

# KOKEN Breastfeeding Simulation Set

LM-113A

# KOKEN Postpartum Breast Care Model

LM-113

# Latch on mask for KOKEN Baby

LM-113B

## Instruction Manual

Thank you for purchasing our products.

Please read this instruction manual carefully to ensure the correct use of the products,  
and store it in a safe place for easy access.

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## Handling and Safety Precautions

**These precautions must be observed strictly to ensure safe long-term use of the product.**

### **The following precautions should be strictly observed:**

1. This model is made of special materials with texture similar to human skin. The model must be handled carefully in the same manner as handling an actual person. The model may be damaged when pulled with force or used in contact with sharp objects.
2. Do not place any objects directly on the model, and do not place the model breast skin-side down. The model may become deformed.
3. If the skin becomes sticky or after it is wiped to clean, apply baby powder to reduce friction.
4. Never use organic solvents, such as thinners or benzoin. The model will be damaged when these solvents are used.
5. This model may become deformed when stored for a long period at low or high temperatures. The materials may be deteriorated, deformed, or discolored when exposed to direct sunlight or ultraviolet light. Hence, when storing the model, avoid exposure to direct sunlight and ultraviolet light.
6. Never use oil-based ink, pencils, chalk, and paint on the model. They will soak into the model and cannot be erased.
7. This model can be neither dry-cleaned nor machine-washed. For cleaning, see "5. Instructions for Care" on Page 12.
8. The air pump of the breast bag must be pressed about 8 to 10 times, or 15 times at the maximum. Be careful, as the bag may be damaged when it is inflated too much.
9. Deflate the breast bag before storage. Storage without deflating may cause deformation.
10. The breast bag may be deformed over the years. Check its function about three years after the purchase. If the function is affected by deformation or other changes, consider replacing with a new bag.

1. The contents of this instruction manual are subject to change without notice.
2. This instruction manual may not be reproduced in part or in its entirety without permission.
3. Please contact the manufacturer in the event that any errors or omissions are found in the contents of this instruction manual.
4. These products must be used only as described in this instruction manual. In particular, the products must not be used in any way that contravenes the precautions noted in the instruction manual.

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# 1. Outline and Features

## Outline

KOKEN Breastfeeding Simulation Set, KOKEN Postpartum Breast Care Model, and Latch on mask for KOKEN Baby are the optimum educational tools for the training of breastfeeding support and breast care.

## Features

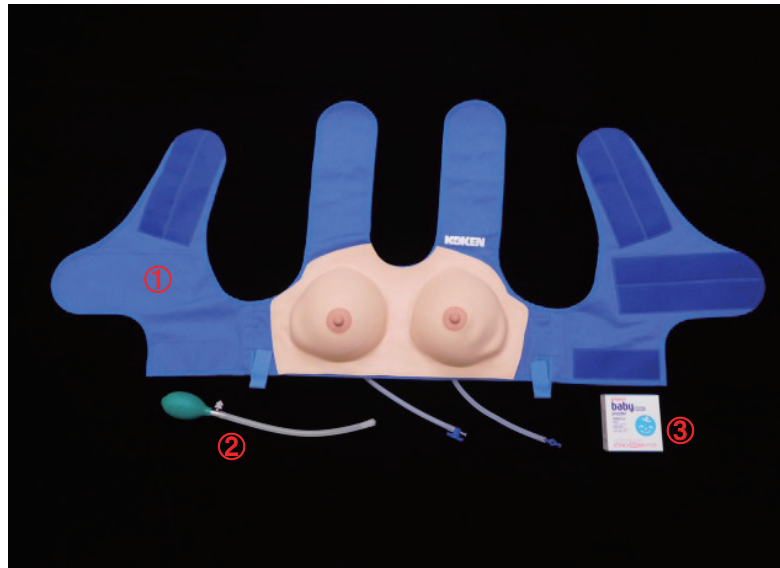
1. Appearance and texture that are close to human skin are achieved by using special silicone rubber as a material.
2. Users can feel adequate close fit when wearing the model and can take a natural breastfeeding position.
3. By attaching Latch on mask for KOKEN Baby on your KOKEN Baby, users can practice the support for an appropriate latch of babies and breastfeeding posture.
4. By taking an appropriate breastfeeding position and achieving a latch at an appropriate position, users can confirm the condition of an appropriate latch.
5. Engorgement of breast can be simulated by inflating the breast bags.

