

Health, Wellness & Modern Green Living

# organic spa

MAGAZINE

## HOLIDAY GIFT GUIDE

170+

Unique Green Gifts  
For Everyone

Give the Gift  
of Wellness

10 Ways to  
Shop Ethically

SPIRITUAL SPAS

DECEMBER 2014



A Lifestyle Publication  
[www.organicpsamagazine.com](http://www.organicpsamagazine.com)

Delicious  
Seasonal Dishes



Fabulous gifts for friends, family and colleagues who love

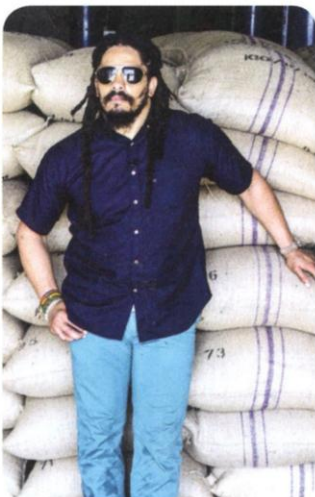


## Time Out for Tea

Some lovely indulgences for the tea-lover in your life.

**MEDITATIVE TEA POT** Inspired by the Zen gardens of Kyoto, the designs for these beautiful Palais des Thes tea Sekitei cast-iron pots are based on patterns left in the sand by the gardener's rake. \$149; [palaisdesthes.com](http://palaisdesthes.com)

**FIRST FLUSH** The Coffee Bean & Tea Leaf's delicious new limited edition organic teas—First Flush Darjeeling and Gunpowder Green—come in an elegant reusable tin. \$7.95 and up; [coffeebean.com](http://coffeebean.com)



**COFFEE DRINKERS, TOO** We love organic, Rainforest Alliance-Certified Marley coffee, from One Love medium roast to Get Up, Stand Up light. Founder Rohan Marley & company are just launching RealCup, a sustainable single serve cup now. from \$14.99; [marleycoffee.com](http://marleycoffee.com)



**HAND-STAMPED FLATWARE** Austin-based designer Aly Nickerson repurposes vintage flatware and stamps each piece with a clever saying, like "Cereal Killer," "You're My Cup of Tea," and more. \$16 and up; [forsuchatimedesigns.com](http://forsuchatimedesigns.com)



**STELLA SLIPPER** These babouche-style citron slippers are so pretty, it is tempting to wear them outdoors, too! \$50; [abchome.com](http://abchome.com)

**SPONGE BATH** The kitchen sponge is up to 200,000 times dirtier than your toilet seat, and harbors odor-causing bacteria that double every 20 minutes. Enter SpongeBath, a unique new invention for keeping sponges clean, while killing bacteria with an eco-friendly antimicrobial cleaning solution. \$29-\$34; [bedbathandbeyond.com](http://bedbathandbeyond.com)



**EMBROIDERED KITCHEN TOWEL** A set of two organic cotton kitchen towels with yarn-dyed stripes and a pretty smattering of geometric shapes. \$20; [coyuchi.com](http://coyuchi.com)



**BAMBOO CANDLE HOLDERS** These pretty little Bamboo DeLights candle holders will add an organic feel to any tabletop. \$4; [bambuhome.com](http://bambuhome.com)