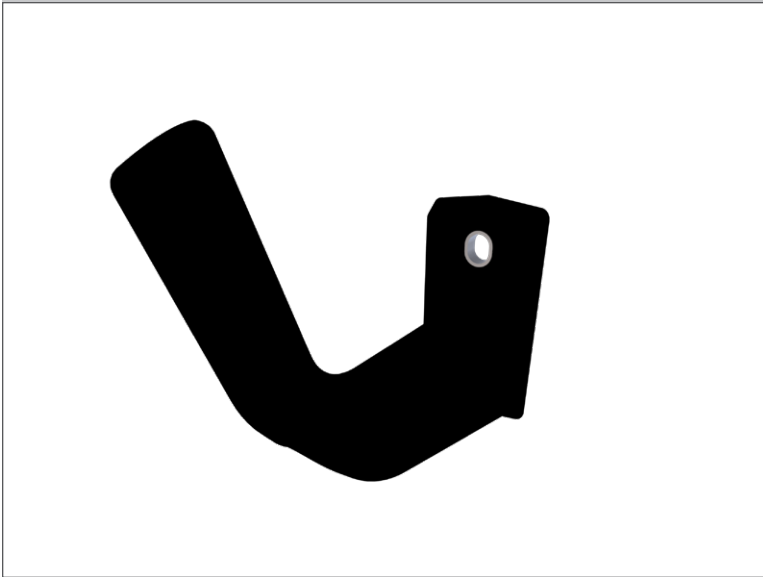
- Dual swivel pulleys for isolateral movements.
- Mounts to walls, X-Labs, X-Racks and X-Siege Systems with 9' uprights.
- 185 lb (84 kg) weight stack with 1:2 ratio.

COMPATIBILITY

X-Create	
X-Lab	√
X-Rack	√
X-Siege	√
X-Cage	
Arsenal	
Armament	

2019 X-RACK & X-SIEGE COMPONENTS

HANGING STORAGE HOOK



Product Code: XCREATE-HSH

DESCRIPTION

- Large 8.5 inch (21.6 cm) long nylon molded hook stores battle ropes or other hanging accessories.
- Compatible with all X-Create systems as well as X-Rack and X-Siege systems that have Accessory or Weight Storage uprights.
- Pairs well with the XRACK-BRA battle rope anchor.

COMPATIBILITY

X-Create	√
X-Lab	
X-Rack	√
X-Siege	√
X-Cage	
Arsenal	
Armament	

BATTLE ROPE ANCHOR



Product code: XRACK-BRA

DESCRIPTION

- Glass-reinforced molded nylon anchor includes rounded edges to prevent wear on ropes.
- Molded in steel inserts in mounting holes.
- Mounts to uprights or the base of most X-Series Systems.

COMPATIBILITY

X-Create	√
X-Lab	√
X-Rack	√
X-Siege	√
X-Cage	
Arsenal	√
Armament	√

2019 X-RACK & X-SIEGE COMPONENTS

DIP/STEP/ATTACHMENT ANCHOR



Product Code: XDSA

DESCRIPTION

- Interlocks with X-Create, X-Rack, X-Siege & X-Cage Lifting Uprights for adjustable height dip movements.
- Also can be used as a Step-Up to reach pull-up or monkey bars.
- Gussets have openings to be used with resistance band for adjustable height anchors.

COMPATIBILITY

X-Create	√
X-Lab	
X-Rack	√
X-Siege	√
X-Cage	√
Arsenal	√
Armament	√

ENDLESS ROPE DRUM



Product Code: XERD

DESCRIPTION

- Endless rope features a variable resistance magnet brake that requires no adjustments.
- Included brackets allow for mounting to almost all Torque systems.

COMPATIBILITY

X-Create	√
X-Lab	√
X-Rack	√
X-Siege	√
X-Cage	√
Arsenal	√
Armament	√

2019 X-RACK & X-SIEGE COMPONENTS

X-RACK BOOT



Product code: XRBOOT

DESCRIPTION

- Compatible with all X-Rack and X-Siege systems.
- Boot provides a decorative cover of the base plates and floor mounting bolts and makes clean up easier around the X-Rack Systems.
- Note: must be installed before assembling X-Rack.

