



PA Dutch Meadow Tea

The perfect refreshing drink for your summer!

Ingredients

- 2 cups packed fresh mint leaves
- 1 3/4 cups sugar
- 2 1/2 cups water

Directions

1. Pick and wash mint leaves.
2. Place mint leaves in a large glass dish with a lid.
3. Add sugar and water to a small saucepan and bring to a simmer until sugar has completely dissolved.
4. Pour sugar water over mint leaves. Cover and let steep for 10-20 minutes.
5. Uncover, muddle the leaves slightly, and strain the leaves.
6. Pour cooled, strained tea into pitcher of ice, and add water until it equals 1 gallon. Stir. If desired, add lemon slices or fruit of your choice.

Yield: approximately 1 quart of concentrate, 1 gallon of meadow tea



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