

User instructions

ALL ADJUSTMENTS SHOULD BE MADE WHILST SEATED



Chair Height Adjustment. The overall height of the chair is adjusted by lifting the lever located below the middle of the seat on the right-hand side. Lift your weight off the chair allowing it to rise and release the lever at the desired height. To lower simply lift the lever.



Back Recline Adjustment. The back angle is adjusted by lifting lever located below the back of the seat on the right-hand side. It can be locked at the required angle by pushing the lever down or left unlocked to follow the user's movements.



Back Height Adjustment. The back height can be adjusted by loosening the handwheel located behind the seat, below the stem of the back. Lift the back up until the correct positioning of the lumbar support is achieved and tighten the handwheel.



Height Adjustable Arms. The arms have a button located on the outside face of the upright support. Press this in, set the arm at the desired height and release the button to lock.



Inflatable Lumbar Support. The inflatable lumbar support is adjusted using the hand bulb hanging under the left-hand side of the seat. Squeeze the bulb to inflate and press the button on the bulb to deflate.

Using the chair

ADVICE FOR HEALTHY SITTING



Adjust your seat height so your feet are flat on the floor, your hips slightly higher than your knees and your eyeline is level with the top of the screen. If necessary use a footrest or adjust the height of the screen.



Frequent movement is important, so try small variations to your working position whilst still sitting upright to maintain an S shaped spinal curve.



For better posture, avoid slouching back in your chair or leaning forward over your desk.



Care instructions

Vacuum regularly. Wipe clean with a damp cloth or shampoo using proprietary upholstery shampoo



Fire Retardancy

The fabric used on this product is match resistant and meets the requirements of BS5852 ignition source O and 1 for domestic upholstery. The foam used within this product is Combustion Modified (CMHR) and complies with The Furniture and Furnishings (Fire) (Safety) Regulations.



Warranty

This chair is structurally guaranteed for 5 years whilst in 8 hour per day use. This excludes damage or failure caused by misuse. It also excludes fair wear and tear. This chair is suitable for users up to 150kg.



Get Comfortable

Welcome to your new chair!

To help you be the most comfortable, we've put together this guide for all the operating functions and comfort wizardry this chair can offer. Work through each setting until you are at your optimum comfort and the chair is set up perfectly for you.

We really want you to be comfortable!



Adjustment options

A photographic guide to Operator adjustment functions. These functions enable you to customise your chair to your requirements.



1 Back Angle AdjustmentLift the lever to adjust the angle of the back support.



2 Chair Height Adjustment
Lift the lever to adjust the height of the chair.



3 Back Height Adjuster
Loosen the handwheel and lift the
back to the required height. Tighten the
handwheel to lock in place.



4 Inflatable Lumbar Support (Optional)

Pump the bulb to inflate the lumbar support. Press the button to deflate.



5 Armrest Height Adjuster Button Press the button to adjust the height of the armrests.

Chairology help

If you have any queries on how to use your chair, please contact our customer service team who will be more-than-happy to help. Email - hello@summitathome.co.uk
Telephone - 01225 777844
Customer service - Monday-Thursday
8.30am - 5pm & Friday 8.30am - 3pm
Website - www.summitathome.co.uk

