



THE LUNDQUIST  
INSTITUTE

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## **Volunteers Needed for Clinical Research Study**

### **Why are we doing the research study?**

We want to see if pre-pregnancy body weight (body mass index) has an effect on breast milk composition (like total calories, fat, protein, carbohydrates, etc.) and how much breast milk a baby takes during a feeding.



### **Study requirements**

- **Will you be between 7-8 weeks following the birth of your baby**
- **Was your baby born full term (37 weeks or more)?**
- **Will you be exclusively breastfeeding (no formula) or near exclusively breastfeeding your baby for at least 2 months?**

If you answered **YES** to the above questions, you may be eligible to take part in a research study.

### **Participation involves:**

- One (1) study visit.
  - Between 7-8 weeks following the birth of your baby
- Collection of blood and breast milk samples from you
- Collection of a stool sample from your baby's diaper
- No blood will be collected from your baby



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- *Performing one breastfeeding session with your baby*
- *Study visit will be at the Clinical Research Center at The Lundquist Institute at Harbor-UCLA Medical Center, 1124 West Carson Street, Torrance, California 90502, where all studies will be conducted*
- *Compensation will be provided (\$50 gift card at the end of the visit)*

***If you are interested:***

Please email [breastmilk@lundquist.org](mailto:breastmilk@lundquist.org) with your contact information. Study personnel will contact you to discuss the study.

Alternatively, you may call the Study Coordinator at 310 974 9538

Principal Investigator Dr. Michael Ross