COMPATIBILITY

X-Create	
X-Lab	
X-Rack	√
X-Siege	√
X-Cage	
Arsenal	
Armament	

X-LAB BOOT



Product code: XLBOOT

DESCRIPTION

- For use on the XCCS Cable Component Station.
- Boot provides a decorative cover of the base plates and floor mounting bolts and makes clean up easier around the X-Rack Systems.
- Note: must be installed before assembling XCCS.

COMPATIBILITY

X-Create	
X-Lab	√
X-Rack	√
X-Siege	√
X-Cage	
Arsenal	
Armament	

2019 X-RACK & X-SIEGE COMPONENTS

PULL-UP SIDE



Product Code: XPUS

DESCRIPTION

- Combine with XWMPUX to lengthen any Wall Mounted Pull-Up System.
- Compatible with X-Racks paired with monkey bars for crosses. Combine with Monkey Bar Crosses.
- Raises X-Rack to height of 115.6 in (294 cm) to 119.1 in (302 cm) depending on set-up.

COMPATIBILITY

X-Create	
X-Lab	
X-Rack	√
X-Siege	√
X-Cage	
Arsenal	
Armament	

3 Foot Upright Extension (Quantity 2)



Product Code: XRACK-3UE

DESCRIPTION

- Designed for use with the XRACK-12U 12' uprights to bring the rack height up to 15' to allow for climbing ropes.
- Four L-Brackets are used to secure extensions to the uprights for complete stability.

COMPATIBILITY

X-Create	
X-Lab	
X-Rack	√
X-Siege	
X-Cage	
Arsenal	
Armament	

2019 X-RACK & X-SIEGE COMPONENTS

4 FOOT BAR CATCH STRAPS (2 PIECES - PAIR)



Product Code: XRACK-4BCS

DESCRIPTION

- Turns any 4' deep two-sided X-Rack or X-Siege into a Power Cage System.
- Allows for lifting inside rack.
- 855 lb maximum training weight.
- Compatible with Power Cage and 4' deep two-sided X-Racks and X-Siege.

COMPATIBILITY

X-Create	
X-Lab	
X-Rack	√
X-Siege	√
X-Cage	
Arsenal	
Armament	

4 FOOT DOUBLE CROSS



Product Code: XRACK-4DX

DESCRIPTION

- Includes 1.25" and 2" pull-up bars.
- Can be mounted in either direction for "fat bar" or "skinny bar" down.
- Compatible with all X-Racks, Armaments and 8' Arsenals. Not compatible with 7' Arsenals.

COMPATIBILITY

X-Create	
X-Lab	
X-Rack	√
X-Siege	√
X-Cage	
Arsenal	√
Armament	√

2019 X-RACK & X-SIEGE COMPONENTS

4 FOOT FLYING PULL-UP



Product code: XRACK-4FPU

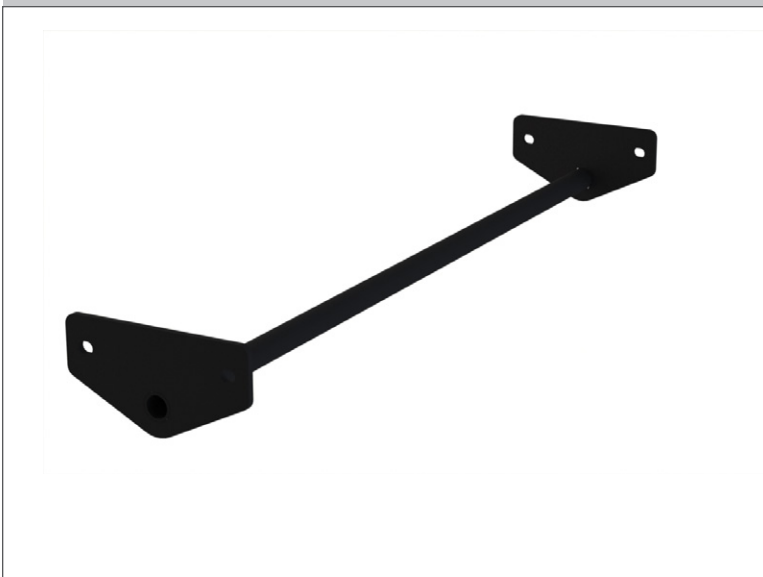
DESCRIPTION

- The flying pull-up cross attaches to any X-Rack 4' training space.
- Provides an extended 10' high anchor for rings without compromising a pull-up station or requiring additional floor space.
- Raises X-Rack to height of 117.1 in (297 cm) to 127.5 in (324 cm) depending on set-up.

