

1) **Psalm 7A**

**O LORD, My God, I Take Refuge**

1. O LORD, my God, I take refuge in You;  
O save me from all those who have pursued.  
Lest they should tear me like lions with prey;  
With none to rescue, they'd drag me away.
2. O LORD my God, if my hands were unjust,  
Harming my foes or my friends in their trust,  
Let my pursuer come near and surround,  
Trampling my life in the dust of the ground.
3. LORD, rise in anger, and be my defense  
Against my enemy's rage so intense;  
Rise, bring the judgment that You have decreed.  
Let peoples come and with You gathered be.
4. Come back to rule over them from on high.  
The LORD will judge as the nations draw nigh.  
My cause is right, LORD, O vindicate me;  
Judge me as You my integrity see.
5. O let the evil of wicked men cease,  
And all the righteous establish in peace;  
God who is righteous examines and finds  
All of the depths of men's hearts and their minds.

2) **Psalm 23A**

**The LORD's My Shepherd**

1. The LORD's my Shepherd, leading me;  
I will not be in need.  
He'll make me lie in pastures green;  
By quiet waters lead.
2. And He restores my soul again;  
He guides the steps I take  
To walk along a righteous path,  
All for His own name's sake.
3. Though in a valley dark as death,  
No evil will I fear;  
Your rod and staff, they comfort me,  
For You are always near.

4. A feast You have prepared for me  
In sight of all my foes;  
And You anoint my head with oil,  
My full cup overflows.

5. What love and goodness all my life  
Will follow after me;  
And in the LORD's house evermore  
My dwelling place will be.

3) **Psalm 37C**

**Steps a Man Takes**

9. Steps a man takes are established  
By the LORD for His delight.  
If he stumbles, he'll not fall down,  
By the LORD his hand's held tight.  
Though once young, I am quite old now,  
Yet throughout the life I've led  
I've not seen the just forsaken  
Nor their children begging bread.

10. His descendants are a blessing;  
Through the day he lends and gives.  
Turn from evil; practice goodness  
That you may forever live.  
For the LORD, who loves true justice,  
Will not leave his godly ones;  
They will be preserved forever,  
While cut off are sinners' sons.

11. In the land the righteous settle,  
Dwelling in it endlessly,  
For the whole land in the future  
Their inheritance shall be.  
Words of wisdom speaks the righteous,  
Justice comes forth from his lips;  
Since God's law within his heart is,  
In his steps he never slips.

4) **Psalm 38B**

**My Desire and Ceaseless Wailing**

6. My desire and ceaseless wailing,  
Lord, unveiled before You lie.

My heart throbs; my strength is failing;  
All the light has left my eye.

7. Friends and loved ones whom I cherish  
From my plague now stand aloof.  
My own kinsmen, though I perish,  
Come no more beneath my roof.

8. They who for my life are seeking,  
For me snares in secret lay,  
Hurtful things against me speaking,  
Plots devising through the day.

9. I am like one deaf and speechless,  
I am mute, and never speak.  
I'm as one their words not hearing,  
No defense my mouth will make.

**5) Psalm 40B**  
**I Hid Not in My Heart**

5. I hid not in my heart  
Your truth and saving help;  
In the assembly great  
I preached Your faithfulness.  
You'll not withhold from me  
Your tender mercies, LORD;  
And Your unfailing love  
Will ever keep me safe.

6. Evils too great to count  
Have taken hold of me.  
My sins close in on me  
So that I cannot see.  
They are more numerous  
Than hairs upon my head.  
My heart now fails in me;  
My courage melts away.

7. Come to my rescue, LORD;  
O LORD, make haste to help.  
Let all who seek my life  
Be shamed and be confused.  
Let them fall back in shame  
Who want to see my hurt.

Let them be put to shame  
Who taunt and jeer at me.

8. Let all those seeking You  
Gladly rejoice in You,  
Who Your salvation love  
Say, "Glory to the LORD!"  
May the Lord think of me;  
I suffer pain and want.  
My Help, my Savior, come!  
My God, do not delay!

**6) Psalm 41B**  
**All Those Who Hate Me**

4. All those who hate me whisper ill,  
Against me harm devise:  
"An evil scourge has come on him;  
Brought down he will not rise."  
And even my familiar friend,  
In whom my trust was real,  
The one who ate my bread has turned,  
And lifted up his heel.

5. But You, O LORD, be merciful,  
Be gracious, make me strong;  
O raise me up so that I may  
Repay them for their wrong.  
My foes do not against me lift  
A cry of victory;  
Because of this I am assured  
That You are pleased with me.

6. But as for me, You hold me up  
In my integrity;  
And in Your presence evermore  
My dwelling place shall be.  
The LORD, the God of Israel,  
Be blessed and blessed again  
From age to everlasting age.  
Amen, and yes, Amen.

*(continued...)*

7) Psalm 42B  
O God, My Soul is in Despair

5. O God, my soul is in despair;  
So I remember You  
From Jordan's land, from Mizar's hill,  
And from Mount Hermon too.  
Your waterfalls, like thunder, roar  
And deep to deep will call.  
Your waves have all rolled over me;  
On me Your breakers fall.

