

What is the 54 Day Novena?

Origin

Originated in the late 19th century in Naples, Italy, the 54 Day Novena is attributed to a young girl suffering from an illness thought to be incurable. Calling on Mary for help, Mary appeared to her and promised her healing if she prayed three novenas. The girl did so, and was miraculously healed. In a later apparition, Mary specified that the full prayer should have 3 novenas in petition, and 3 novenas in thanksgiving.

"Hail, Queen of the Most Holy Rosary, my Mother Mary, hail!"

The Petition

The 54 Day Novena is a beautiful devotion that consists of saying a Rosary for 54 days in a row (with a few extra prayers within the Rosary). A novena means praying 9 days in a row, so the 54 Day Novena is, in essence, 6 novenas: the first 3 novenas over the first 27 days are said in petition – asking Mary for her prayers for a particular intention. The remaining 3 novenas said over the last 27 days are in thanksgiving, whether or not you received what you brought to prayer.

Breakdown of the Novena

- ✓ 54 days
- ✓ 6 novenas: 3 in petition (27 days), 3 in thanksgiving (27 days)
- ✓ 3 sets of mysteries
- ✓ For each novena you'll say each set of mysteries 3 times in this order: Joyful, Sorrowful, Glorious — Joyful, Sorrowful, Glorious — Joyful, Sorrowful, Glorious.
- ✓ The Luminous mysteries weren't around when the 54
 Day Novena started though you certainly can include them if you'd like!

Why pray the 54 Day Novena?

This novena is a prayer for *all seasons of life*. You can pray the 54 Day Novena when you are suffering yourself, you're making a big decision, you're looking for work, or simply looking to grow closer to Mary. Suffering comes in many forms, but so does healing. We pray this beautiful devotion to grow in relationship with Mary and trust in the Lord — maybe even in hope of a miracle like the young girl from Naples. However, we know that prayer is not magic — many of us will pray this novena and not have our prayers answered in the way we hoped. We pray this 54 Day Novena in the hopes that no matter what, God's will may be done.

When do we pray the 54 Day Novena?

We pray this prayer in times of suffering, hope, and need when we can dedicate time and practice patience for 54 days of praying with the Blessed Mother. Some people like to begin or end on a Marian feast day, but any day will do. It's often helpful to have a partner to pray with to keep each other accountable.

This is a powerful prayer but can be complicated to follow. Here's a guide to help you in the entire Novena process.

54 Day Novena Prayer Tracker

in Petition											
1	2	3	4	5	6	7	8	9			
J	S	G	J	S	G	J	S	G			
10	11	12	13	14	15	16	17	18			
J	S	G	٦	S	G	J	S	G			
19	20	21	22	23	24	25	26	27			
J	S	G	J	S	G	J	S	G			

J for Joyful, S for Sorrowful, G for Glorious

in Thanksgiving											
28	29	30	31	32	33	34	35	36			
J	S	G	J	S	G	J	S	G			
37	38	39	40	41	42	43	44	45			
J	S	G	J	S	G	J	S	G			
46	47	48	49	50	51	52	53	54			
J	S	G	J	S	G	っ	S	G			

J for Joyful, S for Sorrowful, G for Glorious

Insert the dates on the Blue shaded fields to easily track your progress.

Click on the date to lead you to the prayer for the day.

Put a when you're done with the novena for the day.

First 27 Days Prayer Guide – in Petition JOYFUL MYSTERIES

Opening Prayer

Hail, Queen of the Most Holy Rosary, my Mother Mary, hail! At thy feet I humbly kneel to offer thee a Crown of Roses, snow white buds to remind thee of thy joys, each bud recalling to thee a holy mystery, each 10 bound together with my petition for a particular grace. O Holy Queen, dispenser of God's graces, and Mother of all who invoke thee, thou canst not look upon my gift and fail to see its binding. As thou receivest my gift, so wilt thou receive my petition; from thy bounty thou wilt give me the favor I so earnestly and trustingly seek. I despair of nothing that I ask of thee. Show thyself my Mother!

The Apostles' Creed, Our Father, 3 Hail Marys, Glory Be, Fatima Prayer

The Annunciation

Our Father, 10 Hail Marys, Glory Be, Fatima Prayer

I bind these snow-white buds with a petition for the virtue of humility and humbly lay this bouquet at thy feet.

The Visitation

Our Father, 10 Hail Marys, Glory Be, Fatima Prayer

I bind these snow-white buds with a petition for the virtue of charity and humbly lay this bouquet at thy feet.

