

★ BOTTLED COLD-PRESSED ORGANIC JUICE ★	
PRESSED FRESH AND BOTTLED DAILY / 500mL	
GREEN AS IT GETS <i>Our signature pure green powerhouse to fuel your body, release toxins and maximise energy.</i> Cucumber, kale, dandelion root tea, silver beet, lemon, parsley, ginger, e3live (Klamath blue green algae).	9.9
GREEN GIFT <i>A gentle green juice that keeps on giving with loads of nutrients and a hint of fruit.</i> Cucumber, apple, celery, carrot, kale, lettuce, spinach, parsley.	9.9
DAILY DETOX <i>A detoxing, energising green juice with the cleansing power of chlorophyll.</i> Apple, pineapple, lemon, chlorophyll, mint.	9
SWEET PIECE OF GR(ASS) <i>This sweet piece of gr(ass) is full of vitamins and essential aminos to keep you fit and firm.</i> Pineapple, apple, filtered water, ginger, wheatgrass, spirulina.	9.9
EL GAZPACHO <i>This saintly virgin Mary is a complete nutritious meal.</i> Tomato, filtered water, spinach, olive oil, Himalayan salt, garlic, cayenne.	9.9
ALOE' LOVELY <i>Hit the digestive refresh button with this hydrating aloe juice.</i> Young Thai coconut water, cucumber, pineapple, aloe vera, lemon.	9
CAN'T BEET CHIA <i>Can't beat the intense flavour and high fibre of this chia-packed liquid meal.</i> Apple, beetroot, filtered water, coconut nectar, mint, chia seed.	9.9
ALL PINKED OUT <i>A perfectly pink drink providing a nourishing high-energy cleanse.</i> Pineapple, apple, strawberry, beetroot, ginger.	9
GIMME GRAPEFRUIT <i>Gimme that immune boosting vitamin C goodness!</i> Grapefruit, pear, orange.	9
SUMMER CHILLS <i>Like a gentle summer breeze this juice will chill you with its flavoursome antioxidants.</i> Orange, pineapple, carrot, grapefruit, lime.	9
CALM YO'SELF <i>Calm your farm with this delicate, relaxing and refreshing juice.</i> Chamomile tea, pear, strawberry.	9
SYLKEN MYLK <i>An indulgent, perfectly balanced and silky smooth house-made almond mylk.</i> House-made almond mylk, medjool date, coconut oil, vanilla, Himalayan salt.	9.9

★ OATS / CHIA ★	
ACTIVATED OATS Activated rolled oat, house-made almond mylk, cinnamon, cardamom.	6
SULTANA ACTIVATED OATS Activated rolled oat, house-made almond mylk, sultana, cinnamon, cardamom	6
CHOCOLATE CHIA SEED PUDDING Young Thai coconut water, chia seed, agave, maca powder, cacao powder, topped with fresh fruit and shredded coconut or house-made organic granola.	7.5
DATE AND PISTACHIO CHIA SEED PUDDING House-made almond mylk, chia seed, pistachio, medjool date, topped with fresh fruit and shredded coconut or house-made organic granola.	7.5
CHIA SEED PARFAIT Chocolate chia seed pudding, coconut yoghurt, house-made jam, house-made organic granola, cacao nib.	7.5

★ RAWesome ★	
DATE AND PISTACHIO BLISS BALLS Pistachio, almond, medjool date, coconut oil, cacao, agave, rosewater.	3
VANILLA COCONUT BLISS BALLS Almond, coconut, medjool date, coconut oil, agave, vanilla.	3
CHOCOLATE HAZELNUT BLISS BALLS Almond, hazelnut, cacao butter, cacao, coconut oil, coconut, agave.	3
LEMON COCONUT BLISS BALLS Almond, cashew, coconut, agave, lemon, vanilla, coconut oil.	3
RAW RASPBERRY TART Medjool date, flaxseed, chia seed, coconut, cashew, agave, raspberry, rosewater, pomegranate.	6
RAW SALTED CARAMEL SLICE Medjool date and almond crust, salted caramel cashew butter filling, raw chocolate topping.	6
RAW CHOCOLATE COOKIES WITH VANILLA CASHEW CREAM Rolled oat, medjool date and cacao cookies sandwiched around vanilla cashew cream.	4

★ WILD FORAGED SALADS ★	
KALE AND CAULIFLOWER SALAD Roast cauliflower, kale, chickpea, spring onion, almond, pine nut, creamy tahini dressing.	9 / 12
RAW ZUCCHINI SALAD Raw zucchini ribbon, rocket, baby spinach, mung bean sprout, toasted pumpkin seed, walnut, citrus avocado dressing.	9 / 12
ROAST VEGETABLE SALAD Roasted pumpkin, potato, beetroot, broccoli, capsicum, quinoa, spinach, toasted pumpkin seed, basil pesto dressing.	9 / 12
FALAFEL AND TABBOULEH SALAD Baked falafel, kale & parsley quinoa tabbouleh, tomato, cucumber, red onion, vegan garlic aioli dressing.	9 / 12