6. The LORD commands His steadfast love  
To be with me each day;  
By night His song will be with me;  
To God, my Life, I'll pray.  
I say to God, my only rock,  
"O why forget me so?  
Why must I grieve at all the harm  
Committed by the foe?"

7. As if to shatter all my bones  
My adversaries say,  
"O tell us now, where is your God?"  
They taunt me all the day.  
O why, my soul, do you despair?  
Why so discouraged be?  
Hope now in God, I'll praise Him still.  
My help, my God is He.

8) Psalm 59B  
I Wait for You

6. I wait for You, because You are my strength,  
A mighty fort, a stronghold is my God.  
My loving God, my God, will meet with me,  
And let me look in triumph on my foes.  
Spare them, O Lord, our Shield, lest we forget;  
But in Your might disperse and bring them  
down.

7. Let sinful deeds and lies catch up with them,  
Because of lies and curses that they speak.  
In wrath consume that they may be no more;  
Let all earth know that God in Jacob rules.

At night like dogs my enemies return;  
They prowl for food and growl unsatisfied.

8. But as for me, I'll sing about Your strength,  
Each day with joy, sing of Your steadfast love;  
For You have been my fortress, my defense,  
My refuge when the times of trouble come.  
To You I sing my praises, O my Strength;  
For He is God my Fort, my God of love.

9) Psalm 96B  
Ascribe Unto the LORD

5. Ascribe unto the LORD,  
All families of earth,  
Ascribe unto the LORD His strength  
And His most glorious worth.  
Ascribe unto the LORD  
The glory of His name;  
Come, make your way into His courts,  
And bring an offering.

6. In holy splendor robed,  
Bow down before the LORD;  
Before Him tremble all the earth.  
To nations speak this word:  
"The LORD reigns over all!"  
The world unmoved will be,  
It firm remains; He'll nations rule  
And judge with equity.

7. O let the skies be glad,  
And let the earth rejoice.  
Let seas and all that they contain  
Lift up their roaring voice.  
Let every beast exult,  
Let fields with gladness sing;  
The joyful singing of the trees  
Shall make the forests ring.

8. They'll sing before the LORD,  
For He is drawing near  
To be the judge of all the earth;  
He surely will appear.  
Then He will rule the world

In perfect righteousness,  
And govern all the nations in  
His truth and faithfulness.

10) Psalm 99A  
Let The Nations Tremble

1. Let the nations tremble,  
For the LORD is reigning  
From His throne above the angels.  
Let the earth be shaken!  
High above all nations  
Is the LORD, great King in Zion.  
Let them all praise Your name,  
Awesome and majestic;  
For He is most holy.

2. King of might and power,  
He whose strength loves justice.  
Equity You have established.  
In the midst of Jacob You have executed  
Perfect righteousness and justice.  
Praise the LORD, praise our God;  
Worship at His footstool,  
For He is most holy.

3. Moses was with Aaron  
Numbered in His priesthood,  
So too, Samuel invoked Him.  
They called on the LORD's name;  
He gave them His answer,  
Speaking from the cloudy pillar.  
They obeyed, giving heed  
To the word He gave them,  
And His testimonies.

4. LORD, our God, You answered;  
You, O God, forgave them,  
Though You chastened them for evil.  
Highest exaltation  
Unto Him be given,  
For the LORD our God is holy.  
Bowing down to the LORD,  
Give our God your worship  
At His holy mountain.

11) Psalm 102C  
Let This Be Written

10. Let this be written for the sake  
Of those alive in future days,  
So people He has yet to make  
Will to the LORD lift up their praise.

11. From holy heights the LORD looked down,  
To view the earth from heaven high,  
That He might hear the pris'ner's groan,  
And free them who are doomed to die;

12. That Zion may the LORD's name tell,  
Jerusalem His praise record,  
When gathered are the peoples all,  
And kingdoms join to serve the LORD.

12) Psalm 103A  
O Bless the LORD, My Soul

1. O bless the LORD, my soul  
His blessedness proclaim;  
Let all that is within me join  
To bless His holy name.

2. O bless the LORD my soul,  
His mercies bear in mind;  
Forget not all the ways in which  
He has to you been kind.

3. He pardons and forgives  
All your iniquities;  
He from each sickness makes you well  
And heals you from disease.

4. He purchases your life  
To raise you from the dead;  
A crown of mercy and of love  
He places on your head.

5. With good things, your desires  
He fully satisfies;  
And therefore, like an eagle, you  
With youth renewed, arise.

13) Psalm 104C  
The Trees of the LORD

9. The trees of the LORD are provided with water,  
The cedars of Lebanon planted by Him.  
The birds build their nests there, the storks  
choose the fir trees.  
Wild goats climb high mountains where rock  
badgers hide.  
The moon He created to mark off the seasons;  
The sun knows the time for its setting each night.

10. When You bring the darkness, and night  
follows daytime,  
The beasts of the forest all come out to prowl.  
The young lions roar as for prey they go  
searching,  
Depending on God to provide them with food.  
But when the sun rises they go into hiding,  
While man goes to work until evening again.