## Possible training points

- By using both KOKEN Breastfeeding Simulation Set and KOKEN Baby, users can practice the “hands-off” approach of the support for breastfeeding.
- Users can observe the nipples and breasts, and thus practice their care.
- Simulation of engorgement of breast enables the observation of engorgement and the practice of care for the reduction of engorgement.
- Users can learn through experience that a correct latch cannot be achieved when the breast is engorged.

## 2. Names of Parts and Structure

### KOKEN Postpartum Breast Care Model



	Name of the part	Quantity
①	Harness	1
②	Air pump	1
③	Baby powder	1
④	Protective board	1
⑤	Breast bag (right and left)	1 pair
	Instruction manual (this brochure)	1

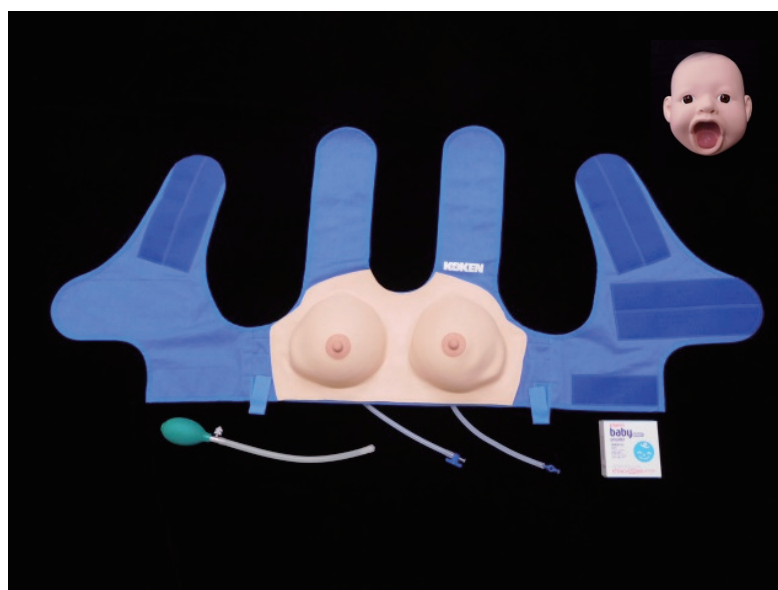
### Latch on mask for KOKEN Baby



Name	Quantity
Latch on mask for KOKEN Baby	1
Instruction manual (this brochure)	1

### KOKEN Breastfeeding Simulation Set

The set consists of KOKEN Postpartum Breast Care Model and Latch on mask for KOKEN Baby.



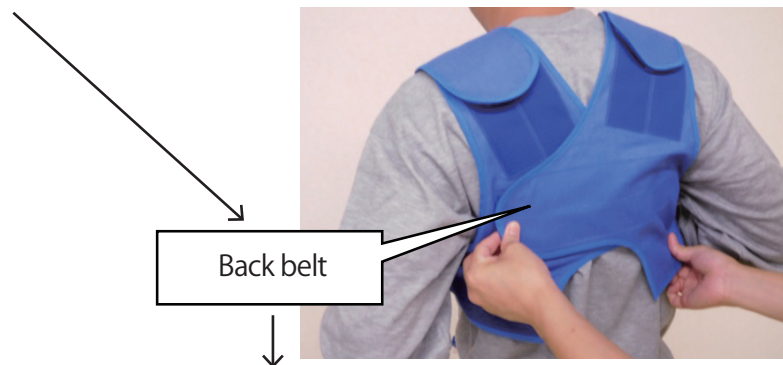
### 3. Handling Instructions KOKEN Postpartum Breast Care Model