COMPATIBILITY

X-Create	
X-Lab	
X-Rack	√
X-Siege	√
X-Cage	
Arsenal	
Armament	

4 FOOT MONKEY BAR



Product code: XRACK-4MB

DESCRIPTION

- Connects to the X-Rack and X-Siege Monkey Bar Cross members.
- Can be mounted with all the same height, or flipped for stair step monkey bars.
- Thru-plate fully welded construction.

COMPATIBILITY

X-Create	√
X-Lab	
X-Rack	√
X-Siege	√
X-Cage	
Arsenal	
Armament	

2019 X-RACK & X-SIEGE COMPONENTS

4 FOOT MONKEY LADDER CROSS



Product code: XRACK-4MBLX

DESCRIPTION

- Allows Monkey Bars to rise from 9 feet to 12 feet.
- Pair with two 4' or 6' Monkey Bars.

COMPATIBILITY

X-Create	
X-Lab	
X-Rack	√
X-Siege	√
X-Cage	
Arsenal	
Armament	

4 FOOT MONKEY BAR CROSS



Product Code: XRACK-4MBX

DESCRIPTION

- Includes 3" x 3" 11 gauge upper tube for attaching Monkey Bars and a 1.25" diameter tube for pull-ups.
- Compatible with all X-Racks, X-Siege, Armaments and 8' Arsenals. Not compatible with 7' Arsenals.

COMPATIBILITY

X-Create	
X-Lab	
X-Rack	√
X-Siege	√
X-Cage	
Arsenal	√
Armament	√

2019 X-RACK & X-SIEGE COMPONENTS

4 FOOT MULTI-GRIP CROSS



Product Code: XRACK-4MGX

DESCRIPTION

- Includes solid 1.25" diameter ergonomic handles and a 2" diameter "fat grip" straight bar for four different pull-up variations.
- Compatible with all X-Racks, X-Siege, Armaments and 8' Arsenals. Not compatible with 7' Arsenals.

COMPATIBILITY

X-Create	
X-Lab	
X-Rack	√
X-Siege	√
X-Cage	
Arsenal	√
Armament	√

4 FOOT NINJA CROSS



Product Code: XRACK-4NX

DESCRIPTION

- 4' cross attaches to any 4 foot X-Rack or X-Seige Space, including Monkey Bar Racks as well as Arsenal and Armament Systems.
- Incorporates multiple grip variations, including angled straight bar, fat bar, 3" sphere, 4" sphere and rock grip.

COMPATIBILITY

X-Create	
X-Lab	
X-Rack	√
X-Siege	√
X-Cage	
Arsenal	√
Armament	√

2019 X-RACK & X-SIEGE COMPONENTS

4 FOOT RECTANGULAR CROSS



Product code: XRACK-4RX

DESCRIPTION

- Constructed with 3 x 3 inch 11 gauge with gussets, the rectangular cross provides a more rigid X-Rack frame connection.
- Required for 4 foot depth racks with weight or accessory storage uprights.
- Can be substituted for 4MBX Monkey Bar Cross.

COMPATIBILITY

X-Create	
X-Lab	
X-Rack	√
X-Siege	√
X-Cage	
Arsenal	
Armament	

4 FOOT SINGLE CROSS



Product code: XRACK-4SX

DESCRIPTION

- 1.25 inch diameter pull-up bar featuring "thru-plate" construction with gussets.
- Preferred cross member for performing muscle-ups.
- Compatible with all X-Racks, X-Siege, Armaments and 8' Arsenals. Not compatible with 7' Arsenals.

