

AndroEnergen™

To support male reproductive health*

Dietary Supplement

About OvoEnergen™

Androenergen™ is a nutritional supplement of clinical-grade Coenzyme Q10 (CoQ10). It was co-developed in collaboration with leading fertility researchers of CoQ10 (Dr. David Barad MD, MS, FACOG) and scientists from the Federal Institute of Technology in Zurich (Vesifact AG) to help maintain male fertility by supporting sperm motility, sperm count and sperm concentration.* Each softgel is orange in color and contains 100 mg of Coenzyme CoQ10. Ubiquinol is the reduced and biologically active form of CoQ10. Every batch of Androenergen™ undergoes a rigorous 3-step quality assurance process, including independent laboratory testing for potency and toxins.

Supplement Facts

Serving Size 3 Softgels
Servings Per Container 28

	Amount Per Serving	% DV
Vitamin E (as natural d-alpha tocopherol acetate)	20 mcg	133%
Natural Coenzyme Q10 QH-Ubiquinol (Kaneka QH™, reduced form of CoQ10)	300 mg	†

†Daily Value (DV) not established.

Other ingredients

VESIsorb® Microemulsion Preconcentrate (Medium Chain Triglycerides, Polyglycerol Esters of Fatty Acids, Nonionic Surfactant), Gelatin, Glycerin, Natural Caramel Color.

Recommended Dosage

Take 3-6 softgels per day with 3 softgels as a normal starting dose or as directed by your healthcare professional. Recommended to be taken with a food or a meal, or as directed by your healthcare professional.

What is CoQ10?

CoQ10 is a vitamin-like substance that acts as an antioxidant, found throughout the body. In studies, CoQ10 has been shown to protect mitochondria, the energy-producing elements within cells, from oxidative damage*. Oxidative damage accumulates with advancing age, while natural levels of CoQ10 in the body decline with age. Oxidative stress also damages sperm DNA, causing sperm DNA fragmentation, which can negatively impact fertilization and embryo development. Antioxidants such as CoQ10 work by protecting cells from damage caused by oxidative stress. CoQ10 transports electrons and protons into the mitochondria, supplying essential energy needed for sperm motility.

Potential benefits

CoQ10 may help maintain male fertility by supporting sperm motility sperm count and sperm concentration through robust energy metabolism and protection from oxidative stress.*

Safety

CoQ10 is considered safe for most adults when taken by mouth. In case of accidental overdose, call a physician or poison control immediately. **KEEP OUT OF REACH OF CHILDREN.**

Potential side effects

Reported side effects of CoQ10 include upset stomach, loss of appetite, nausea, vomiting and diarrhea. It can cause allergic skin rashes in some people.

CoQ10 may lower blood pressure. Consult a health care provider before starting AndroEnergen™ and monitor your blood pressure carefully if you have very low blood pressure. CoQ10 may also increase the effects of medications used to lower blood pressure. Consult a health care provider before starting AndroEnergen™ if you are taking medications to lower blood pressure. Also, discuss your use of AndroEnergen™ with your health care provider if you are scheduled to have a surgery, as CoQ10's effects on blood pressure may interfere with blood pressure control during and after a surgery. It is recommended to discontinue AndroEnergen™ use at least two weeks before scheduled surgery.

CoQ10 may have interactions with medications, including, but not limited to, chemotherapeutic medications, antihypertensive drugs and Warfarin (Coumadin). If you are taking any prescription medications, consult your health care provider before starting supplementation with AndroEnergen™.

Should supplementation with AndroEnergen™ lead to unwanted side effects, discontinue supplementation or consult with a health care provider immediately. To report any adverse effects associated with AndroEnergen™ call 212-628-0851.

How supplied

AndroEnergen™ is uniquely packaged in individual blister sheets, each containing one week's supply of 21 softgels in a 3 (daily 100mg softgels) by 7 (days in a week) layout. Each box contains 4 sheets (84 softgels), a four-week supply.

Storage

Keep tightly closed in a cool, dry place in the original container. Store at room temperature below 25°C/77°F. Do not freeze or expose to excessive heat.

***THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE OR PREVENT ANY DISEASE.**

Manufactured for Fertility Nutraceuticals LLC
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