

LEARNING RESOURCES

# OLD ENOUGH to SAVE the PLANET

*Be inspired by real-life children taking action against climate change*

THERE IS NO PLANET B



Written by  
Loll Kirby

Illustrated by  
Adelina Lirius

Learning Resources by  
Eva John



# Calling all activists!

Are you ready to discover how you can make a difference? There are lots of children all around the world campaigning for change and we invite you to join the fight to protect the environment too!

These learning resources have been compiled to encourage further investigation into the topic of climate change activism through a variety of engaging exercises.



Pinned Tweet



**Anna Taylor**  
@AnnaUKSCN

...

3 ways climate activism has improved my mental health:  
1) Built a sense of connection + unity across the world.  
2) Given me a sense of purpose + empowerment.  
3) Introduced me to the most kind and inspiring people I've ever met.

[#mentalhealthawarenessweek](#)

7:43 AM · May 14, 2019 · Twitter for Android

182 Retweets 8 Quote Tweets 800 Likes

This is the pinned tweet of the young climate activist who wrote the introduction to “Old Enough to Save the Planet.”



What is an activist?

Why do you think becoming a changemaker has had a positive effect on how Anna feels?

How old do you think you have to be to make a contribution towards saving the planet?

## Drama challenge



Read about the different young people featured in the book.

Choose one that you are particularly interested and undertake some more research. What else have you found out?

### Hot-seating

Take on the role of that character and answer the questions that are put to you.

For example:

What first motivated you to take action?

What are the barriers to change?

What have you learned about problem solving?



Map the different countries that the young people come from on a wall map, atlas or globe.

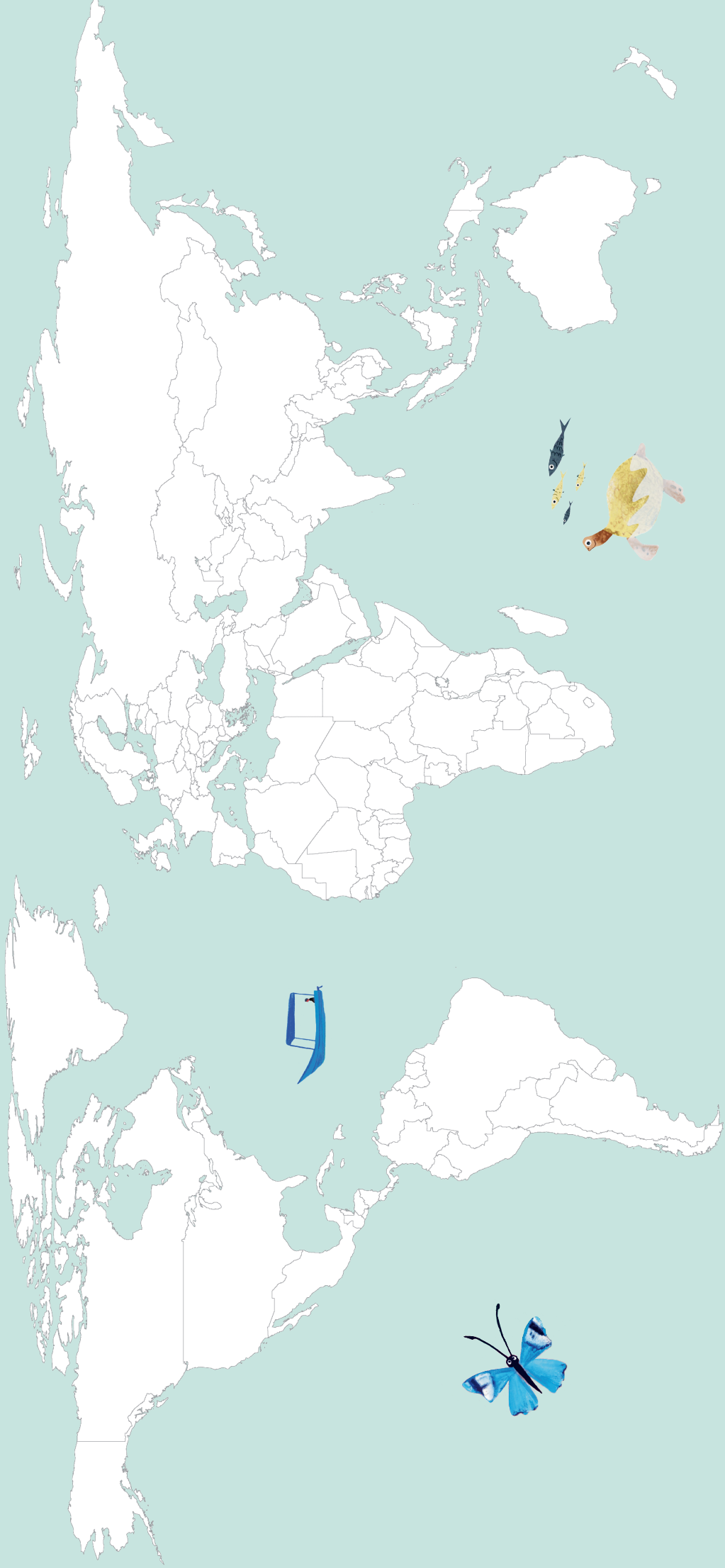
As you find out more about their work, identify the countries where they have had impact.