COMPATIBILITY

X-Create	
X-Lab	
X-Rack	√
X-Siege	√
X-Cage	
Arsenal	√
Armament	√

2019 X-RACK & X-SIEGE COMPONENTS

4 FOOT TRIPLE CROSS



Product Code: XRACK-4TX

DESCRIPTION

- Constructed with three 1.25" diameter pull-up bars with "thru-plate" construction.
- Allows for two different pull-up heights at the same station.
- Compatible with all X-Racks, X-Siege, Armaments and 8' Arsenals. Not compatible with 7' Arsenals.

COMPATIBILITY

X-Create	
X-Lab	
X-Rack	√
X-Siege	√
X-Cage	
Arsenal	√
Armament	√

6 FOOT ACCESSORY TRAY



Product code: XRACK-6AT

DESCRIPTION

- For use with X-Rack, X-Siege, and Armament Storage Systems and 6' Horizontal Accessory Storage Racks.
- Trays can be mounted flat for use with medicine balls, kettlebells etc. or at an angle for use with hex dumbbells.

COMPATIBILITY

X-Create	
X-Lab	
X-Rack	√
X-Siege	√
X-Cage	
Arsenal	
Armament	√

2019 X-RACK & X-SIEGE COMPONENTS

6 FOOT DOUBLE CROSS MEMBER



Product code: XRACK-6DX

DESCRIPTION

- Includes 1.25" and 2" pull-up bars.
- Can be mounted in either direction for "fat bar" or "skinny bar" down.
- Can be mounted horizontally for stability ball storage. (Requires XUHK1)

COMPATIBILITY

X-Create	
X-Lab	
X-Rack	√
X-Siege	√
X-Cage	√
Arsenal	
Armament	√

6 FOOT HORIZONTAL WEIGHT STORAGE



Product code: XRACK-6HWS

DESCRIPTION

- Six 7.5 inch (190 mm) solid steel weight pegs with nylon covers and rubber bumpers to protect weight plates.
- Compatible with Armament, X-Rack, X-Siege and 6' Horizontal Storage Racks.
- Pegs are spaced apart to all hold 45 lb. plates.

COMPATIBILITY

X-Create	
X-Lab	
X-Rack	√
X-Siege	√
X-Cage	
Arsenal	
Armament	√

2019 X-RACK & X-SIEGE COMPONENTS

6 FOOT MONKEY BAR



Product code: XRACK-6MB

DESCRIPTION

- Connects to the XRACK-4MBX and XRACK-6MBX Monkey Bar Cross members.
- Can be mounted with all bars at the same height or flipped for stair step monkey bars.
- Use with X-Create to space lifting stations 6' apart.

COMPATIBILITY

X-Create	√
X-Lab	
X-Rack	√
X-Siege	√
X-Cage	
Arsenal	
Armament	

6 FOOT MONKEY LADDER CROSS



Product code: XRACK-6MBLX

DESCRIPTION

- Allows Monkey Bars to rise and descend between 9' and 12' uprights.
- Pair with three 4' or 6' Monkey Bars.

COMPATIBILITY

X-Create	
X-Lab	
X-Rack	√
X-Siege	√
X-Cage	
Arsenal	
Armament	

2019 X-RACK & X-SIEGE COMPONENTS

6 FOOT MONKEY BAR CROSS



Product code: XRACK-6MBX

DESCRIPTION

- Includes 3" x 3" 11 gauge upper tube for attaching Monkey Bars and a 1.25" diameter tube for pull-ups.

COMPATIBILITY

X-Create	
X-Lab	
X-Rack	√
X-Siege	√
X-Cage	√
Arsenal	
Armament	√

6 FOOT RECTANGULAR CROSS



Product code: XRACK-6RX

DESCRIPTION

- Constructed with 3 x 3 inch 11 gauge with gussets, the rectangular cross provides a more rigid X-Rack frame connection.
- Recommended with 12' uprights for use with Gymnastics Rings.

COMPATIBILITY

X-Create	
X-Lab	
X-Rack	√
X-Siege	√
X-Cage	√
Arsenal	
Armament	√

2019 X-RACK & X-SIEGE COMPONENTS

6 FOOT SINGLE CROSS



Product code: XRACK-6SX

DESCRIPTION

- 1.25 inch diameter pull-up bar featuring “thru-plate” construction with gussets.
- Preferred cross member for performing muscle-ups.