The Nativity

Our Father, 10 Hail Marys, Glory Be, Fatima Prayer

I bind these snow-white buds with a petition for the virtue of detachment from the world and humbly lay this bouquet at thy feet.

The Presentation

Our Father, 10 Hail Marys, Glory Be, Fatima Prayer

I bind these snow-white buds with a petition for the virtue of purity and humbly lay this bouquet at thy feet.

<u>Finding the Child Jesus in the</u> Temple

Our Father, 10 Hail Marys, Glory Be, Fatima Prayer

I bind these snow-white buds with a petition for the virtue of obedience to the will of God and humbly lay this bouquet at thy feet.

Hail Holy Queen

Closing Prayer

Sweet Mother Mary, I offer thee this spiritual communion to bind my bouquets in a wreath to place upon thy brow. O my Mother! Look with favor upon my gift, and in thy love obtain for me my request.



First 27 Days Prayer Guide – in Petition SORROWFUL MYSTERIES

Opening Prayer

Hail, Queen of the Most Holy Rosary, my Mother Mary, hail! At thy feet I humbly kneel to offer thee a Crown of Roses, blood red roses to remind thee of the passion of thy divine Son, with Whom thou didst so fully partake of its bitterness, each rose recalling to thee a holy mystery, each 10 bound together with my petition for a particular grace. O Holy Queen, dispenser of God's graces, and Mother of all who invoke thee! Thou canst not look upon my gift and fail to see its binding. As thou receivest my gift, so wilt thou receive my petition; from thy bounty thou wilt give me the favor I so earnestly and trustingly seek. I despair of nothing that I ask of thee. Show thyself my Mother!

The Apostles' Creed, Our Father, 3 Hail Marys, Glory Be, Fatima Prayer

The Agony in the Garden

Our Father, 10 Hail Marys, Glory Be, Fatima Prayer

I bind these blood red roses with a petition for the virtue of resignation to the will of God and humbly lay this bouquet at thy feet

<u>The Scourging at the Pillar</u> Our Father, 10 Hail Marys, Glory Be, Fatima Prayer

I bind these blood red roses with a petition for the virtue of mortification and humbly lay this bouquet at thy feet.

<u>The Crowning with Thorns</u> Our Father, 10 Hail Marys, Glory Be, Fatima Prayer

I bind these blood red roses with a petition for the virtue of humility and humbly lay this bouquet at thy feet.

<u>The Carrying of the Cross</u> Our Father, 10 Hail Marys, Glory Be, Fatima Prayer

I bind these blood red roses with a petition for the virtue of patience in adversity and humbly lay this bouquet at thy feet.

The Crucifixion

Our Father, 10 Hail Marys, Glory Be, Fatima Prayer

I bind these blood red roses with a petition for the virtue of love of our enemies and humbly lay this bouquet at thy feet.

Hail Holy Queen

Closing Prayer

Sweet Mother Mary, I offer thee this spiritual communion to bind my bouquets in a wreath to place upon thy brow. O my Mother! Look with favor upon my gift, and in thy love obtain for me (specify request).



First 27 Days Prayer Guide – in Petition GLORIOUS MYSTERIES

Opening Prayer

Hail, Queen of the Most Holy Rosary, my Mother Mary, hail! At thy feet I humbly kneel to offer thee a Crown of Roses, full-blown white roses, tinged with the red of the passion, to remind thee of thy glories, fruits of the sufferings of thy Son and thee, each rose recalling to thee a holy mystery, each 10 bound together with my petition for a particular grace. O Holy Queen, dispenser of God's graces, and Mother of all who invoke thee! Thou canst not look upon my gift and fail to see its binding. As thou receivest my gift, so wilt thou receive my petition; from thy bounty thou wilt give me the favor I so earnestly and trustingly seek. I despair of nothing that I ask of thee. Show thyself my Mother!

The Apostles' Creed, Our Father, 3 Hail Marys, Glory Be, Fatima Prayer

The Resurrection

Our Father, 10 Hail Marys, Glory Be, Fatima Prayer

I bind these full-blown roses with a petition for the virtue of faith and humbly lay this bouquet at thy feet.

The Ascension

Our Father, 10 Hail Marys, Glory Be, Fatima Prayer

I bind these full-blown roses with a petition for the virtue of hope and humbly lay this bouquet at thy feet.

