

Puerperal Uterus Palpation Training Model (Wearable type)

LM-116

Instruction Manual

Thank you for purchasing Puerperal Uterus Palpation Training Model (Wearable type).
Please read this instruction manual carefully to ensure correct use of the product,
and store it in a safe place for easy access.

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Handling and Safety Precautions

These precautions should be strictly observed in order to ensure safe, long-term use of the product.

The following precautions should be observed particularly strictly:

1. This model is created from a special material to closely resemble the texture of a human body. Please handle the model gently as you would a human body. The model may get damaged if it is handled with excessive force or it comes into contact with a sharp object.
2. The abdominal wall may harden or soften slightly depending on the temperature. If the model is cold, the texture may feel harder during palpation.
3. Organic solvents such as thinner and benzene must not be used because they will damage the model.
4. Oil-based ink, pencil, chalk, and paint must not be used on the model because they will stain the model permanently.
5. The serial number is printed on the pouch card of the storage bag. Store the model in this storage bag after using it.
6. Store the abdominal wall at the bottom of the storage bag or on top of a flat board to prevent it from becoming misshapen or creased.
7. Avoid storing the outer skin in a way that will leave fold marks to prevent it from becoming misshapen or creased.
8. Do not place anything directly on top of the subinvolution model during storage because it might become misshapen.
9. Avoid storing this model in places that are hot or humid or in direct sunlight, because this can cause mold growth, deterioration, and discoloration.
10. This model cannot be washed by hand or machine. This model can be dry cleaned. See "4. Caring" on page 8 if the model becomes dirty.
11. If the surface of the outer skin or the abdominal wall starts to become sticky, apply talcum powder to reduce stickiness.

1. The contents of this instruction manual are subject to change without notice.
2. This operation manual cannot be reproduced in whole or in part without permission.
3. Please notify us in the event that you find any errors or omissions in the contents of this operation manual.
4. Please use the product according to the instructions in this operation manual. In particular, refrain from use contrary to the methods given in the precautions.

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1. Outline and Features

Outline

This is a model that can be used to examine postpartum uterine involution, and can be worn by a person or a mannequin. The model represents the state of uterine involution up to 5 days postpartum. The model can be worn by a person to practice postpartum care, including communication training.

