



Gia
baby

How to wear your Sia baby



CHEST FACING



Using the sizing guide on your carrier, adjust the waist belt to the appropriate length & weight of your infant.

Hold the waist belt with the warning label facing inwards and the carrier's body panel centred on your body.



Carefully hold your infant and begin placing them in the carrier

With both hands, position your infant so you are chest to chest



Click the buckle together. Pull the adjustable webbing to tighten waist belt until it sits comfortably above your hips, for an ergonomically position.

Loop the safety elastic around the buckle.

Fold up the additional length of the webbing in the storage elastic.

NB: Ensure the buckles have been pulled to the end of the webbing on the shoulder straps, so they are symmetrical.



Using one hand, lift the body panel up, positioning one of the shoulder straps diagonally across your back.

Clip buckles together.

Repeat process on the other shoulder strap.

Pull webbing securely, fastening the additional length into the storage elastic.

NB: Always supporting your baby with one hand

Always check that your infant's knees are higher than their bottom, supporting their thighs. Infants should be sitting in the "M" position for healthy hips.

How to wear your Sia baby

FORWARD FACE

When your infant is at least 6 months old and has good head and neck control you may like to forward face.

If you choose to forward face, adjust the waist belt to the 6 Months+ forward facing marker.

Hold the waist belt with the warning labels facing inwards and the carrier's body panel centred on your body.



Click the buckle together. Pull the adjustable webbing to tighten waist belt until it sits comfortably above your hips, for an ergonomically position.

Loop the safety elastic around the buckle.

Fold up the additional length of the webbing in the storage elastic.



NB: Ensure the buckles have been pulled to the end of the webbing on the shoulder straps, so they are symmetrical and are loosen to create room for infant in the forward facing position.

Carefully hold your infant and begin placing them in the carrier

With both hands, position your infant so they are forward facing and their bottom is resting on the waist belt.

NB: It is recommended by health professionals to only use the front carry facing from 6 months onwards and for 15 minutes at a time to avoid overstimulation.



Using one hand, lift the body panel up, positioning one of the shoulder straps diagonally across your back.

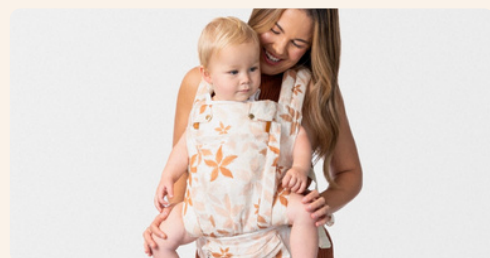
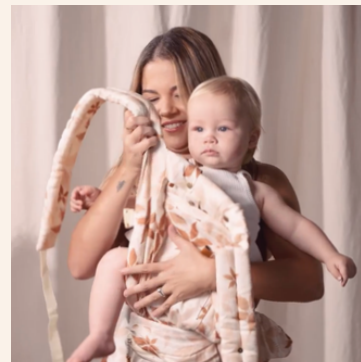
Clip buckles together.

Repeat process on the other shoulder strap.

Pull webbing securely, fastening the additional length into the storage elastic.

Adjust your infants bottom, so that their knees are higher than their bottom, supporting their thighs. Infants should be sitting in the "M" position for healthy hips.

You can also use the 'Ease Release & Access system' to place your infant in and out of the carrier.



NB: Please be aware that when your infant is in a forward facing position, there may be additional strain on the caregivers' back as it is more difficult to carry a load that is pulling forward on your shoulders. For this reason, please use the ergonomic forward facing position for short periods of time, switching to the hip or back carry positions if you begin to feel strain on your lower back.



Easy Release System

When you are ready to remove your infant from the carrier, you can simply use our easy release system.

Start by unclipping the press studs from either side of the carrier and unhooking the safety elastics.

Using your fingers to guide, slowly start unzipping the body panel, unzipping each side carefully, not to catch the zip and the material.

Use two hands to remove your baby safely from the carrier.

Slowly zip one side of the body panel and repeat the process on the opposite side,.

Attach the safety elastics on both sides, and clip the press studs on either side of the carrier



T.I.C.K.S Safety Guidelines

Tight

Carriers should be tight enough to hug your baby close to you as this will be most comfortable for you both. Any slack/loose fabric will allow your baby to slump down in the carrier which can hinder their breathing and pull on your back.

In view at all times

You should always be able to see your baby's face by simply glancing down. The fabric of a sling or carrier should not close around them so you have to open it to check on them. In a cradle position your baby should face upwards not be turned in towards your body.