## Geography challenge





# WORLD MAP



## Action planning



As you read about the different young changemakers in this book, consider which of the problems they are tackling have the most direct impact on your life.

Consider how you would order these problems with regard to greatest worldwide impact.

We have included a page for you to print and cut out, placing each of the campaigns featured in the book in order.

Make decisions about what you can do.

There are some ideas and very useful websites at the back of the book to start your thinking.

Make lists of the actions that you can take and ways to make your voice heard.

Decide what you can do immediately and what you can do in the near future and create a pledge document, poster, or concertina booklet .







**Reforestation**



**Traffic pollution  
reduction**



**Eradicate single-use  
plastic**



**Rewilding**



**Protecting  
endangered species**



**Litter reduction**



**Community  
gardening**



**Bee-friendly  
gardening**



**Composting**



**Reduce ocean  
pollution**



**Responsible palm  
oil farming**



**Water conservation**



## Creative challenge



Look at the endpaper design for inspiration and then create an endpaper design showing one or more of the themes below:

**endangered animals**

**community gardens**

**the ocean**

**rainforests**

**woodlands**

**rivers**

**cities or towns**

You could use this as a background for your written pledge.



Design icons for all of the ways you could help in your own community. One example: stop using clingfilm.

Create a poster or chart, where you can add the icons as you adopt the different actions to help the planet.



## Citizen science



Conduct a plastics survey at home.

Start with a room in your home and list all of the items that are made of plastic.

Which of these items could you live without quite happily and which are essential items?

You could extend the survey to the whole house and discuss how you can have a more sustainable approach as a family.

You could extend your survey to include shops.

How many plastic items on sale are vital for life?

How are the products packaged?

Are there any alternatives that could be used or developed?

Does your local shop need their awareness raised about alternatives? If so, what could you do?







Conduct a traffic survey.

You could do this from inside your house if there is a window through which you can see the road. Alternatively, if there is a local area which suffers from traffic congestion, you could complete a traffic survey at different times of the day.

You must **always** wear a mask to protect yourself if you are outside in a congested area conducting a survey like this.

Think about how you will use the information you collect in order to improve conditions. In what ways can you display your findings to have the greatest impact?

Who will you contact in order to bring about change?





# Traffic Survey

Date: ..... Day of the week: .....

Start time: ..... End time: ..... Survey length: .....

Survey location: .....

Weather: ..... Survey conducted by: .....

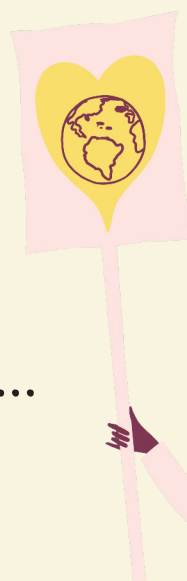
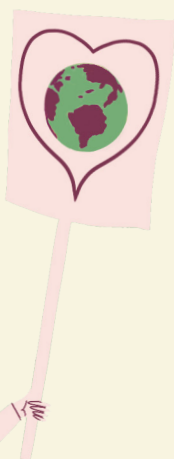
<b>Traffic type</b>	<b>Tallied</b>	<b>Total</b>
Bicycle		
Motorcycle		
Car		
Van / Truck		
Small lorry		
Articulated lorry		
Bus		
Construction vehicle		
Farm vehicle		

## Writing challenge



Create your own conservation chant, using the first lines from each page. These could list the actions you are planning to take.

These are some synonyms that you might want to substitute for some of the words: **enterprising, capable, intelligent, mature, bright, brainy, wise, keen, persuasive, influential, dynamic, compelling, understanding, benevolent, talented, motivated, activated, perceptive, discerning, competent, committed.**



I'm big enough to ...  
I'm resourceful enough to ...  
I'm smart enough to ...  
I'm powerful enough to ...  
I'm compassionate enough to ...  
I'm creative enough to ...  
I'm inspired enough to ...  
I know enough to ...  
I'm responsible enough to ...  
I care enough to ...  
I'm clever enough to ...  
I'm dedicated enough to ...

You might like to end with a line that talks about the power of collaboration. For example: Together we can ...

You could add a musical accompaniment, practise, perform, record and share.





## Design challenge

Create a card or board game about tackling climate change.

You could include different regions in your work. For example: river, ocean, wetland, town, city, village, mountains, woods, rainforest.

Consider the variety of hazards and risks you could highlight and the different steps and solutions required to bring about positive change.



## Further ideas

### Earth Hour

This takes place on the last Saturday of March from 8.30.- 9.30. Find out about it and decide the ways that you and your family can take part.

[www.earthhour.org](http://www.earthhour.org)

Have a look at the back of the book to find other ways in which you can help to save the planet and think about how you can change the world too.

