

# Proud & Strong

approx. 67½" x 84½" Quilt

by Barbara Cherniwchan - Coach House Designs

This quilt features the fabric "Sew American" by Deb Strain for Moda. Moda's style numbers are included on the back of the pattern to make fabric purchasing easier. Refer to the Color Fabric Chart on page 12 for the fabric codes used in the instructions. If you are substituting fabrics, staple your swatch over the appropriate squares on page 12. Press all your fabrics which will help with the accuracy of your cutting. Use ¼" seams throughout.

## Blocks A and B

### From Fabric 1:

Cut 6 - 6⅞" x width of fabric (WOF) strips

Sub-cut 36 - 6⅞" squares

### From Fabric 2:

Cut 10 - 2" x WOF strips

Sub-cut 72 - 2" squares

72 - 2" x 3½" rectangles

### From Fabric 3:

Cut 2 - 3½" x WOF strips

Sub-cut 18 - 3½" squares

10 - 2" x 3½" rectangles

Cut 2 - 2" x WOF strips

Sub-cut 16 - 2" squares

6 - 2" x 3½" rectangles

### From Fabric 4:

Cut 1 - 5⅞" x WOF strip

Sub-cut 8 - 5⅞" squares

### From Fabric 5:

Cut 3 - 5⅞" x WOF strips

Sub-cut 24 - 5⅞" squares

Cut 1 - 24½" x WOF strip

Sub-cut 1 - 24½" square (set aside for Block D)

12 - 5⅞" squares

### From Fabric 6:

Cut 9 - 2" x WOF strips

Sub-cut 176 - 2" squares

### From Fabric 7:

Cut 1 - 9⅞" x WOF strip

Sub-cut 2 - 9⅞" squares (set aside for corner triangles)

3 - 6⅞" squares

Cut 1 - 7" x WOF strip

Sub-cut 5 - 6⅞" squares

4 - 3½" squares

1. There are 22 Star Blocks used in the quilt top in 2 different color combinations: 18 Block A's and 4 Block B's. To build the 18 Block A's, draw a diagonal line on the wrong side of 144 - 2" Fabric 6 squares. With right sides together, place a Fabric 6 square on the right hand corner of each of the 2" x 3½" Fabric 2 rectangles so that the diagonal lines point to the upper right hand corner of the Fabric 2 rectangles as shown in Fig. 1 above.

2. Sew along the line. Trim the corners to within ¼" of the seam line. Press the trimmed squares back along the seam line.

3. Line up another Fabric 6 square on the left hand corner of each of the Fabric 2 rectangles

Fig. 1

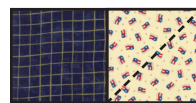


Fig. 2

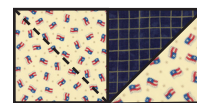
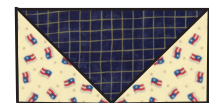
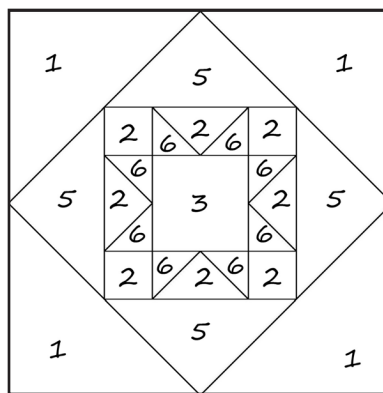


Fig. 3



Block A



Block B