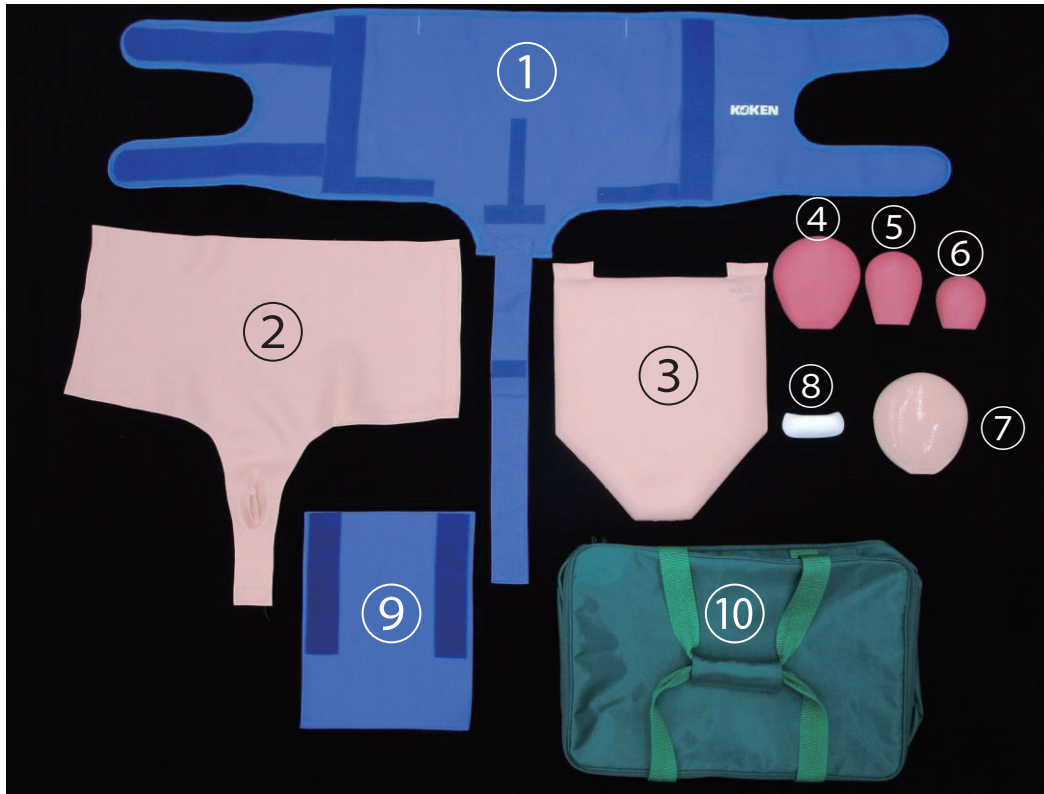
Features

1. The abdominal wall is created from a special material to closely resemble the texture of a human body. It is well suited for demonstrating palpation, because the model allows the fundus to be examined by palpation.
2. By changing the uterus models (four types), it can be used to check the status of uterine involution during the postpartum period.
3. By having a person wear the model, postpartum care can be demonstrated while communicating with them.
4. By wearing the model, a person can experience how a woman feels after giving birth.
5. The model includes a realistic vulva to remind users that a postnatal mother might have feelings of modesty and embarrassment.
6. The model can be used to demonstrate realistically how to change sanitary shorts and pads.

This product can be used to demonstrate the following.

- Examining and recognizing normal involution and subinvolution of postpartum uterus (postpartum day 1: normal involution and subinvolution)
- Measuring postpartum fundus with a tape measure and palpation (changes over a week: postpartum days 1, 3, and 5)
- Instructing fundal massage
- Instructing selfcare
- Examining the vulva
- Changing sanitary shorts and pads

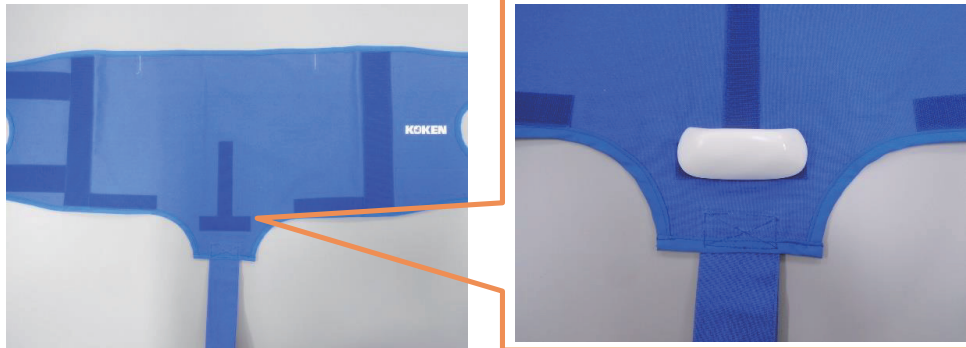
2. Components and Configuration



	Part name	Quantity
①	Wearable band	1
②	Outer skin	1
③	Abdominal wall	1
④	Uterine involution (normal, day 1)	1
⑤	Uterine involution (normal, day 3)	1
⑥	Uterine involution (normal, day 5)	1
⑦	Subinvolution	1
⑧	Pubis connector	1
⑨	Extension pad	1
⑩	Storage bag	1
	Instruction Manual (this manual)	1

3. Handling (How to Wear the Model)

(1) Attach the pubis connector to the wearable band.



(2) In an upright position, align the pubis of the model to that of the wearer, and fasten the straps securely at the back.



Size compatibility of the wearable band
Waist 54 cm to 116 cm (140 cm with the extension pad)
Hip 54 cm to 116 cm (140 cm with the extension pad)

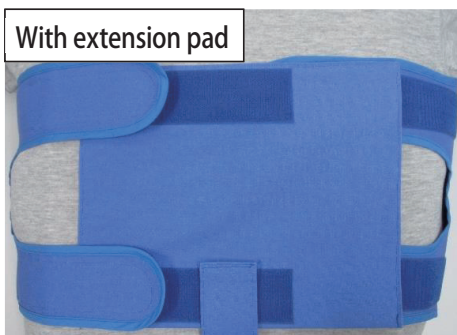
* If the band is too loose on the wearer, place a padding such as a towel at the back before fastening the straps.



