



FERTINATAL®

Micronized DHEA for female fertility
Dietary Supplement

FOR WOMEN ONLY

DESCRIPTION: FERTINATAL® is a nutritional supplement of plant-derived dehydroepiandrosterone (DHEA) developed specifically for women seeking to enhance their fertility*. Each tablet is white in color, round and opaque.

FERTINATAL® is micronized to the same particle sizes used by the Center for Human Reproduction (CHR) in their research regarding the effects of DHEA on women's fertility*, and meets CHR's manufacturing and quality control standards. CHR endorses FERTINATAL®.

Supplement Facts

Serving Size 1 Tablet

Amount per serving

Dehydroepiandrosterone (DHEA)	25 mg †
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†Daily Value (DV) not established.

OTHER/INACTIVE INGREDIENTS: Dicalcium phosphate, microcrystalline cellulose, croscarmellose sodium, stearic acid, magnesium stearate and film coating.

WHAT IS DHEA?: DHEA is a natural hormone, made in the body by all women and men. DHEA is an intermediate step in a complex process called steroidogenesis, in which cholesterol is converted into male and female sex hormones: testosterone and estradiol. DHEA levels decline significantly with age.

POTENTIAL BENEFITS: DHEA has been shown to enhance fertility in women with low ovarian function and in women of advanced age*.

*THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE OR PREVENT ANY DISEASE.

SAFETY: DHEA is widely considered safe for most people if used at moderate dosages of up to 100 mg daily, and for limited times. FERTINATAL® is not intended for individuals under the age of 18, and should not be taken by individuals with known hypersensitivity to any of its ingredients.

Women with estrogen-sensitive benign medical conditions (e.g., endometriosis) or polycystic ovarian syndrome (PCOS) should not take FERTINATAL® without prior medical consultation and clearance.

Like many supplements, DHEA may interact with other medications. Women who receive medical treatments and/or drug therapies (including fertility treatments) should not take FERTINATAL® without prior medical consultation with and clearance from their healthcare provider (including any reproductive endocrinologist).

Diabetic patients may experience changes in insulin requirements when supplementing with DHEA and should not initiate FERTINATAL® supplementation without prior clearance from their healthcare provider. Once supplementing with FERTINATAL®, glucose levels should be monitored with increased vigilance.

Individuals with a history of mood disorders have experienced mania, irritability and sexual inappropriateness while supplementing with DHEA. Individuals with mood disorders should not initiate FERTINATAL® supplementation without prior clearance from, and, once supplementing with FERTINATAL®, should report any changes in mood to their mental healthcare provider.

DHEA has been reported to lower high lipoprotein cholesterol (HDL), the so-called "good cholesterol." Individuals with a history or family history of lipid abnormalities should not take FERTINATAL® without prior clearance from their healthcare provider. Careful monitoring of lipid levels is recommended for those who take FERTINATAL® as a supplement on a regular basis.

DHEA may make liver problems worse. If you have existing liver conditions, consult your healthcare provider before initiating supplementation with FERTINATAL®.

WARNING: NOT FOR USE BY WOMEN WHO ARE UNDER THE AGE OF 18. DO NOT USE IF PREGNANT OR NURSING.

Consult a physician or licensed qualified healthcare professional before using this product if you have, or have a family history of, heart disease, low "good" cholesterol (HDL), or if you are using any other dietary supplement, prescription drug, or over-the-counter drug. Do not exceed recommended serving. Exceeding recommended serving may cause serious adverse health effects. Possible side effects include acne, hair loss, hair growth on the face (in women), aggressiveness, irritability, and increased levels of estrogen. Discontinue use and call a physician or licensed qualified healthcare professional immediately if you experience rapid heartbeat, dizziness, blurred vision, or other similar symptoms.

Do not use DHEA if you are at risk for or have been diagnosed as having any type of hormonal cancer, such as ovarian, breast or uterine cancer.

KEEP OUT OF REACH OF CHILDREN.

In case of accidental overdose, call a physician or poison control immediately.

POTENTIAL SIDE EFFECTS: Reported side effects of DHEA supplementation include: oily skin, acne, hair loss, increased hirsutism (hair growth), deepening of the voice, increased libido and assertiveness, gastro-intestinal complaints and hypertension.

Should supplementation with FERTINATAL® lead to unwanted side-effects, discontinue supplementation or consult with a healthcare provider immediately.

To report any adverse effects associated with FERTINATAL® call 212-628-0851.

HOW SUPPLIED: FERTINATAL® is uniquely packaged in individual blister sheets, each containing one week's supply of 21 tablets in a 3 (daily 25 mg tablets) by 7 (days in the week) layout. Each box contains 4 sheets (84 tablets), a four week supply.

