

1. Cleanse the brows thoroughly with Protein Remover Pads, to remove any dirt or oils. Ensure the brows are dry by patting with a tissue.

2. *If you are using an adhesive, it is at this point you would apply.* Using a disposable applicator wand, apply a thin layer of the Lifted. Adhesive to the first brow.

3. With your Y comb, lift the eyebrow hairs up, adjusting the placement to achieve your desired look. Repeat on the other brow.

4. Dispense Step 1. Lifting Solution into a Palette (or similar). Using an applicator wand, apply the solution along the brow. Leave the Lifting Solution on for 8 - 10 minutes, depending on the condition and thickness of the natural hairs.

5. *If you use cling film, it is at this point you would place this on top of the brows.* Apply a strip of cling film over the brows and leave to process.

*Be aware that cling film will speed up the Lifted. process and should be avoided if the hairs are damaged.*

6. Once processed, remove all traces of the Lifting Solution with a dry cotton pad. Repeat the process with Step 2. Fixing Solution. Leave on for approximately 5 - 7 minutes.

7. Remove gently with a dry cotton pad ensuring all traces of the Fixing Solution are removed.

8. Apply brow tint, if required.

9. Remove any excess tint with damp cotton pads.

10. Pat dry with a tissue. Dispense Step 3. Enriching Solution and using an applicator wand or mascara wand and brush through, gently. This should be left on for 12 hours.

11. The treatment is now complete. Give the client a handheld mirror to see the results. Provide the client with aftercare advice and rebook their next appointment.

These are the Lifted. guidelines, if you are taught to lift the lashes in a different way, please refer to your training guidelines.

# Lifted. Brow Lamination Guidelines

# Lifted. Lash Lift Guidelines

1. Using Protein Remover Pads, clean the lashes thoroughly to remove any dirt or oils. Ensure the lashes are dry by patting with a tissue.
2. Ask the client to look upwards whilst placing an eye pad onto the lower lashes, to protect them.
3. Apply the Lifted. Adhesive along the underside of the shield, wait a few seconds, and place on the client's eyelid, ensuring the shield is as close to the lash line, as possible. Hold securely until the adhesive has set.

*For hints and tips for applying shields head over to the LashBase YouTube channel.*

4. Working in small sections apply a thin amount of adhesive along the edge of the shield - Using the Lifted. lash lift tool or Y Comb, lift the lashes up from the root onto the shield until they have adhered to the shield securely. Ensure the lashes are separated and straight as you do each section. This is very important to ensure great results. Repeat on the other eye.

5. Dispense Step 1. Lifting Solution into a Palette (or similar). Using an applicator wand, apply a small amount of the solution along the lash line/root area. Do not cover the whole lash to the tip as this can cause damage to the lashes. Leave the Lifting Solution on for 10 - 15 minutes, depending on the condition of the natural lashes.

Top Tip: Place cling film and a Lash Lift Mask over the eyes whilst the solution is processing, this is more relaxing for your client and helps speed up the process.

6. Once processed, remove all traces of the Lifting Solution with a dry cotton bud. Repeat the process with Step 2. Fixing Solution. Leave on for approximately 7 - 10 minutes.

7. Remove gently with a dry cotton bud ensuring all traces of the Fixing Solution are removed.

8. Apply lash tint, if required.

9. Remove any excess tint with cotton pads. Then using damp cotton buds gently wipe across the lashes and swipe under the shields. Carefully ease the shields away from the eyelids.

10. Remove eye pads. With damp cotton pads remove any remaining traces of the tint. If necessary you could ask the client to give their eyes a clean themselves.

11. Pat dry with a tissue. Dispense Step 3. Enriching Solution, apply this to the lashes using an applicator wand. This should be left on for 12 hours.

12. The treatment is now complete. Give the client a handheld mirror to see the results. Provide the client with aftercare advice and rebook their next appointment.

These are the Lifted. guidelines, if you are taught to lift the lashes in a different way, please refer to your training guidelines.