Back



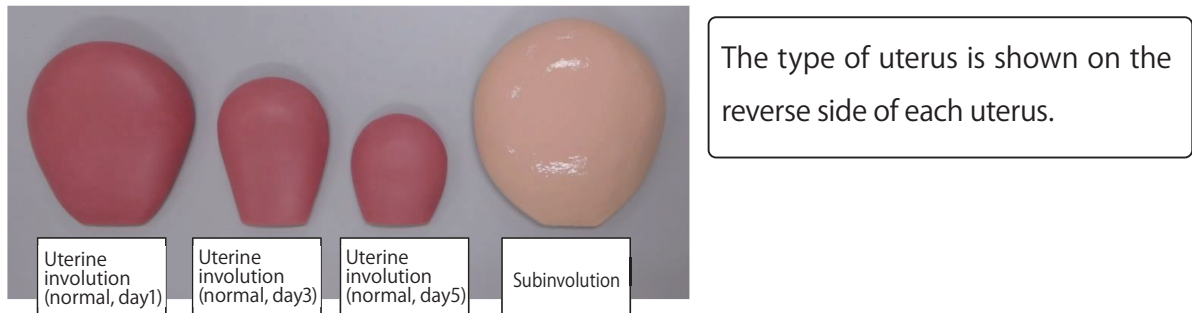
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With extension pad

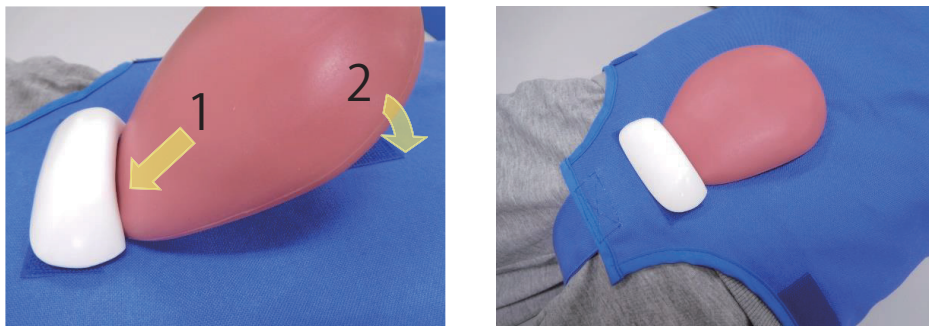
From this point onward, the remaining parts will be attached in supine position.

(3) Select one of the four types of uteruses based on the demonstration that you wish to show.

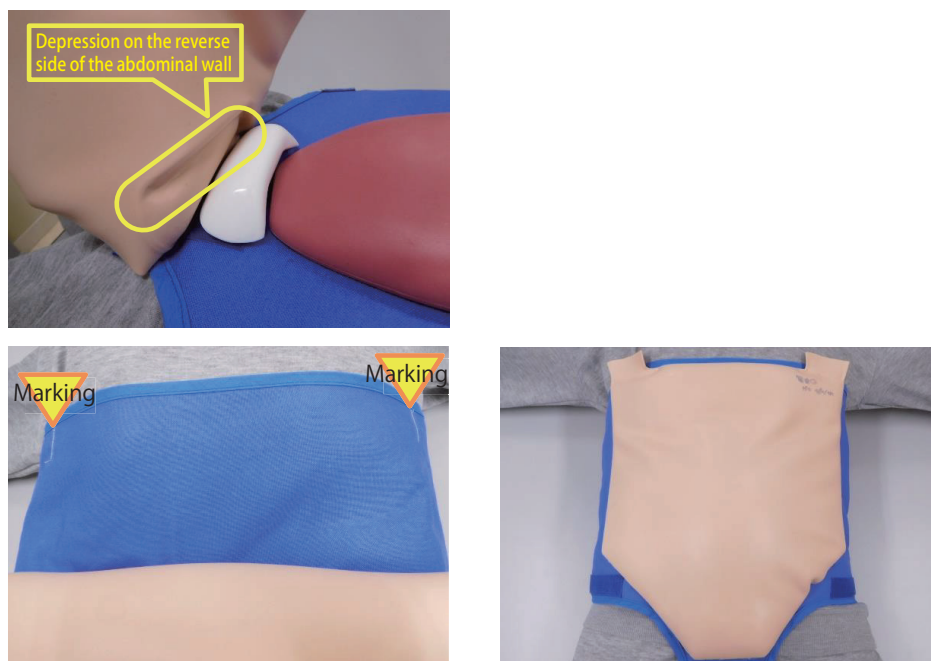


(4) Attach the selected uterus to the wearable band.