<u>The Descent of the Holy Spirit</u> Our Father, 10 Hail Marys, Glory Be, Fatima Prayer

I bind these full-blown roses with a petition for the virtue of charity and humbly lay this bouquet at thy feet.

The Assumption of Mary

Our Father, 10 Hail Marys, Glory Be, Fatima Prayer

I bind these full-blown roses with a petition for the virtue of union with Christ and humbly lay this bouquet at thy feet.

<u>The Coronation of the Blessed</u> Mother

Our Father, 10 Hail Marys, Glory Be, Fatima Prayer

I bind these full-blown roses with a petition for the virtue of union with thee and humbly lay this bouquet at thy feet.

Hail Holy Queen

Closing Prayer

Sweet Mother Mary, I offer thee this spiritual communion to bind my bouquets in a wreath to place upon thy brow. O my Mother! Look with favor upon my gift, and in thy love obtain for me (specify request). Hail Mary ...



Last 27 Days Prayer Guide – in Thanksgiving JOYFUL MYSTERIES

Opening Prayer

Hail, Queen of the Most Holy Rosary, my Mother Mary, hail! At thy feet I gratefully kneel to offer thee a Crown of Roses, snow white buds to remind thee of thy joys, each bud recalling to thee a holy mystery; each ten bound together with my petition for a particular grace. O Holy Queen, Dispenser of God's graces. and Mother of all who invoke thee! thou canst not look upon my gift and fail to see its binding. As thou receivest my gift, so wilt thou receive my thanksgiving; from thy bounty thou hast given me the favor I so earnestly and trustingly sought. I despaired not of what I asked of thee, and thou hast truly shown thyself my Mother.

The Apostles' Creed, Our Father, 3 Hail Marys, Glory Be, Fatima Prayer

The Annunciation

Our Father, 10 Hail Marys, Glory Be, Fatima Prayer

I bind these snow-white buds with a petition for the virtue of humility and humbly lay this bouquet at thy feet.

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I bind these snow-white buds with a petition for the virtue of purity and humbly lay this bouquet at thy feet.

<u>Finding the Child Jesus in the</u> Temple

Our Father, 10 Hail Marys, Glory Be, Fatima Prayer

I bind these snow-white buds with a petition for the virtue of obedience to the will of God and humbly lay this bouquet at thy feet.

Hail Holy Queen

Closing Prayer

Sweet Mother Mary, I offer thee this Spiritual Communion to bind my bouquets in a wreath to place upon thy brow in thanksgiving for my request which thou in thy love hast obtained for me.



Last 27 Days Prayer Guide – in Thanksgiving SORROWFUL MYSTERIES

Opening Prayer

Hail, Queen of the Most Holy Rosary, my Mother Mary, hail! At thy feet I gratefully kneel to offer thee a Crown of Roses blood red roses to remind thee of the passion of thy divine Son, with Whom thou didst so fully partake of its bitterness each rose recalling to thee a holy mystery; each ten bound together with my petition for a particular grace. O Holy Queen, dispenser of God's graces, and Mother of all who invoke thee! Thou canst not look upon my gift and fail to see its binding. As thou receivest my gift, so wilt thou receive my thanksgiving; from thy bounty thou hast given me the favor I so earnestly and trustingly sought. I despaired not of what I asked of thee, and thou hast truly shown thyself my Mother.

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Our Father, 10 Hail Marys, Glory Be, Fatima Prayer

I bind these blood red roses with a petition for the virtue of love of our enemies and humbly lay this bouquet at thy feet.

Hail Holy Queen

Closing Prayer

Sweet Mother Mary, I offer thee this Spiritual Communion to bind my bouquets in a wreath to place upon thy brow in thanksgiving for (specify request) which thou in thy love hast obtained for me.



Last 27 Days Prayer Guide – in Thanksgiving GLORIOUS MYSTERIES

Opening Prayer

Hail, Queen of the Most Holy Rosary, my Mother Mary, hail! At thy feet I gratefully kneel to offer thee a Crown of Roses full blown white roses, tinged with the red of the passion, to remind thee of thy glories, fruits of the sufferings of thy Son and thee each rose recalling to thee a holy mystery; each ten bound together with my petition for a particular grace. O Holy Queen, dispenser of God's graces, and Mother of all who invoke thee! thou canst not look upon my gift and fail to see its binding. As thou receivest my gift, so wilt thou receive my thanksgiving; from thy bounty thou bast given me the favor I so earnestly and trustingly sought. I despaired not of what I asked of thee, and thou hast truly shown thyself my Mother.

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Closing Prayer

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