STORAGE: FERTINATAL® should be stored at room temperature (20°-22°C/68°-77°F). Excessive heat exposure should be avoided.

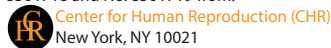
Manufactured for:



New York, NY 10022

Manufactured by:
Garden State Nutritionals
West Caldwell, NJ 07006

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New York, NY 10021

For additional information call: 212-628-0851.

OvoEnergen™

To support female reproductive health*

Dietary Supplement

About OvoEnergen™

OvoEnergen™ is a nutritional supplement of clinical-grade Coenzyme Q10 (CoQ10). It was co-developed in collaboration with leading fertility researchers of CoQ10 (Dr. David Barad MD, MS, FACOG) and scientists from the Federal Institute of Technology in Zurich (Vesifact AG) specifically to help maintain female fertility by supporting overall egg health.* Each softgel is orange in color and contains 100 mg of Coenzyme CoQ10. Ubiquinol is the reduced and biologically active form of CoQ10 and a supportive form of CoQ10 for women 35+. Every batch of OvoEnergen™ undergoes a rigorous 3-step quality assurance process, including independent laboratory testing for potency and toxins.

Supplement Facts

Serving Size 3 Softgels
Servings Per Container 28

	Amount Per Serving	% DV
Vitamin E (as natural d-alpha tocopherol acetate)	20 mcg	133%
Natural Coenzyme Q10 QH-Ubiquinol (Kaneka QH™, reduced form of CoQ10)	300 mg	†

†Daily Value (DV) not established.

Other ingredients

VESIsorb® Microemulsion Preconcentrate (Medium Chain Triglycerides, Polyglycerol Esters of Fatty Acids, Nonionic Surfactant), Gelatin, Glycerin, Natural Caramel Color.

Recommended Dosage

Take 3-6 softgels per day with 3 softgels as a normal starting dose or as directed by your healthcare professional. Recommended to be taken with a food or a meal, or as directed by your healthcare professional.

What is CoQ10?

CoQ10 is a vitamin-like substance that acts as an antioxidant, found throughout the body. In studies, CoQ10 has been shown to protect mitochondria, the energy-producing elements within cells, from oxidative damage*. Oxidative damage accumulates with advancing age, while natural levels of CoQ10 in the body decline with age. CoQ10 plays an important role in cellular metabolism, including that of human eggs (oocytes)*. As the largest cells in the body, eggs (oocytes) have by far the largest number of mitochondria in any cells. CoQ10 transports electrons and protons into the mitochondria, helping the mitochondria maintain membrane potential. CoQ10 also drives the synthesis of ATP, a molecule that acts like a rechargeable battery, supplying essential energy to the cell.

Potential benefits

CoQ10 may help maintain female fertility by improving egg quality through robust energy metabolism and protection from oxidative stress*.

Safety

CoQ10 is considered safe for most adults when taken by the mouth. In case of accidental overdose, call a physician or poison control immediately. **KEEP OUT OF REACH OF CHILDREN.**

Potential side effects

Reported side effects of CoQ10 include upset stomach, loss of appetite, nausea, vomiting and diarrhea. It can cause allergic skin rashes in some people.

CoQ10 may lower blood pressure. Consult a health care provider before starting OvoEnergen™ and monitor your blood pressure carefully if you have very low blood pressure. CoQ10 may also increase the effects of medications used to lower blood pressure. Consult a health care provider before starting OvoEnergen™ if you are taking medications to lower blood pressure. Also, discuss your use of OvoEnergen™ with your health care provider if you are scheduled to have a surgery, as CoQ10's effects on blood pressure may interfere with blood pressure control during and after a surgery. It is recommended to discontinue OvoEnergen™ use at least two weeks before scheduled surgery.

There is not enough information on the use of CoQ10 during pregnancy and breast-feeding. Discontinue supplementation with OvoEnergen™ once pregnant, and do not resume until completion of breast-feeding.

CoQ10 may have interactions with medications, including, but not limited to, chemotherapeutic medications, antihypertensive drugs and Warfarin (Coumadin). If you are taking any prescription medications, consult your health care provider before starting supplementation with OvoEnergen™.

Should supplementation with OvoEnergen™ lead to unwanted side effects, discontinue supplementation or consult with a health care provider immediately. To report any adverse effects associated with OvoEnergen™ call 212-628-0851.

How supplied

OvoEnergen™ is uniquely packaged in individual blister sheets, each containing one week's supply of 21 softgels in a 3 (daily 100mg softgels) by 7 (days in a week) layout. Each box contains 4 sheets (84 softgels), a four-week supply.

Storage

Keep tightly closed in a cool, dry place in the original container. Store at room temperature below 25°C/77°F. Do not freeze or expose to excessive heat.

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Manufactured for Fertility Nutraceuticals LLC
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