

Tiverton

Operating instructions, care guide and warranty

User instructions

ALL ADJUSTMENTS SHOULD BE MADE WHILST SEATED



Chair Height Adjustment. The overall height of the chair is adjusted by lifting the front lever located below the middle of the seat on the right-hand side. Lift your weight off the chair allowing it to rise and release the lever at the desired height. To lower simply lift the lever.



Back Recline Adjustment. The back angle is independently adjusted by lifting the rear of the three levers located below the seat on the right-hand side. It can be locked at the required angle by pushing the lever down or left unlocked to follow the user's movements.



Seat & Back Angle Adjustment. The combined seat and back angle can be adjusted by lifting the middle of the three levers located below the seat on the right-hand side. The chair can be locked at the required angle by pushing the lever down or it can be left unlocked to follow your movements. The tension of the recline can be adjusted by turning the knob located under the front of the seat.



Inflation Lumbar Support. The inflatable lumbar support is adjusted using the hand bulb hanging under the left-hand side of the seat. Squeeze the bulb to inflate and press the button on the bulb to deflate.



Back Height Adjustment. The back height can be adjusted by lifting the back up a step at a time until the correct positioning of the lumbar support is achieved. When the back reaches the top of its travel it will drop back to the start position.



Height Adjustable Arms. The arms have a button located on the outside face of the upright support. Press this in, set the arm at the desired height and release the button to lock.

Using the chair

ADVICE FOR HEALTHY SITTING



Adjust your seat height and angle so your feet are flat on the floor, your hips slightly higher than your knees and your eyeline is level with the top of the screen. If necessary use a footrest or adjust the height of the screen.



Frequent movement is important, so try small variations to your working position whilst still sitting upright to maintain an S shaped spinal curve.



For better posture, avoid slouching back in your chair or leaning forward over your desk.



Care instructions

Vacuum regularly. Wipe clean with a damp cloth or shampoo using proprietary upholstery shampoo



Fire Retardancy

The fabric used on this product is match resistant and meets the requirements of BS5852 ignition source O and 1 for domestic upholstery. The foam used within this product is Combustion Modified (CMHR) and complies with The Furniture and Furnishings (Fire) (Safety) Regulations.



Warranty

This chair is structurally guaranteed for 5 years whilst in 8 hour per day use. This excludes damage or failure caused by misuse. It also excludes fair wear and tear. This chair is suitable for users up to 150kg.