# User manual for the COPD simulator

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**The COPD simulator must not be used in persons with acute illnesses, respiratory tract diseases and diseases of the cardiovascular system.**

## 1. Rib bandage

Place the rib bandage firmly around the ribs underneath the chest.
The elastic bands allow you to regulate the tension.

## 2. Nose clip

Place the nose clip on the wings of the nose with your mouth closed and slowly squeeze the sides of the nose clip until the air flow is noticeably reduced when breathing. If the nose clip slips, degrease the skin and the nose clip. Try to breathe through the nose only and to keep your mouth closed as long as possible.

Alternatively, you can close the nose completely with the nose clip and breathe through one of the supplied disposable mouthpieces. You can replace the supplied mouthpieces with drinking straws of the same diameter.

## Cleaning

The rib bandage is washable by hand using lukewarm water and mild detergent. Allow to air dry.

Spray the nose clip after each application with a skin-compatible disinfectant spray for plastics and wipe it dry if necessary.

## Contact

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