COMPATIBILITY

X-Create	
X-Lab	
X-Rack	√
X-Siege	√
X-Cage	√
Arsenal	
Armament	√

6 FOOT TRIPLE CROSS MEMBER



Product code: XRACK-6TX

DESCRIPTION

- Constructed with three 1.25” diameter pull-up bars with “thru-plate” constructions.
- Allows for two different pull-up heights at the same station.

COMPATIBILITY

X-Create	
X-Lab	
X-Rack	√
X-Siege	√
X-Cage	√
Arsenal	
Armament	√

2019 X-RACK & X-SIEGE COMPONENTS

6 FOOT UPRIGHT EXTENSION (Quantity 2)



Product code: XRACK-6UE

DESCRIPTION

- Designed for use with the XRACK-12U 12' uprights to bring the rack height up to 18' to allow for climbing ropes.
- Four L-Brackets are used to secure extensions to the uprights for complete stability.

COMPATIBILITY

X-Create	
X-Lab	
X-Rack	√
X-Siege	
X-Cage	
Arsenal	
Armament	

8 FOOT UPRIGHT



Product Code: XRACK-8U

DESCRIPTION

- 3 x 3 11 gauge upright 9' length.
- Optional on X-Rack, X-Siege, Arsenal and Armament.
- Numbered slots.
- Standard color options.

COMPATIBILITY

X-Create	
X-Lab	
X-Rack	√
X-Siege	√
X-Cage	
Arsenal	√
Armament	√

2019 X-RACK & X-SIEGE COMPONENTS

9 FOOT UPRIGHT



Product code: XRACK-9U

DESCRIPTION

- 3 x 3 11 gauge upright 9' length.
- Standard on X-Rack and X-Siege and optional with Arsenal and Armament.
- Numbered slots.
- Standard color options.

COMPATIBILITY

X-Create	
X-Lab	
X-Rack	√
X-Siege	√
X-Cage	
Arsenal	√
Armament	√

8 FOOT VERTICAL ACCESSORY STORAGE



Product code: XRACK-8UVAS

DESCRIPTION

- Attaches inside X-Racks with 8 foot uprights, providing an upright to attach 6' accessory trays and horizontal weight storage. Not compatible with X-Siege.
- Sold individually.
- Must be used with XRACK-4RX or XRACK-6RX Cross Members.

COMPATIBILITY

X-Create	
X-Lab	
X-Rack	√
X-Siege	
X-Cage	
Arsenal	
Armament	

2019 X-RACK & X-SIEGE COMPONENTS

8 FOOT VERTICAL WEIGHT STORAGE (Qty 2)



Product code: XRACK-8UVWS

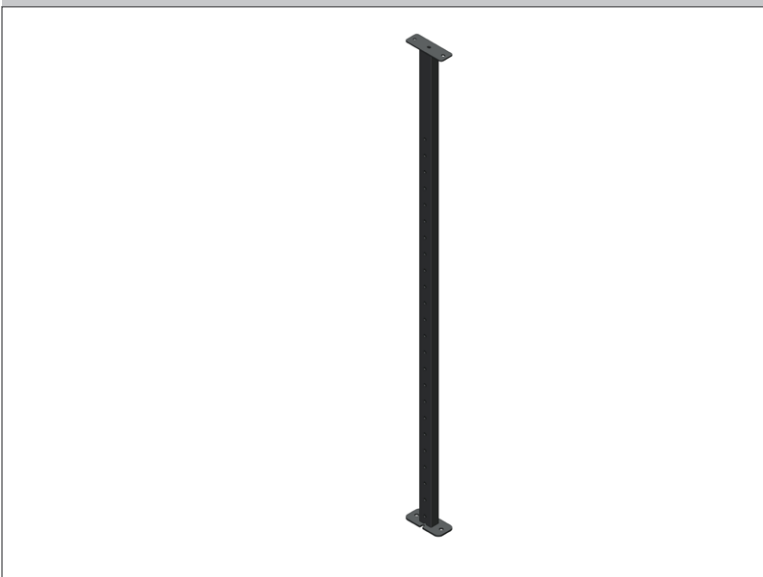
DESCRIPTION

- Attaches inside X-Racks with 8 foot uprights, providing weight storage. Sold as set of 2.
- Also can be used to attach 6' accessory trays and horizontal weight storage. Not compatible with X-Siege.
- Must be used with XRACK-4RX or XRACK-6RX Cross Members.

