

BREAKFAST

EGGS

Served with sliced tomato & cucumber; coleslaw; french fries or side salad; bagel or bread

Substitute twister or flat bagel +.99
Substitute sweet potato fries +1.99
Israeli salad +2.99

TWO EGGS	9.99
EGGS & ONIONS	11.99
EGGS & LOX	14.99
EGGS, LOX & ONIONS	15.99

BUILD YOUR OMELETTE

THREE EXTRA LARGE EGGS	11.99
tomato / green pepper / olives / mushroom / onion	.99ea
cheddar / swiss	2.29ea
spinach / asparagus	2.29ea
feta / mozzarella	2.99ea
lox	2.99
Egg whites +.99	

FROM THE GRIDDLE

CHALLAH FRENCH TOAST	9.99
GOLDEN WAFFLE	9.99
HOMEMADE PANCAKES	9.99
Choc chips/banana +1.49	

SCOOPS & PLATTERS

Served with bagels or bread

SCOOPS: sliced tomato & cucumber
PLATTERS: sliced tomato & cucumber; and french fries or side salad

	SCOOPS	PLATTERS
CREAM CHEESE	8.49	11.49
CHOPPEDEGG	8.49	11.49
SALMON SALAD	11.99	14.99
TUNA SALAD	10.99	13.99
SMOKED WHITEFISH SALAD	11.99	14.99

CAN'T DECIDE? HAVE IT ALL!
TRY OUR FAMOUS

Combination Platter

TUNA / CHOPPED EGG
COLESLAW / POTATO SALAD
19.99

Served with two bagels or a twister
Substitute one scoop for:
cream cheese +3.99
chopped egg +4.99
tuna or salmon +5.99
Smoked whitefish +6.99

FRUITS & SWEETS

YOGURT PARFAIT granola + yogurt + berries + honey	10.99
GRAPEFRUIT HALF	3.99
MIXED FRESH FRUIT	3.60/4.99
Add sour cream or yogurt +2.49	
Add scoop cottage cheese +3.99	
RICE PUDDING	3.99
BAKED APPLE	3.49
PEANUT BUTTER CUP	.99
SLICED BANANA	1.99
ICE CREAM	2.49
OATMEAL	5.99

From the OVEN

BAGEL poppy, sesame, pumpernickel, plain, whole wheat, multigrain	1.79
TWISTER OR FLAT BAGEL poppy, sesame	2.25
CROISSANT	2.25
MUFFIN	2.79
BREAD OR TOAST challah, rye, pumpernickel, whole wheat	1.79
Gluten free bread 2.79	
Nate's Gluten Free Bagles 2.99	

FROM THE APPS SHTETL

Make it a combo.

Add soup cup, side salad or fries.
Pick 1 +3.99 / pick 2 +5.99

GEFILTE FISH sweet or pepper	10.99
NOVA LOX APPETIZER	12.49
SALMON PATTIE	9.99
CHOPPED HERRING	7.99
CABBAGE ROLL	9.99
STUFFED PEPPER	9.99

PASTA & PARM

Make it a combo.

Add soup cup, side salad or fries.
Pick 1 +3.99 / pick 2 +5.99

MACARONI & CHEESE	10.99 / 14.99
FETTUCINE ALFREDO	11.99 / 14.99
Add smoked salmon +4.00	
SPAGHETTINI savory tomato rosé sauce	10.99 / 14.99
EGGPLANT PARMIGIANA	16.99
VEGETARIAN LASAGNA house-made vegetable-rich tomato sauce + mozzarella cheese	16.99

UNITED BAKERS

DAIRY RESTAURANT

A Toronto tradition since 1912

UNITEDBAKERS.CA /UNITEDBAKERSTO /UNITEDBAKERS

WORLD FAMOUS SOUPS

We cook two fresh soups daily following our own Old World recipes

CUP 4.49 BOWL 5.49

EVERYDAY
GREEN SPLIT PEA
BEET BORSCHT
served hot or cold (seasonal)

MONDAY & THURSDAY
VEGETABLE

WEDNESDAY & SUNDAY
POTATO

TUESDAY & SATURDAY
BARLEY BEAN

FRIDAY
CABBAGE BORSCHT

SALADS

Add a scoop of tuna +6.99
Smoked whitefish +7.99
Cream or cottage cheese +4.99
*served with bagel or bread

GREEK SALAD	14.99 / 18.99*
head lettuce + tomato + cucumber + green pepper + celery + egg + feta + olives + greek herb dressing	
NICOISE SALAD	14.99 / 17.99*
romaine + peppers + green beans + egg + potato + tuna + olives + dijon vinaigrette dressing	
CAESAR SALAD	10.99 / 13.99
SPINACH SALAD	14.99
fresh spinach + cherry tomatoes + mushrooms + mozzarella + our own creamy spinach dressing	
GARDEN FRESH SALAD	10.99
romaine + fresh vegetables	
SPRING MIX	14.99
spring mix + cherry tomato + berries + feta + honey pecans + honey vinaigrette dressing	
SHUK QUINOA SALAD	14.99
broccoli + chickpeas + peppers + quinoa + olive oil + lemon + kale + seeds	