★ ORGANIC SMOOTHIES ★			
NO SUGAR, DAIRY, ANIMAL FAT OR PRESERVATIVES JUST DELICIOUS ORGANIC WHOLESOME GOODNESS. 500ML/ 700ML			
ETERNAL LIFE <i>This smoothie flows direct from the fountain of youth with its regenerating, antioxidant-packed berries, muscle repairing protein and skin-hydrating coconut water and oil.</i> Young Thai coconut water, banana, strawberry, raspberry, blueberry, agave, hemp protein, coconut oil.	6 / 9	FRUIT OF THE GODS <i>A heavenly blend of Amazonian acai, fresh stone fruit, berries and young Thai coconut water that is low in calories but bursting with fresh flavour and a powerhouse dose of cleansing antioxidants.</i> Young Thai coconut water, acai pulp, mango, strawberry, raspberry, pomegranate powder	9 / 12
HOME RUN <i>Feel the elation of sliding into home base every time you hit this chunky, creamy liquid superfood meal that is packed with immune boosting camu camu.</i> Young Thai coconut water, coconut meat, apple, banana, blueberry, hemp protein powder, camu camu, coconut oil.	6 / 9	BUZZ ME BABY <i>There is simply no better coffee frappe on this planet. This indulgent single-origin coffee and cacao smoothie is laced with the smooth nuttiness of almond butter, the sweetness of medjool date and a gentle hint of vanilla and cinnamon.</i> House-made almond mylk, organic single-origin coffee, cacao, banana, medjool date, house-made almond butter, cinnamon, vanilla.	6 / 9
SAIL AWAY <i>This smoothie will take you on a sun-drenched summer holiday from the very first sip to the last delicious drop of exotic coconut water, blissful banana and pineapple with a hint of soothing island spice.</i> Young Thai coconut water, banana, pineapple, aloe vera juice, ginger, mint, cinnamon.	6 / 9	SIMPLE THINGS <i>This smoothie is testament to the concept of keeping things simple which in this case has resulted in a beautiful banana smoothie with sweet chunky coconut flesh and a hint of cinnamon.</i> House-made almond mylk, banana, coconut meat, agave, cinnamon.	6 / 9
PB&J <i>This is the ultimate expression of the Live Life Liquid philosophy. We have taken the decadence of the classic peanut butter and jelly sandwich and created a smoothie that is deliciously balanced between the creamy, nutty texture of house-made peanut butter and the gooey sticky sweetness of our house-made jam.</i> House-made almond mylk, peanut butter, strawberry, raspberry, house-made almond butter, banana, agave, Himalayan salt.	9 / 12	CHOCOLATE BUTTERCUP <i>Beware - this smoothie is addictive! You will never believe this smoothie is completely sugar-free and 100% good for you. We have blended the richness of two house-made nut butters with the sweet velvety texture of medjool date and raw cacao to create what we believe is the healthiest chocolate fix on the planet.</i> House-made almond mylk, banana, medjool date, house-made almond butter, hemp protein powder, cacao, peanut butter, vanilla.	9 / 12
SMOOTH CRIMINAL <i>This killer smoothie is always identified in our line-up as an unbeatable thriller with its silky, creamy texture of avocado, banana and house-made almond mylk and the brutal antioxidant power of blueberries.</i> House-made almond mylk, avocado, blueberry, banana, agave.	6 / 9	POWERBROKER <i>This is our most powerful, antioxidant-packed smoothie. We have taken all the natural goodness of acai and balanced it with delicate fruit flavours and a splash of coconut water.</i> Young Thai coconut water, mango, pineapple, strawberry, acai powder.	6 / 9
LIQUEFY³ <i>This is our signature smoothie. It is loaded with 3.5 billion years of superfood goodness from live Klamath blue green algae and the amazing flavours and texture of apple, coconut flesh and avocado.</i> Young Thai coconut water, apple, coconut meat, pineapple, agave, lemon, mint, avocado, e3live (Klamath blue green algae).	9 / 12	MY MY CHERRY PIE <i>Choc full of sweet cherries, young Thai coconut meat, a hint of cacao and medjool dates, this rich indulgent smoothie is Liquefy's salute to the famous chocolate bar.</i> House-made almond mylk, cacao, cherry, coconut meat, banana, medjool date.	9 / 12
<i>Add ins - House-made almond butter, cacao powder, hemp protein, chia seed, e3 live (Klamath blue green algae), wheatgrass powder, camu camu powder, maca powder, spirulina powder, acai powder.</i>			