COMPATIBILITY

X-Create	
X-Lab	
X-Rack	√
X-Siege	
X-Cage	
Arsenal	
Armament	

9 FOOT VERTICAL ACCESSORY STORAGE



Product code: XRACK-9UVAS

DESCRIPTION

- Attaches inside X-Racks with 9 foot uprights, providing an upright to attach 6' accessory trays and horizontal weight storage. Not compatible with X-Siege.
- Sold individually.
- Must be used with XRACK-4RX or XRACK-6RX Cross Members.

COMPATIBILITY

X-Create	
X-Lab	
X-Rack	√
X-Siege	
X-Cage	
Arsenal	
Armament	

2019 X-RACK & X-SIEGE COMPONENTS

9 FOOT VERTICAL WEIGHT STORAGE (Qty 2)



Product code: XRACK-9UVWS

DESCRIPTION

- Eight solid steel weight pegs with nylon covers and rubber bumpers to protect weight plates.
- Must be used with XRACK-4RX or XRACK-6RX Cross Members.
- Not compatible with X-Siege.
- Sold as set of 2.

COMPATIBILITY

X-Create	
X-Lab	
X-Rack	√
X-Siege	
X-Cage	
Arsenal	
Armament	

12 FOOT UPRIGHT



Product code: XRACK-12U

DESCRIPTION

- 3 x 3" 11 gauge upright 12' length.
- Optional on most X-Racks.
- Standard Storm Grey Powder Coat Finish.

COMPATIBILITY

X-Create	
X-Lab	
X-Rack	√
X-Siege	
X-Cage	
Arsenal	
Armament	

2019 X-RACK & X-SIEGE COMPONENTS

UPPER BAND PEG ATTACHMENT (2 Pieces - Pair)



Product code: XRACK-UBPA

DESCRIPTION

- Mounts to any of our rack uprights except XHC which has them built in. (Cannot be used on uprights that include ball targets)
- Enables Olympic bar training with resistance bands.

COMPATIBILITY

X-Create	
X-Lab	
X-Rack	√
X-Siege	√
X-Cage	
Arsenal	√
Armament	√

LOWER BAND PEG ATTACHMENT (2 Pieces - Pair)



Product code: XRACK-LBPA

DESCRIPTION

- Compatible with X-Rack and X-Siege systems.
- Increases rack stability and enables resistance bands to be used with Olympic bar training.

COMPATIBILITY

X-Create	
X-Lab	
X-Rack	√
X-Siege	√
X-Cage	
Arsenal	
Armament	

2019 X-RACK & X-SIEGE COMPONENTS

3 FOOT RECTANGULAR CROSS



Product code: XRACK-3RX

DESCRIPTION

- Constructed with 3 x 3 inch 11 gauge with gussets, the rectangular cross provides a more rigid X-Rack frame connection.
- Compatible with accessory and weight storage uprights on X-Rack and X-Siege Systems.

COMPATIBILITY

X-Create	
X-Lab	
X-Rack	√
X-Siege	√
X-Cage	
Arsenal	
Armament	

STORAGE RACK ATTACHMENT ANCHOR SIDES (2 pieces)



