



**Congratulations on being a new mom and thank you for trusting us with your milk!**

See inside for collection instructions.

# How to use your test kit:



1. Collect milk throughout the day each time you pump or feed until the sample vial is filled to the 30ml mark (two vials for Premium kits). The goal is to collect a representative sample of your milk.



2. Secure the cap tightly on the vial then freeze the sample and gel pack overnight.

3. Once your sample is frozen and you are ready to ship, place the vial inside the zip lock bag and seal.

4. Place sample and gel pack inside the pre-paid shipping envelope.

5. Drop the envelope off at any mailbox or USPS location. You may want take a photo of the label with your phone so you can track your return shipment at USPS.com.



6. Once we receive your sample, it takes 10 days to complete testing for Basic and Standard Kits. Premium Kits can take up to 20 days. Your report will be emailed to you as soon as testing is completed.

Don't worry about the sample thawing during shipment--it won't affect your results. It's shipped frozen to prevent leaking and make handling easier in our lab.

## Have questions? We're here to help!

Visit: [LactationLab.com/faq](https://LactationLab.com/faq)  
Email: [support@LactationLab.com](mailto:support@LactationLab.com)  
Call/Text: **856-522-4357**

For better service, please include your order number with all inquiries.

Download our mom support app:  
[LactationLab.com/Emily](https://LactationLab.com/Emily)

Join our mom support group:  
[Facebook.com/groups/TheLactationLounge](https://Facebook.com/groups/TheLactationLounge)





**Emily's Care Infant Supplement and Mastitis Test Kits are now available at [LactationLab.com](https://LactationLab.com) and [Amazon.com/shop/lactationlabinc](https://Amazon.com/shop/lactationlabinc)**

**Happy with our service? Please write a review or tell a friend about us!**

**Thank you for supporting our small business!**