

## LET'S FIND YOUR WRIST SIZE.



- 1 Print this page at 100%. Do not scale to fit. (To make sure you printed at 100%, place a credit or ID card in the box below. If it's an exact fit, you're good to go.)
- 2 Cut the ruler. Then wrap it tightly around your wrist where you would like to wear your bracelet. To get that snug fit where the bracelet doesn't slide up and down your wrist make sure the ruler is snug when measuring.
- 3 NOTE: If you are purchasing this for a friend we recommend the following sizes:

Woman: 7.0"

Men: 8.25"

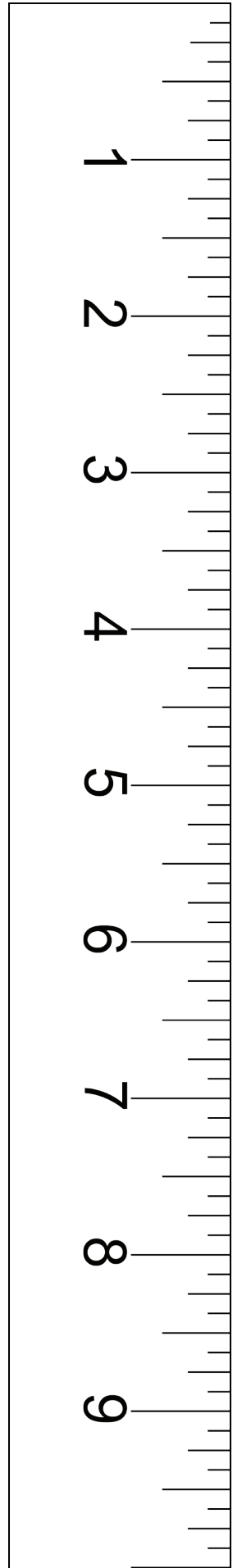
Children:

6-9 yrs old: 6"

10-13 yrs old: 6.5"

I don't recommend giving these bracelets to kids under 5 due to choking hazards.

Confirm your print size  
by placing a credit card here.



RISE WITH EASE  
*intentional craft*