Product code: XSRAAS

DESCRIPTION

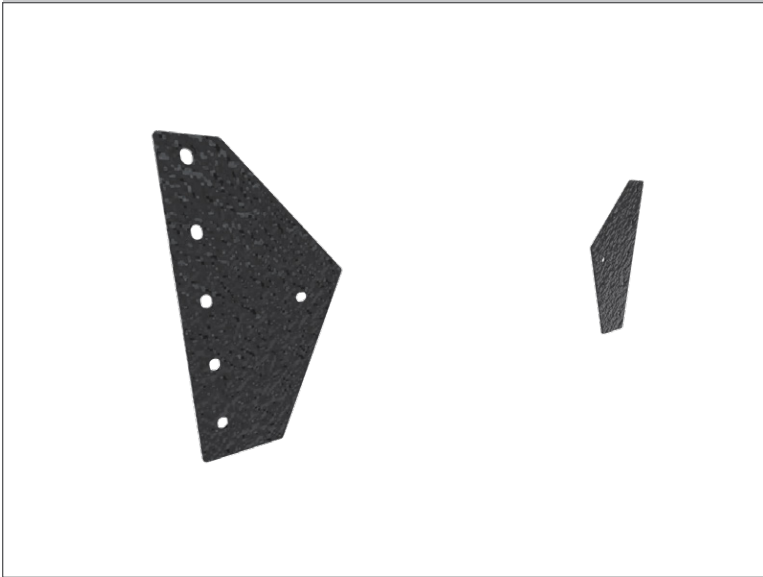
- Used with 6' Horizontal Storage Racks, and can be combined with accessory storage uprights and 6' accessory trays to create storage outriggers on X-Racks..
- 58.5" (149 cm) in height; Supports 4 trays.
- Pegs allow the use of the X-Lab Dip and X-Lab Plyo.

COMPATIBILITY

X-Create	
X-Lab	
X-Rack	√
X-Siege	
X-Cage	
Arsenal	
Armament	

2019 X-RACK & X-SIEGE COMPONENTS

UPRIGHT GUSSET PLATE (2 Pieces - Pair)



Product code: XRACK-UGP

DESCRIPTION

- Standard on X-Siege systems and compatible with some X-Rack systems.
- Ties together uprights and crosses in two directions increasing stability of the system.
- Sold as pair fo use at the ends of racks.

COMPATIBILITY

X-Create	
X-Lab	
X-Rack	√
X-Siege	√
X-Cage	
Arsenal	
Armament	

VERTICAL BAR CATCH & ACCESSORY STORAGE (4 Pieces - 2 Pair)



Product code: XRACK-VBCAS

DESCRIPTION

- Provides hanging storage for resistance bands, handles, chains, etc.
- Allows for storage of bar catches, supports or the dip attachment.
- Mounts between two vertical weight storage sets on X-Rack and X-Siege.

COMPATIBILITY

X-Create	
X-Lab	
X-Rack	√
X-Siege	√
X-Cage	
Arsenal	
Armament	

2019 X-RACK & X-SIEGE COMPONENTS

4 FOOT LOWER FRAME SUPPORT



Product code: XSIEGE-4LFS

DESCRIPTION

- Standard on 4' depth Siege systems.
- Ties together uprights providing added stability.
- Includes two Olympic bar storage locations.

COMPATIBILITY

X-Create	
X-Lab	
X-Rack	
X-Siege	√
X-Cage	
Arsenal	
Armament	

6 FOOT LOWER FRAME SUPPORT



Product code: XSIEGE-6LFS

DESCRIPTION

- Standard on 6' depth Siege systems.
- Ties together uprights providing added stability.
- Includes two Olympic bar storage locations.

COMPATIBILITY

X-Create	
X-Lab	
X-Rack	
X-Siege	√
X-Cage	
Arsenal	
Armament	

2019 X-RACK & X-SIEGE COMPONENTS

8' UPRIGHT VERTICAL WEIGHT STORAGE (2 Pieces - Pair)



Product code: XSIEGE-8UVWS

DESCRIPTION

- Mounts between lower frame supports and rectangular crosses on 8' X-Siege systems. (Not compatible with X-Racks.)
- Extra long nylon covered weight horns provide storage for three bumper plates on each peg.

COMPATIBILITY

X-Create	
X-Lab	
X-Rack	
X-Siege	√
X-Cage	
Arsenal	
Armament	

9' UPRIGHT VERTICAL WEIGHT STORAGE (2 Pieces - Pair)



Product code: XSIEGE-9UVWS

DESCRIPTION

- Mounts between lower frame supports and rectangular crosses on 9' X-Siege systems. (Not compatible with X-Racks.)
- Extra long nylon covered weight horns provide storage for three bumper plates on each peg.

COMPATIBILITY

X-Create	
X-Lab	
X-Rack	
X-Siege	√
X-Cage	
Arsenal	
Armament	

2019 X-RACK & X-SIEGE COMPONENTS

8' UPRIGHT VERTICAL ACCESSORY STORAGE



Product code: XSIEGE-8UVAS

DESCRIPTION

- Mounts between lower frame supports and rectangular crosses on 8' X-Siege systems. (Not compatible with X-Racks.)
- 20 holes allows for height adjustment for multiple 6 foot accessory trays.