★ BOTTLED ORGANIC KIDS SMOOTHIES / 250mL ★	
BANANA BLAST House-made almond mylk (filtered water, raw almond, medjool date, coconut oil, vanilla, Himalayan salt) banana.	5
COCO DREAM House-made almond mylk (filtered water, raw almond, medjool date, coconut oil, vanilla, Himalayan salt), cacao powder.	5
STRAWBERRY FIELDS House-made almond mylk (filtered water, raw almond, medjool date, coconut oil, vanilla, Himalayan salt), strawberry.	5
VANILLA THRILLER House-made almond mylk (filtered water, raw almond, medjool date, coconut oil, vanilla, Himalayan salt).	5

★ LIQUEFY SIGNATURES ★	
QUINOA AND CAULIFLOWER SUSHI Quinoa and raw cauliflower 'rice', pine nut, sunflower seed, carrot, lettuce, cucumber, avocado, nori.	9
COCONUT CEVICHE SALAD Young Thai raw coconut meat, tomato, avocado, red onion, spring onion, coriander, red chili, lime, citrus marinade, Himalayan salt, pepper.	9

★ LIQUEFY SUPER BOWLS ★	
ACAI BOWL Frozen acai, banana, organic cold-pressed apple juice, made your way with any of our add ins and topped with fresh fruit, house-made organic granola, cacao nib and shredded coconut.	9 / 12
ACAI PARFAIT Layers of blueberry, acai w/ peanut butter and house-made almond mylk, banana, acai w/ cold-pressed apple juice, topped with strawberries, shredded coconut and cacao nibs.	12
ORGANIC GRANOLA BOWL House-made organic granola, topped with coconut yoghurt, shredded coconut, cacao nib, fresh fruit and your choice of milk.	9

★ DRIED / ACTIVATED ★	
SALTED KALE CHIPS Dehydrated kale chips seasoned with Himalayan salt.	7
SWEET POTATO CHIPS Dehydrated sweet potato chips seasoned with Himalayan salt	7
ACTIVATED NUTS Mixed organic nuts, spice, Himalayan salt.	11
HOUSE-MADE ORGANIC GRANOLA Rolled oat, almond, pecan, coconut, flax seed, coconut oil, spice, maple syrup.	16

★ TOAST ★	
ORGANIC SOURDOUGH (2 SLICES) Served with <i>pepe saya</i> butter Add avocado salsa, house-made jam or peanut butter.	6 / 8
ORGANIC SOY AND LINSEED SOURDOUGH (2 SLICES) Served with <i>pepe saya</i> butter Add avocado salsa, house-made jam or peanut butter.	6 / 8
ORGANIC FRUIT SOURDOUGH (2 SLICES) Served with <i>pepe saya</i> butter.	6
GLUTEN FREE TOAST (2 SLICES) Served with <i>pepe saya</i> butter Add avocado salsa, house-made jam or peanut butter.	6 / 8

★ PRE-BOTTLED COFFEE DRINKS ★	
KAFFEINATOR <i>We have taken our house-made spiced almond mylk and blended it with our single-origin organic coffee to create a rich, dairy-free coffee indulgence that can be enjoyed cold anytime.</i> House-made almond mylk (filtered water, raw almond, medjool date, coconut oil, vanilla, Himalayan salt), single-origin organic coffee.	500ML / 9.9
BLACK OUT <i>Wake up! This bottled espresso is the ultimate power-hit.</i> Filtered water, single-origin organic coffee.	250ML / 6

★ LIQUEFY SINGLE ORIGIN COFFEE ★			
100% ORGANIC COFFEE			
	FLAT WHITE	S / L	4 / 5
	CAPPUCCINO	S / L	4 / 5
	LATTE	S / L	4 / 5
	ESPRESSO	S / D	4 / 5
	MACCHIATTO	S / L	4 / 5
	LONG BLACK		4
	MOCHA	S / L	4 / 5
Barambah Organic Milk (full cream and skim), Bonsoy Coconut Milk House-made Almond Mylk	HOT CACAO	S / L	4 / 5

★ LIQUEFY SINGLE ORIGIN ORGANIC BEANS ★	
500g BAG	
FIVE BEAN ORGANIC HOUSE BLEND producing a lush, warm, comforting, full-bodied yet slightly spicy coffee.	22
SINGLE-ORIGIN, ORGANIC SUMATRAN GRAND CRU COFFEE that is complex and bold with a fine clean finish and hints of roast caramel and spiced fruit.	22
DELICATE, SWISS-WATER DECAFFEINATED ORGANIC BEAN with the characteristics of a traditional bean producing hints of chocolate and vanilla.	25

★ PUKKA TEA ★			
HARMONISE Rose, sweet vanilla & chamomile.	4	GORGEOUS EARL GREY with bergamot.	4
ELEGANT ENGLISH BREAKFAST	4	ELDERBERRY AND ECHINACEA with elderflower	4
MINT GREEN TEA with sweet spearmint.	4	LIQUORICE & CINNAMON	4



LIQUEFY SPRING WATER
600mL **3**