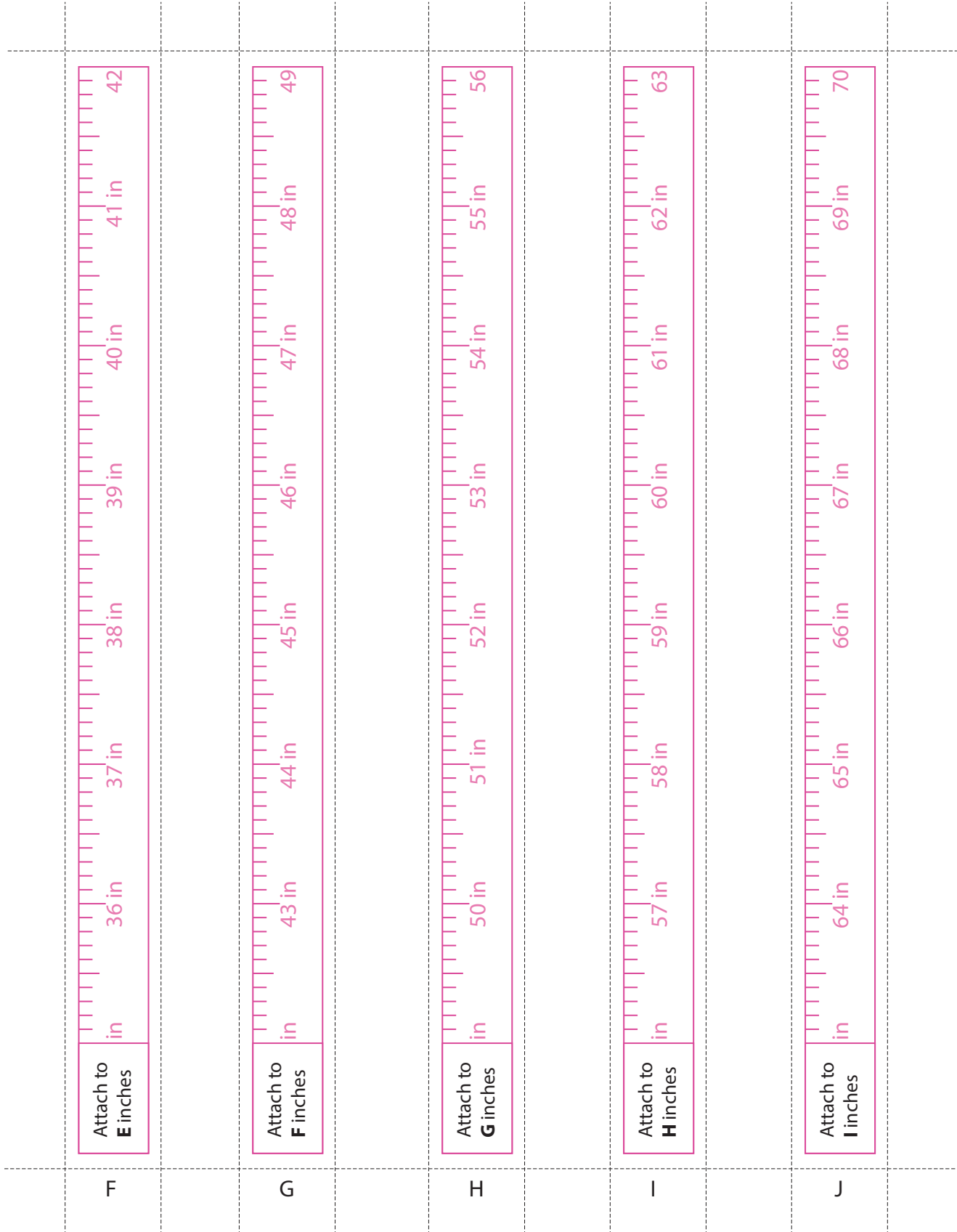


1. Print out measuring tape document (make sure to use the "actual size" setting)
2. Cut out measuring tape sections A-J
3. Tape the sections together where it reads "Attach to X inches"
4. Measure yourself!



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