

Dumbbell and Plate Rack with Bar Storage

LEAP726

USER'S MANUAL

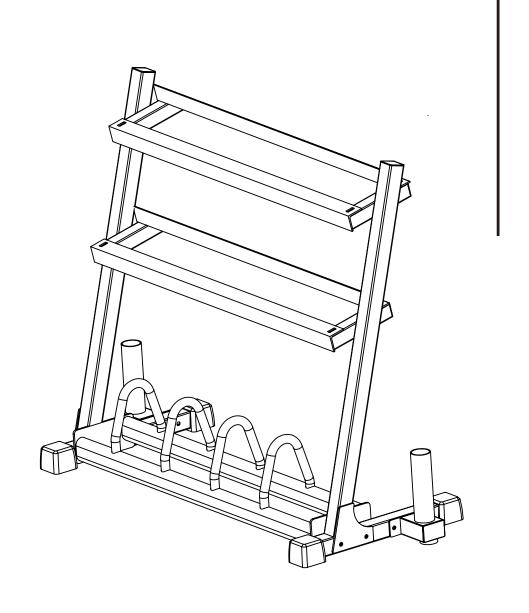


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NOTE: Hand tighten bolts and locknuts until machine is fully assembled. Locknuts may require additional force to tighten completely.

Prior to assembly, remove components from the box and verify that all the listed parts were supplied.

SAFETY INFORMATION WARNING!

Before using this unit or starting any exercise program, consult your physician. This is especially important for persons over the age of 35 and/or persons with pre-existing health problems.

It is the owner's responsibility to ensure that all users of this unit have read the Owner's Manual and are familiar with safety information and precautions.

SAFETY PRECAUTIONS

- This unit should only be used on a level surface and is intended for indoor use only.
- Wear comfortable, good-quality walking or running shoes and appropriate clothing. Do not use this unit with bare feet, sandals, socks or stockings!
- Always examine your unit before using to ensure all parts are in working order.
- Do not leave children unsupervised near or on the unit.

Assembly

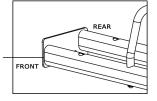
- STEP 1: Attach the Plate Dividers (#9) to the Crossbar (#8) using:
 - 8 x Bolts (#14)
 - 8 x Washers (#12)

Tighten all bolts firmly.

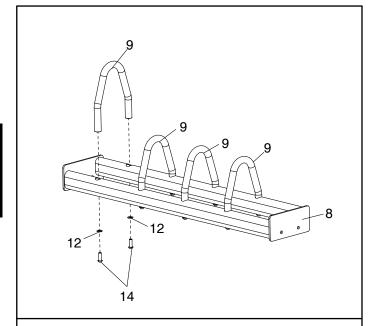
During STEP 2-6 be sure to only hand tighten nuts and bolts until unit is completely assembled. If bolts are too tight after this step it will cause alignment issues later during the installation.

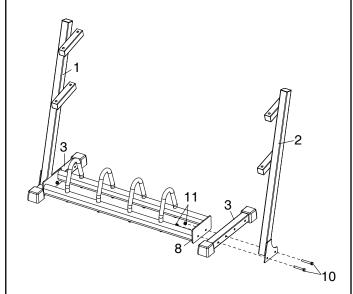
- STEP 2: Attach the Left Upright (#2) and Base (#3) to the Crossbar (#8) using:
 - 2 x Bolts (#10)
 - 2 x Locknuts (#11)

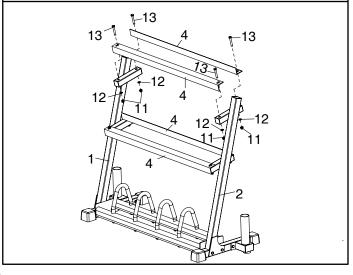
Lower rail goes in the front.



- STEP 3: Attach the Right Upright (#1) and Base (#3) to the Crossbar (#8) using:
 - 2 x Bolts (#10)
 - 2 x Locknuts (#11)
- STEP 4: Build the middle shelf by attaching the Angle Iron Shelving (#4) to the middle brace of the Left Upright (#2) and Right Upright (#1) using:
 - 4 x Bolts (#13)
 - 4 x Washers (#12)
 - 4 x Locknuts (#11)
 - STEP 5: Build the top shelf by attaching the
 Angle Iron Shelving (#4) to the top
 brace of the Left Upright (#2) and
 Right Upright (#1) using:
 - 4 x Bolts (#13)
 - 4 x Washers (#12)
 - 4 x Locknuts (#11)





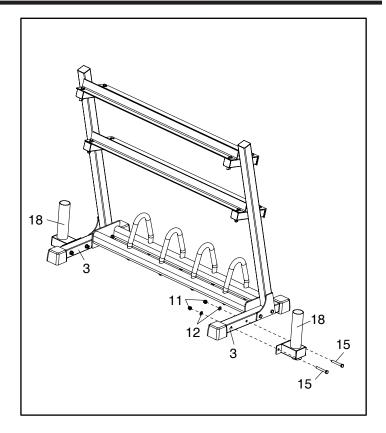


Assembly

STEP 6: Attach the Bar Holders (#18) to the Bases (#3) using:

- 4 x Bolts (#15)
- 4 x Washers (#12)
- 4 x Locknuts (#11)

STEP 7: Wrench tighten all nuts and bolts



Exploded View/Part List

Key No.	Description	Qty.	Key No.	Description	Qty.
1	Right Upright	1	11	M10 Locknut	16
2	Left Upright	1	12	M10 Washer	20
3	Base	2	13	M10 x 63mm Bolt	8
4	Angle Iron Shelf	4	14	M10 x 30mm Bolt	8
5	50mm Inner Cap	2	15	M10 x 68mm Bolt	4
6	44mm Inner Cap	8	16	Foot	2
7	Square End Cap	4	17	Base Inner Cap	2
8	Crossbar	1	18	Bar Holder	2
9	Plate Divider	4	19	M4 x 19mm Screw	2
10	M10 x 73mm Bolt	4	20	Bushing	2

