

# Tempdrop® My Fertility Chart

My Cycle Number: \_\_\_\_\_

CD1\_/\_/\_

Ovulatory? Y/N

Previous Ovulatory? Y/N

No of cycle days: \_\_\_\_\_

Peak Day: \_\_\_\_\_

Date																																									Temp Scale F/C
Time	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31	32	33	34	35	36	37	38	39	40	
Eggwhite																																									
Creamy																																									
Sticky																																									
None																																									
Menses																																									
Sex																																									
Notes																																									

Avg. length of bleed:	
Avg. cycle length:	
Earliest temp. shift:	
Avg. follicular phase length:	
Avg luteal phase length:	
Longest cycle length (12 cycles):	
Shortest cycle length (12 cycles):	
Coverline avg:	

Additional Comments: