

PRP PROCEDURE

PRP is indicated for a variety of cosmetic and medical uses. The benefits of PRP include improvements in the volume, texture, and tone of the facial skin with decreased appearance of wrinkles. PRP has also been found to treat hair loss called androgenic alopecia (male or female pattern baldness) with good results of hair regrowth. Once you have received a platelet-rich plasma injection, the components will accelerate tissue healing via new collagen formation at the treatment site.

TREATMENT ACHIEVES:

- * Improve dull skin tone
- * Reduce wrinkles
- * Treat hair loss and thinning hair
- * Improve scars and acne
- * Improve skin texture
- * Increase collagen production
- * Enhance skin elasticity, tone and thickness

WHAT TO EXPECT AFTER PRP INJECTIONS:

It is important to understand that PRP injections are not filler-or filling the area. You will see some swelling from the plasma that was injected, however, this swelling will subside and begin stimulating collagen production to the area. Immediately following procedure, the most commonly reported temporary side effects are redness, swelling, bruising, tenderness, tingling, numbness, lumpiness, and/or a feeling of pressure or fullness at the injection site and/or treated area(s). Cold gel packs/ice may be applied immediately after to reduce swelling.

TO MAXIMIZE RESULTS AND PREVENT COMPLICATIONS:

Avoid scrubbing the injection site for at least 4 hours

Avoid direct high heat (eg. blow dryer, sun, sauna, steam room, very hot shower, hot yoga, strenuous activity or exercise, etc) for 24 hours

Contact the clinic if you notice any signs of infection (abnormal redness, pain, or leakage from injection sites)

Avoid anti-inflammatory medications such as Ibuprofen, Motrin, or Advil. These agents will interfere with the natural inflammatory process that is critical and responsible for your skin or hair rejuvenation.



THE BRIGETTE PRP FACIAL

TREATMENT INCLUDES AND ACHIEVES:

- * Dermaplaning to physically exfoliate dead skin and vellus hair to prepare the skin for treatment
 - * Microneedling to enhance absorption of PRP and assist in collagen building, smooth acne scars and fine lines, and help fill pitting or areas that lack structure.
 - * PRP injected to stimulate growth factors and improve skin tone, texture, and thickness
 - * Skin booster Hyaluronic Acid to improve hydration, improve appearance of fine lines, improve smoothness and even out skin tone
 - * Skin enhancing Vitamindrip TM "Cosmetic" IV fortified with amino acids and active ingredients to repair and stimulate collagen growth naturally. Indicated to reduce fine lines and wrinkles, suppress formation of acne and blemished, and produce collagen.
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DAY 1:

It is ideal to leave the PRP on the skin for at least 8 hours. On the next day, you may clean your face with cool water and apply moisturizer and other topical products as approved by your provider. Stay away from exfoliants or glycolic acids that are present as these can make your skin very dry after the procedure. Be sure to use an approved SPF 30 or greater sunscreen. Use Tylenol only as needed for any soreness. Use a clean pillow care for 3 nights following procedure. It is important to make sure everything touching your face is sanitized (makeup brushes, glasses, etc). Swelling and redness most likely will occur and last for a few days.

DAYS 2-7:

Within two days following your micro-needling PRP procedure, you may notice skin dryness and flaking. This is due to an increased skin turnover. During this period, you may apply your regular skin moisturizer or follow directions provided by your medical professional. If you were treated around the eyes, you may have little micro bruising and swelling that may exist for three to four days.

DAYS 7+:

A week after the micro-needling PRP procedure, most patients notice their skin is smoother and radiant. You may start to use exfoliants and active ingredients (glycolic, retinols, etc) again.

Recommend follow up and repeat treatment in 4-6weeks for best results in a series of 3-6 treatments.