#### 3-1 How to wear

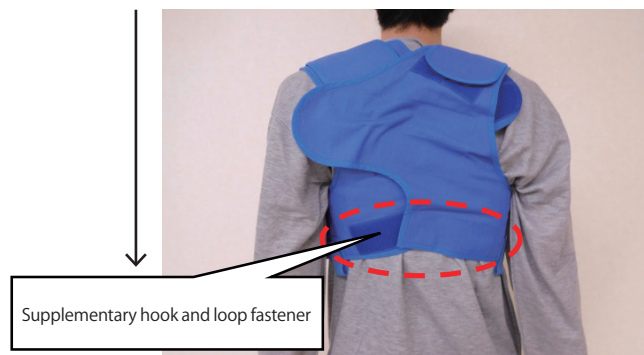
1. Fit the chest part of the model to the chest of the wearer, and then fasten the shoulder belts.



2. Fasten the back belt.



\* When the back belt is loose (for instance, when the wearer is thin), fasten the supplementary hook and loop fastener.



3. If the harness becomes loose, fasten again so that the model fits the body closely.

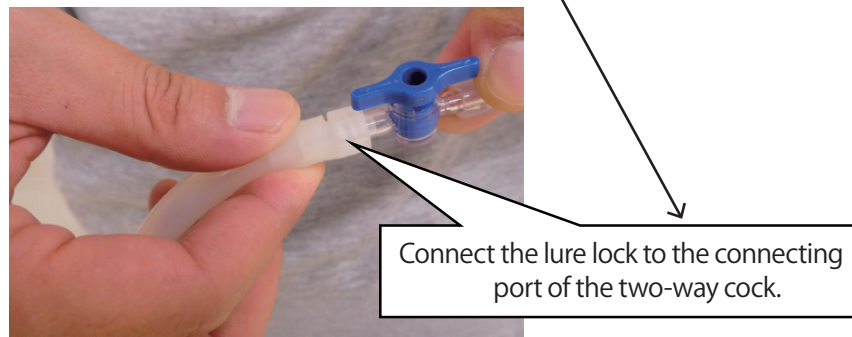




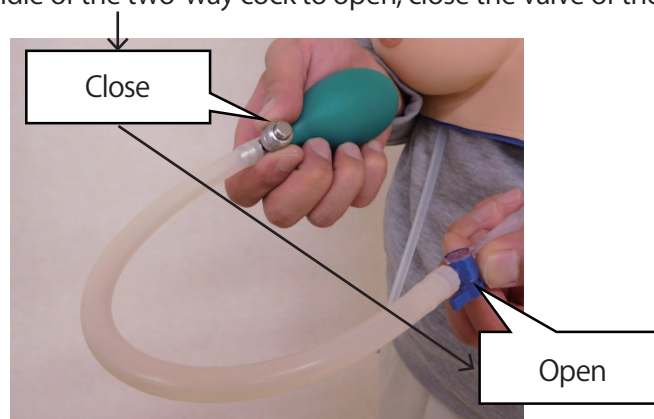
### 3-2 Adjustment of engorgement of breast

The hardness and shape of breasts can be adjusted by inflating and deflating the breast bags.

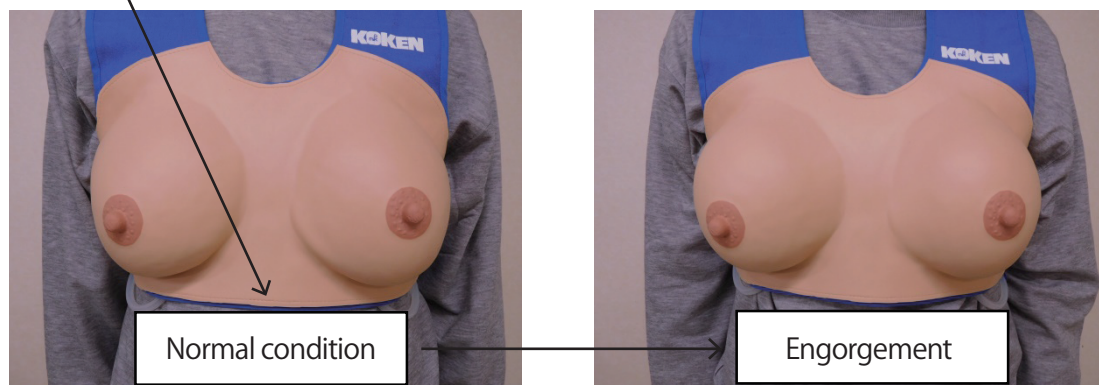
1. Attach the connector of the air pump to the two-way cock.