COMPATIBILITY

X-Create	
X-Lab	
X-Rack	
X-Siege	√
X-Cage	
Arsenal	
Armament	

9' UPRIGHT VERTICAL ACCESSORY STORAGE



Product code: XSIEGE-9UVAS

DESCRIPTION

- Mounts between lower frame supports and rectangular crosses on 9' X-Siege systems. (Not compatible with X-Racks.)
- 22 holes allows for height adjustment for multiple 6 foot accessory trays.

COMPATIBILITY

X-Create	
X-Lab	
X-Rack	
X-Siege	√
X-Cage	
Arsenal	
Armament	

2019 X-RACK & X-SIEGE COMPONENTS

WEIGHT STORAGE NUMBERING KIT, 10-45 lb



Product Code: WSNK10-45

DESCRIPTION

- Molded caps snap over weight peg bolts to provide location indicators for bumper plates.
- Includes six each of 10, 25, 35, and 45 lb indicators
- Compatible with all X-Series products with weight pegs.

X-Create	√
X-Lab	
X-Rack	√
X-Siege	√
X-Cage	√
Arsenal	√
Armament	√

HARDWARE CAP FINISH KIT



Product Code: XHCFK-18BH

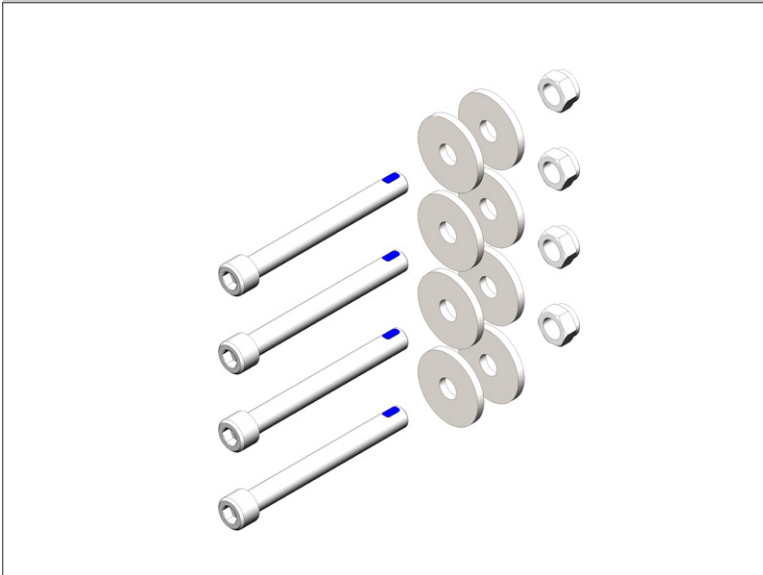
Description

- The Nut Caps serve as a washer replacement and hide exposed bolt threads, protecting accessories from damage.
- The Socket Head Cap Screw Covers replace washers and upgrade the aesthetics of your system, giving the X-Create a more refined look.

X-Create	√
X-Lab	√
X-Rack	√
X-Siege	√
X-Cage	√
Arsenal	√
Armament	√

2019 X-RACK & X-SIEGE COMPONENTS

UNIVERSAL HARDWARE KIT



Product code: XUHK1

DESCRIPTION

- Additional hardware kit that is standard with XRSS storage rack systems in order to attach double crosses horizontally for stability ball storage.
- Includes four 1/2" x 4-1/2" bolts, four nuts and eight washers.

COMPATIBILITY

X-Create	√
X-Lab	√
X-Rack	√
X-Siege	√
X-Cage	√
Arsenal	√
Armament	√

4 FOOT SINGLE SIDE LOWER FRAME SUPPORT



Product code: XSIEGE-4SSLFS

DESCRIPTION

- Ties together front and back uprights on 4 foot deep racks providing added stability.
- If using Vertical Accessory or Weight Storage Uprights, the 4SSLFS must be paired with X-Siege models.

COMPATIBILITY

X-Create	
X-Lab	
X-Rack	√
X-Siege	√
X-Cage	
Arsenal	
Armament	