

DERMASOUND

This medical grade exfoliating treatment is cutting-edge and provides superior exfoliation and healing, without the inflammation caused by other methods. We will customize your protocol to treat acne, rosacea, fine lines, discolouration, and other signs of aging.

PREPARATION

To prepare for the DermaSound facial please discontinue any exfoliants (AHA, BHAs, Retinol) 3 days prior to the treatment. Avoid direct sun exposure 1 week prior to treatment.

DAY OF TREATMENT

There is no downtime unless a peel was performed with your treatment

DO

Follow the recommended home-care protocol recommended by your aesthetician or nurse

DON'T

Avoid direct prolonged sun exposure post-treatment



BARDÖT

BEAUTY BOUTIQUE



PEELS

After receiving your chemical peel, you will need to care for your skin to ensure it heals correctly. Half of the results from the treatment depend on how well you take care of your skin at home afterward.

PREPARATION / CONTRAINDICATIONS

In order to receive a chemical peel, the skin must be prepped and ready. Lack of preparation can lead to issues during and after the treatment, including healing time. It is important to take the necessary steps in order to achieve the optimal results. Visit your aesthetician or nurse a couple times a month for more active treatments and use daily recommended homeworkare for at least two weeks before any significant peel.

Accutane (within last year), Pregnancy, Breastfeeding (some limitations), Chemotherapy, RetinA, Sunburn, Open sores or wounds, Aspirin Allergy (Jessner & Salicylic Peels), Heart Condition (Jessner & Salicylic Peels), Active Cold sores, Some Auto Immune Diseases, Recent Facial Procedures.

DAY OF TREATMENT

Redness, itching, prickling/heat, slight swelling, possible tenderness and sensitivity, and tightness are common activities to be expected during and after peel.

DO

Step 1: Cleanse

Thoroughly cleanse to wash away debris and slough off dead skin will help prevent bacteria from building up

Step 2: Treat

Treat your skin with serums and masques recommended to promote healing. Applying gentle enzymes for 3 days post peel until peel has stopped to naturally exfoliate skin.

Sept 3: Balance

Balance with a moisturizer that repairs your barrier to maintain healthy, strong skin

Step 4: Protect

Apply a SPF to prevent UV damage and protect skin daily. Reapply every 2 hours

Homecare products should include ingredients like:

- Ceramides
- Fatty Acids
- Semi-occlusive
- Tyrosinase Inhibitor
- Peptides
- Lipids
- Vitamin C
- Hyaluronic Acid

DON'T

Avoid all sun exposure

Avoid exercise and sweating for 48 to 72 hours

Avoid baths and try to prevent the shower from spraying directly onto face

Do not pick, rub, or unnecessary touching of face

Minimize facial expressions

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