



Name.....

is going to brush their teeth every day. In the morning and at bedtime.

Morning















Evening













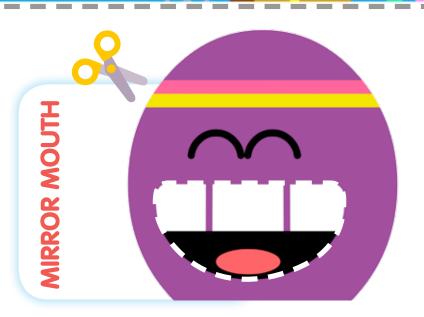




## **BRUSHING CHART**

## **MIRROR MOUTH**

Snip out Betty's picture (then cut out the mouth), and stick it to your bathroom mirror. Have fun smiling into it when you've brushed your teeth to look like Betty!



TOOTHBRUSH HOLDER

Glue this around a cup and pop in your toothbruush.

