

## 1.8 Pre-Treatment Preparations

- Advise the patient to avoid skin irritation or intentional skin tanning. Sun-screen is advisable when outdoors during daylight hours.
- The patient should discontinue any irritant topical agents for 2-3 days prior to treatment.
- The patient should arrive for treatment with clean skin. There should be no lotion, make-up, perfume, powder or bath/shower oil present on the skin in the area to be treated.
- The patient is prepared: photos, informed consent, marking of areas, etc.
- The Morpheus8 tip cannot be fully submerged in the liquid to avoid electrical shorts.
- Any topical Lidocaine application or Lidocaine injection should only be administered with a physician order and under a medical director's supervision.

## 1.9 Post-Treatment Care

- Immediately after treatment, most patients will experience erythema (redness) for 1-3 days, however for more aggressive treatments this may last longer. Slight to moderate edema (swelling) and a mild to moderate sunburn sensation are also common post treatment and may last 1-3 days. Skin may crust and peel for 2-7 days depending on treatment settings.
- Before discharge a topical ointment may be applied to the face, no bandages or wraps are necessary.
- There are no restrictions on bathing except to treat the skin gently, avoid scrubbing or trauma to the treated area.
- Avoid sun exposure to reduce the chance of hyperpigmentation.
- The use of a zinc oxide sun block SPF 30+ at all times after 24-48 hours.
- Multiple treatments over a period of several months may be required to achieve the desired response.