My Fertility Chart



y Cycl	e Nu	umk	oer:					С	D1_	./_/	_				0	vulo	itory	? Y/I	N			Prev	ious	Ovu	lato	ry? Y	/N			No	of cy	ycle	days:			Pe	eak D	ay:			
ate																																								<u>e</u>	Avg. length of bleed:
ime	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30 31	32	2 33	3 34	35	36	37	38	39	40	Temp Scale F/C	Avg. cycle
																																									length:
																																									Earliest temp. shift:
																																									Avg. follicular
																																									phase length:
																																									Avg luteal phase length:
																																									length:
																																									Longest cycle length (12 cycles):
																																									Shortest cycle length (12 cycles):
																																									Coverline avg.:
																																									Additional Comments
Notes																																									
مح																																									