11. Your works, LORD, are many, created in  
wisdom;  
The whole earth is filled with the things You have  
made.  
Consider the ocean, so vast, filled with creatures:  
The large and the tiny – too many to count.  
The ships sail upon it, Leviathan lives there;  
You made it to play in the depths of the sea.

14) Psalm 107B  
In Death's Dark Shadow

4. Some in death's dark shadow dwelled  
Grieved, by chains in prison held.  
They against God's word rebelled  
Spurned the Most High's counsel.

5. So He humbled them with toil;  
No one helped them when they fell.  
To the LORD they cried for help  
When they were in trouble.

6. He relieved their misery.  
They from darkness He released,  
From death's gloom He set them free,  
Broke apart their fetters.

7. Let them thank the LORD above  
For His wonders and His love!  
He demolished gates of bronze,  
Cut through bars of iron.

15) Psalm 107I  
All Those Who Go Down to the Sea

9. All those who go down to the sea in their ships,  
Who sail the great waters for trade,  
They too have beheld what the LORD has done  
there,  
His wonderful acts in the deep.

10. He spoke and commanded a great storm of  
wind  
That lifted the waves of the sea.  
They rose to the heav'ns, then dropped down to  
the depths.  
The souls of men melted with fear.

11. They reeled and they staggered like men who  
were drunk.  
Their wisdom had all fled away.  
Then they in their trouble cried out to the LORD;  
He rescued them from their distress.

12. The storm wind He settled and caused to be  
still;  
The waves of the sea became calm.  
The men became glad when the waves had died  
down,  
And to a safe haven He led.

13. O let them give thanks for the LORD's  
gracious love,  
The wonders He does for mankind.  
When people are gathered, O let them give praise,  
And hail Him where elders convene.

16) Psalm 110A

The LORD Has Spoken to My Lord

1. The LORD has spoken to my Lord:

“At My right hand take Your seat  
Until I make Your enemies  
Into a footstool for Your feet.”

The LORD from Zion will extend  
The mighty scepter in Your hand:  
“Rule in the midst of enemies,  
Subdue each under Your command.”

2. Your people, in Your day of pow’r,  
Freely give themselves to You;  
Your youth, all clothed in holiness,  
Appear each day like morning’s dew.  
The LORD has sworn a solemn oath  
From which He’ll never be released:  
“In th’order of Melchizedek  
Forevermore You are a priest.”

3. And when His day of wrath has come;  
Then the Lord at Your right hand  
Will crush great kings and nations judge,  
With fallen bodies fill the land.  
Justly condemned beneath His rule  
Will heads of many nations die;  
But from the brook He’ll stop to drink,  
And His own head He’ll lift up high.

17) Psalm 114A

When Isr’el Went Forth

1. When Isr’el went forth, and all Jacob’s house,  
To leave Egypt’s land and their foreign tongues,  
Then Judah became His own holy place,  
And His dominion then became Israel.

2. The sea looked and fled; the Jordan turned  
back.  
Like rams mountains leapt, and hills skipped like  
lambs.  
What ails you, O sea? And why do you flee?  
O Jordan’s flowing streams, why do you turn  
back?

3. You mountains, O why do you leap like rams?  
And why, all you hills, do you skip like lambs?  
O earth, quake before the Lord, Jacob’s God.  
He made the rock a pool, from flint made a  
spring.

18) Psalm 117B

Praise the LORD (Matches Psalm 117A in the ARP  
Psalter with Bible Songs)

1. Praise the LORD! Praise the LORD!

*Alabad a J’hovah!*

O all you people, ev’ry nation, shout His praises;  
*Naciones todas, pueblos todos, alabad le;*  
For so great, yes so magnificent  
*Porque ha engrandecido*  
Has been the lovingkindness He has shown to us.  
*Sobre nosotros su misericordia.*

And the truth of the LORD

*La verdad de J’hovah*

Is everlasting – Give the LORD all praise;

*Es para siempre – Allelu i’Amen;*

And the truth of the LORD

*La verdad de J’hovah*

Is everlasting – Give the LORD all praise.

*Es para siempre – Allelu i’Amen.*

19) Psalm 119N

Your Word’s a Lamp

49. Your word’s a lamp to guide my feet,  
A light to shine upon my way.

I now confirm this vow I swore:

Your righteous judgments I’ll obey.

50. I’ve suffered much; renew my life,  
O LORD, according to Your word.

Accept the off’rings of my mouth,

Instruct me in Your judgments, LORD.

51. My life in constant danger is;

But I do not Your law forget.

I have not from Your precepts strayed,

Despite the traps the wicked set.

52. Your testimonies thrill my heart;  
This lasting heritage is mine.  
I turn my heart now to Your law,  
To keep it till the end of time.

20) Psalm 132B  
For Your Servant David

5. For Your servant David,  
For his sake, I pray:  
From Your own anointed,  
Do not turn away.

6. For the LORD to David  
Solemn vows once spoke;  
Making him a promise  
He will not revoke:

7. "I will have your offspring  
Sit upon your throne  
If they keep My cov'nant,  
Making it their own."

8. "If they hold My teachings,  
If they will obey,  
Then their sons forever  
On your throne will stay."