Insert the end of the uterus opening into the pubis connector and fasten with Velcro.



(5) Align the depression on the reverse side of the abdominal wall to the pubis connector, and place the abdominal wall over the band using the markings on the wearable band.

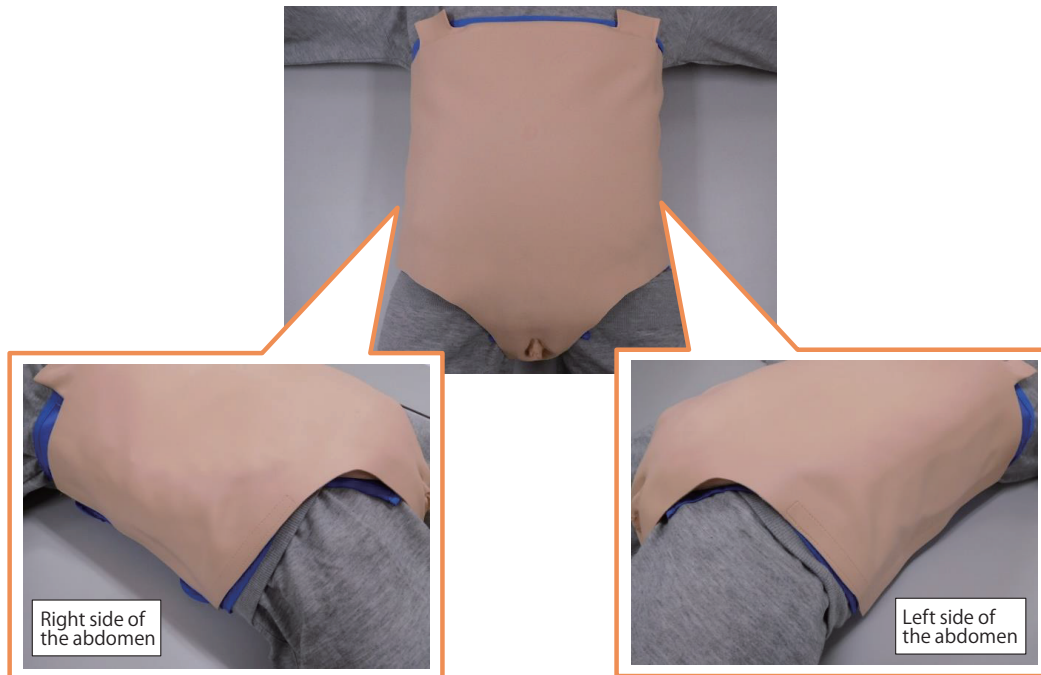


(6) Attach the outer skin.

Fasten the Velcro on the wearable band (anal part) to the Velcro on the outer skin (anal part).



Tightly cover the abdominal wall with the outer skin, and fasten the Velcro on the wearable band (abdomen side) to the Velcro on the outer skin (abdomen side).



The device is properly attached to the wearer/mannequin now. If necessary, adjust the position of each part before demonstration.

4. Caring

[Outer skin, abdominal wall, uteruses, and pubis connector]

- If the parts become dirty, wipe the surface with a neutral detergent or an alcohol wipe and let it dry.
 - * Do not use solvents such as thinner and benzene.
 - * Handle the parts gently as you would a human body. The model may get damaged if it is handled with excessive force or it comes into contact with a sharp object.

[Wearable band and extension pad]

Material

Wearable band and extension pad (main part): 100% cotton

Velcro: Polyester



Do not wash by hand or machine.



Do not use chlorine bleach.



Do not iron.



Can be dry cleaned.

[Storage precautions]

- Store the model in the storage bag after using it.
- Store the abdominal wall at the bottom of the storage bag or on top of a flat board to prevent it from becoming misshapen or creased.
- Avoid storing the outer skin in a way that will leave fold marks to prevent it from becoming misshapen or creased.
- Do not place anything directly on top of the subinvolution model during storage because it might become misshapen.
- Avoid storing this model in places that are hot or humid or in direct sunlight, because this can cause mold growth, deterioration, and discoloration.

5. Specifications

Product name	Compatible size	Total weight
Puerperal Uterus Palpation Training Model (Wearable type)	Waist 54 cm to 116 cm (140 cm with the extension pad) Hip 54 cm to 116 cm (140 cm with the extension pad)	Approx. 3.7 kg

Product name	Length	Width	Height
Storage bag	31 cm	46 cm	22 cm