

# Understand your body

## Know your cycle



**Did you know?** Tracking your sleeping temperature tells you a lot about your health and fertility.

### What is Tempdrop?

Tempdrop is a wearable sensor and charting app, the perfect companion for your chosen fertility awareness method\*.

\*Fertility Awareness is a practice of recognizing when your body is fertile and when it's not.

### Tempdrop can be used to:

- Increase your chances of pregnancy and get pregnant faster.
- Chart for health purposes - PCOS, Hashimotos, Endometriosis, Irregular cycles etc.
- Know your body - identify your fertile window.

### How does it work?

Our sensor uses algorithms to filter out disturbances such as breastfeeding, sleep interruptions, changes to sleep schedules etc. to give you accurate

sleeping temperatures. The sensor integrates with our charting app for an all-in-one charting solution. Take advantage of the premium charting features to gain insight about your fertile window and to confirm ovulation.

### Why choose Tempdrop?

- **Non-invasive:** Worn on the upper arm for convenience and simplicity
- **Accurate:** Tempdrop gives you accurate data, regardless of your sleep schedule or pattern.
- **For every woman:** Works for all cycles - irregular cycles, inconsistent sleepers, postpartum, shift workers etc.
- **Accessible:** Designed by listening to our customers, choose to use the inbuilt charting app or choose to use your data with your favourite charting app.
- **HSA/FSA eligible.**

10%  
OFF

Discount Code:

Tempdrop®  
[www.tempdrop.com](http://www.tempdrop.com)





# What Customers Say:

## Accurate

"Let me just brag on Tempdrop for a second - I got Tempdrop after my thermometer got my fertility cycle wrong and OH MY I have already seen such a huge difference in my temperatures. I couldn't take it orally for 3 days cause I would wake up, go to the bathroom and go back to bed to be up [but] my tempdrop still got my temperature those days."

## Pregnant with PCOS

"I purchased a Tempdrop to be able to better chart my cycles for PCOS and for hopefully conceiving a baby. It seemed to track my temperatures accurately despite multiple night wakings, and before the month was out, I was able to use the data to fall pregnant! I'm so glad I found Tempdrop!"

## Fertility Struggles

"After never having success conceiving naturally without fertility assistance (1 angel on clomid, 1 rainbow with IVF) we have finally conceived on our own, with your help. It's so easy to use that we can't wait to see what pattern Tempdrop gives during pregnancy... no more waking up to bbt I'm just wearing mine. Thank you so much Tempdrop."

## Device for Fertility Awareness

"I got a Tempdrop because I wanted a secondary sign to confirm ovulation. (We are using the Creighton method.) It has been so reliable and gives me more confidence and peace of mind. I love it!"

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