Specialty SANDWICHES

Served with coleslaw or potato salad; french fries or side salad
Substitute sweet potato fries +1.99
Israeli salad +2.99

LOX & CREAM CHEESE PLATTER	20.99
twister bagel + tomato + cucumber + sliced onion	
GRILLED CHEESE PLATTER	11.99
Add grilled tomatoes +.99	
CLUB-HOUSE DELUXE	19.99
double-decker lox & cream cheese + tomato + lettuce + onion + cucumber + dark rye	
TUNA REUBEN	17.99
melted cheddar cheese + twister bagel	
SALMON DELIGHT	17.99
cucumber + lettuce + tomato + swiss cheese + kaiser bun or twister bagel	
OPEN FACE TUNA MELT	16.99
AU CROISSANT melted mozzarella + tomato	
TUNA WRAP	16.99
lettuce + sprouts + tomato	
GRILLED VEGGIE WRAP	16.99
mixed greens + goat cheese + spring mix dressing	
PIZZA BAGEL	15.99
house-made savoury vegetable & tomato sauce + mozzarella + twister	
UB BEYOND BURGER	14.99
lettuce + tomato + onion + pickle + aoli sauce served with fries, side salad & coleslaw	
Add cheddar / swiss +1.49ea	
Add grilled mushrooms / fried onions / sauteed spinach +.99ea	

If anyone in your party has a food allergy, please inform your server when placing your order



MIDDLE EASTERN

SHAKSHOUKA With a sprinkle of feta +.99	14.99
HOMOUS + FALAFEL	9.99
HOMOUS + TAHINA	9.99
FALAFEL + TAHINA	9.99
Items above served with pita	
ISRAELI SALAD	4.99 / 6.99

FISH

Served with sliced tomato & cucumber; coleslaw; fries or side salad; bagel or bread
Substitute sweet potato fries +1.99
Israeli salad +2.99

GEFILTE FISH	17.99
FILLET OF SOLE	18.99
FISH & CHIPS sole	18.99
RAINBOW TROUT garlic butter + almonds + mushrooms	18.99
BAKED CARP	21.99
GRILLED ATLANTIC SALMON sauteed vegetables + savoury rice	22.99

DAIRY DELIGHTS

*Served with a choice of sour cream, apple sauce or blueberry topping

POTATO LATKES* 3PCS	8.99 / 6PCS 15.99
CHEESE BLINTZES* 1PCS	7.99 / 2PCS 15.99
CHEESE OR POTATO KREPLACH* boiled or fried 4PCS 10.99 / 7PCS 15.99	
Add fried onions +1.99	
KASHA + BOWTIES	10.99 / 13.99
buckwheat pasta + fried onions	
NOODLES WITH COTTAGE CHEESE	12.99 / 15.99

SIDE DISHES

POTATO LATKE with apple sauce or sour cream	2.99
FRENCH FRIES	3.99
SWEET POTATO FRIES	4.99
ONION RINGS	4.99
POTATO baked, boiled, roasted or mashed	3.99
RICE	2.49
SAVOURY RICE	3.49
SAUTÉED VEGETABLES	3.99
SLICED TOMATO & CUCUMBER	2.99
POTATO SALAD OR COLESLAW	2.49
DILL PICKLE	1.99
KALAMATA OLIVES	2.79
FETA CHEESE	2.99
CHEF SALAD	4.99

BEVERAGES

FRESHLY BREWED COFFEE	2.99
HERBAL TEA	2.99
HOT CHOCOLATE	2.99
ICED TEA	2.99
MILK homogenized, skim or chocolate	S 1.99 / L 2.99
SOFT DRINKS (can) Coke, Diet Coke, Ginger Ale, 7-UP	2.99
JUICE Apple, Grapefruit, Orange, Tomato, Cranberry	S 1.49 / L 1.99 / XL 2.99
BOTTLED WATER OR JUICE	1.99
PERRIER OR BOTTLED ICED TEA	2.99
MILKSHAKE chocolate, vanilla, strawberry	3.99

CHILDREN'S MENU

12 & under

8.99

Includes a beverage (milk, chocolate milk, juice)
Canned pop +.199
Mixed fresh fruit cup +1.99

MACARONI & CHEESE
GRILLED CHEESE with french fries
HOMEMADE PANCAKES with syrup
EGGS with french fries & toast
FRENCH TOAST
PIZZA BAGEL with french fries
FISH & CHIPS sole
PASTA with tomato sauce*

* Our tomato sauce is cooked with vegetables. Plain sauce is available upon request.

All our FRESH PASTRY IS ON DISPLAY AT OUR BAKERY

ALL OUR DELICIOUS FOODS ARE AVAILABLE TO TAKE HOME

FINE CATERING FOR ALL OCCASIONS

U = VEGAN