Close enough to kiss

Your baby's head should be as close to your chin as is comfortable. By tipping your head forward you should be able to kiss your baby on the head or forehead.

Keep chin off chest

A baby should never be curled so their chin is forced onto their chest as this can restrict their breathing. Ensure there is always a space of at least a finger width under your baby's chin.

Supported back

In an upright carry, a baby should be held comfortably close to the wearer so their back is supported in its natural position and their tummy and chest are against you. If a sling is too loose they can slump which can partially close their airway. This can be tested by placing a hand on your baby's back and pressing gently, they should not uncurl or move closer to you.



A woman with long brown hair is shown from the waist up, holding a baby in a white babywearing carrier. She is looking down at the baby with a gentle smile. The background is a plain, light-colored wall. A large, semi-transparent white circle is overlaid on the lower half of the image, containing text.

Join our virtual
consults for
additional support
with
babywearing.

hello@siababy.com.au



Gia
baby

siababy.com.au

Born in Sydney, Australia

Contact us

hello@siababy.com.au

Approved by



Terms & conditions

Warnings

Do not use drink holder to carry glass bottles or hot drinks.
Hot liquids can cause burns.

Failure to follow the manual instructions or guidance on siababy.com.au can result in death or serious injury.

Only use this carrier with infant's weighing between 3.5kg and 15 kg.

Infant must face toward caregivers' body until they can hold their head upright.

Suffocation Hazard

Infants younger than 3 months can suffocate in this product, if their face is pressed tightly against your body. Infants at greatest risk of suffocation include those born prematurely and those with respiratory problems.

Check often to make sure infant's face is uncovered, free from obstructions, clearly visible and away from caregivers' body.

Make sure your infant does not curl into a position where there is no room for head movement.

When using this carrier, constantly monitor your infant

Refer to the T.I.C.K.S safe baby wearing guide on siababy.com.au

Fall Hazard

Leaning, bending over, or tripping can cause infant to fall. Keep one hand on infant while moving

Before each use, ensure all fasteners and easy release zippers are secure

Infants can fall through a wide leg opening or out of carrier if easy release zipper and buckles are not secured

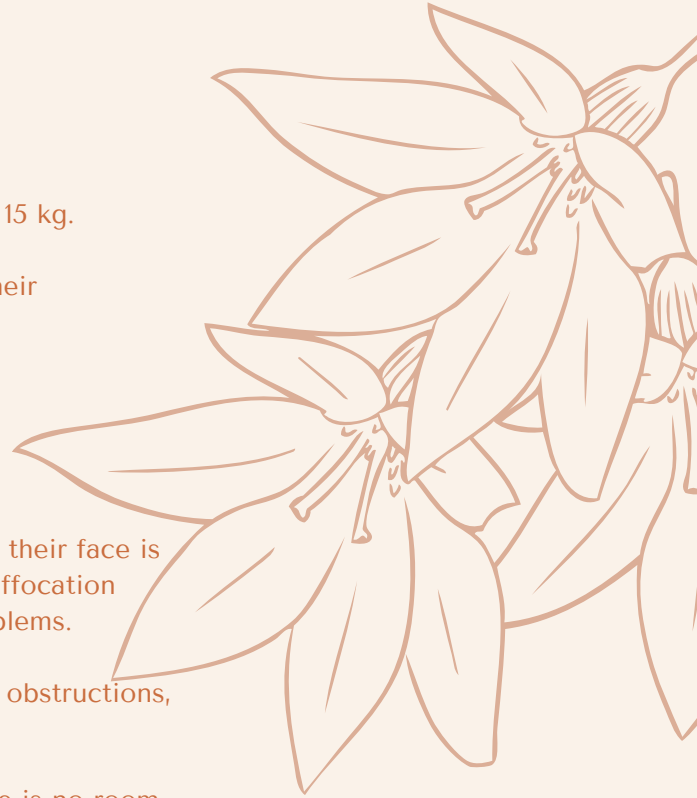
Do not use carrier if easy release zipper or buckles are damaged

Adjust waistband in line with infant's growth

Always have one hand securing infant when using the easy release system

Never bend at waist, bend at knees

Only use this carrier for infants between 3.5kg – 15kg



Self-care

Be kind to yourself, you're doing amazing...

Sometimes a hot shower can fix everything...

Take a walk, and get some fresh air...

Attend your parents' group...

Get to know and love the new you...

Don't be afraid to ask for help

Xx



