

# Age simulation suit GERT

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**GERT creates the experience old age**



**[www.GTsimulators.com](http://www.GTsimulators.com)**

# General safety information

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The simulation of impairments that are aged-related, illness-related or disability-related inevitably involves risks, for instance a higher accident risk.

Impairments should therefore always be simulated with particular caution.

Our products must not be used

- on people with pre-existing impairments due, for instance, to age, illness or disability
- on high-risk individuals, such as pregnant women, epileptics, people with neurological or mental illnesses, people at risk of having a stroke and people with a heart condition
- on people with acute illnesses, such as infections and skin disorders

Increased caution is required when dealing with children and adolescents, as well as people with cognitive impairments or behavioural problems.

Our products may only be used in a safe environment under the supervision of a competent person.

The supervisor is responsible for the product's use. He must ensure that all the aforementioned points are being adhered.

In addition to this general safety information, it is important to comply with the safety information in the relevant user manuals.

# User manual for the age simulation suit GERT

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It is best to apply the components in the following order, while the test person is sitting on a chair and being assisted by a standing person.

Please apply the overshoes available as an accessory first, if applicable.

## 1. Ankle weight cuffs



The weights can be adjusted before applying.

## 2. Knee wraps



Wrap around the knee while the leg is straightened.

## 3. Weight vest



The weights can be adjusted before applying.

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## 4. Gloves



There are three sizes S, M and L. Choose the size that the gloves fit tightly and the grip ability is restricted. One way gloves or thin fabric gloves worn additionally under the gloves decrease the tactile perception too.

## 5. Wrist weight cuffs



Apply over the bandages of the gloves.

## 6. Elbow wraps



Wrap tightly around the elbow while the arm is straightened.

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## 7. Cervical collar



Fastener has to be backwards. Do not apply too tight, so that a restricted head movement is still possible.

## 8. Glasses



There are two pairs of glasses that simulate an age increase of 20 or 40 years. Select one of the two pairs. The glasses can be worn over the test person's own glasses if necessary. Take particular care when putting the glasses on and taking them off to ensure that the test person's glasses do not fall off or become damaged in any way.

## 9. Ear defender or ear plugs



The ear plugs can be inserted by the test person before the gloves are applied (4).

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## General information

Physically weak persons or persons with health impairments may be inadequately stressed by applying the age simulation suit. Each test person should be asked for the health condition. The usage is only allowed under expert supervision.

The weights have to be reduced for physically weak persons. The age simulation suit is not recommended for children, pregnant women and elderly people.

## Cleaning

All textile components are washable by hand using lukewarm water and mild detergent. Remove the weights of the weight vest and the ankle weight cuffs before washing.

Washing the ear defender is not recommended, as the foam inside takes a long time to dry. You can wipe the housing with a slightly damp cloth and a suitable cleaning agent or disinfectant.

Only dry clean the glasses, e.g. with a glasses cloth. Never bring the glasses in contact with water or detergents because the foils can be damaged. Wipe the spectacle frames with a slightly damp cloth and a suitable cleaning agent or disinfectant.

## Contact

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