



**WELLNESS  
SOLUTIONS**

# LED Light Therapy Bed

User Information Guide

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# How it works



950mm Height

1870mm Wide

880mm Depth

- 1 LED (Light-emitting diode) light therapy is a non-invasive treatment that enters the skin's layers to improve the skin.
- 2 It uses specific wavelengths of light, typically in the red and near-infrared spectrum, to stimulate cellular activity and promote various therapeutic effects.
- 3 Red LED light therapy may reduce inflammation and stimulate the production of collagen, a protein responsible for younger-looking skin that diminishes with age.
- 4 Benefits may include improved skin health and collagen production, reduction of inflammation, acceleration of wound healing, alleviation of muscle and joint pain.



# How to use your LED Bed

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- 1 Wear comfortable clothing and remove makeup if desired.
- 2 Wipe down the inside bed area with a dry cloth.
- 3 After putting on your goggles, follow the bed's instructions for comfort and positioning.
- 4 Select the fan speed (optional).
- 5 Press start and lie down on the bed.
- 6 Relax or meditate while you enjoy your treatment.



# Safety Precautions

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- Consult with a healthcare professional before starting LED light therapy, especially if you have pre-existing health conditions, skin sensitivities, or are taking medications.
- Always wear protective goggles to shield your eyes during the session.
- If pregnant, consult with a healthcare provider before using the LED light therapy bed
- If you are photosensitive or taking medications that increase sensitivity to light, consult with a healthcare professional before starting LED light therapy
- LED light therapy is generally not recommended for children without proper medical supervision. Consult with a healthcare professional for guidance.
- Stay well-hydrated before and after the session to support the body's natural processes.
- Remove photosensitive materials, such as jewellery or clothing with reflective elements, before the session to avoid potential irritation or discomfort.
- If you experience any adverse reactions, discomfort, or unusual side effects during or after the session, discontinue use and seek medical advice.

# Medical Warnings

## Not recommended for the following people

(persons with any of the conditions listed below or who are undergoing medical treatment or suffer from medical conditions should consult with their physicians before using the bed)

- Patients with serious hyperostosis
- Swollen lump and patient thrombosis
- Patients with serious heart conditions (pacemakers or other devices prone to electronic interference)
- Pregnant women
- People that consume large amounts of alcohol
- People with diabetes or high blood pressure
- People suffering from high fever
- Patients with malignant tumours or malignant abscesses
- People with distorted joints
- People with serious skin conditions
- People with spinal injuries
- While using device if you feel unwell stop immediately and consult with your physician

## Do's and Don'ts

- Do not operate with any damaged parts
- Do not use while smoking, drinking or eating
- Do not place or store this machine near damp or humid places such as swimming pools or bathrooms, or unplug cords with wet hands
- Do not place near steam oven, open fire or heat
- Do not use in the environment which is dusty, greasy or lacking oxygen
- Do not place directly in the sun or outside
- Do not operate with more than one person

## General Warnings

- Do not attempt to repair or adjust any electrical or mechanical functions on this unit. Doing so will void the warranty.
- Use this appliance only for its intended use as described in this manual.
- Never operate this appliance if it has a damaged cord or plug. Do not re-wire the wires connected to the master box.
- Keep cord away from heated surfaces and heavy traffic areas. Do not alter, twist, bend or place heavy objects on the cord.
- Always unplug from electrical outlet after use and before cleaning it.
- Unplug the unit immediately if there is a power outage
- Please empty pockets and remove all your arm jewellery and watch before using.
- Wear suitable clothing
- Only people less than 120kgs (265lbs) are acceptable

Failure to observe any of the above precautions may result in health damage, accident, injury or electrical shock.

### GROUNDING INSTRUCTIONS

This product must be grounded.

# Contact Information

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 0435 969 272

 [info@wellnesssolutions.com.au](mailto:info@wellnesssolutions.com.au)

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