2. Turn the handle of the two-way cock to open; close the valve of the air pump and inject the air.



\* To reduce the volume of the air, loosen the valve of the air pump to let the air out.

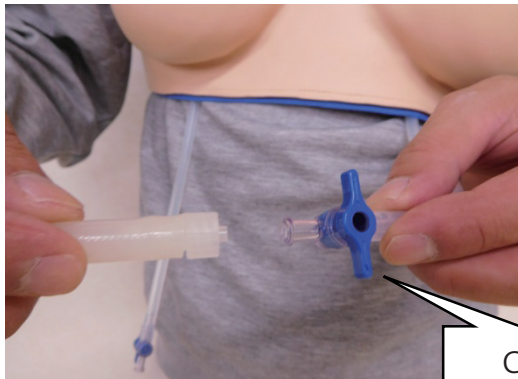


\* Press the air pump for about 8 to 10 times, or 15 times at the maximum.

\* Be careful, as the bag may be damaged when it is inflated too much.

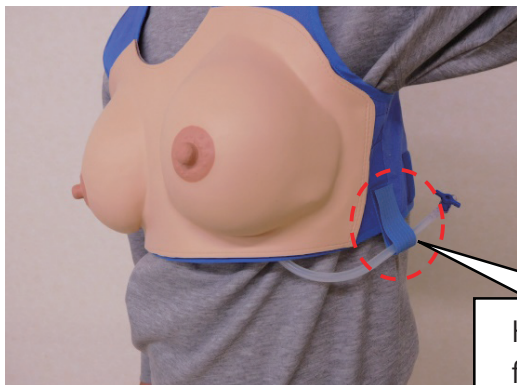


3. After completing the adjustment of air, turn the handle of the two-way cock to close and remove the connector of the air pump.



Close

4. Secure the air tube with the hook and loop fastener under the arm so that the tube does not get in the way.



Hook and loop  
fastener for securing  
the air tube

\* To change the hardness, deflate the bag once and then inflate it again.

\* After finishing the practice, turn the handle of the two-way cock to open and deflate the bags.

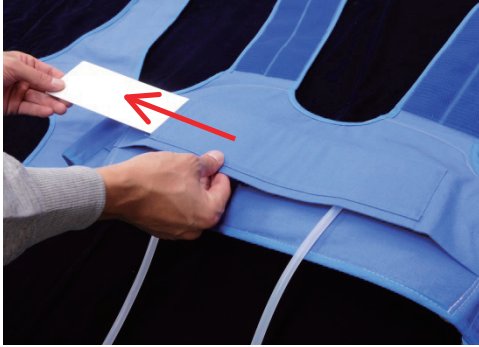
### 3-3 Attaching and removing breast bags

When applying baby powder inside the breast skin or washing the model, remove the breast bags.

#### How to remove

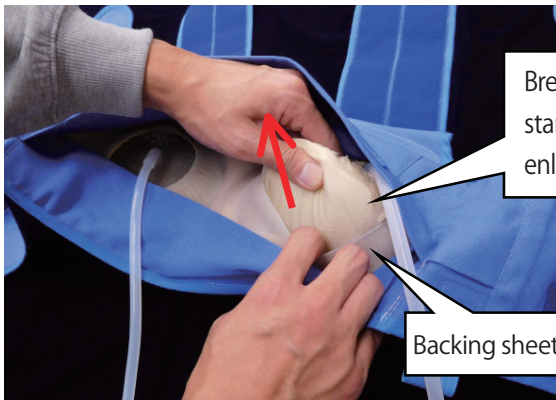
1. Remove the protective board and lift the flap of the harness.

\* Do not discard the protective board by mistake.



2. Slowly remove the breast bags from the opening on the backing sheet.

\* Do not pull with force or hook with sharp objects. The model may be damaged.



Breast bags can be removed easily by starting from the lower edge while enlarging the opening of the backing sheet.

Backing sheet



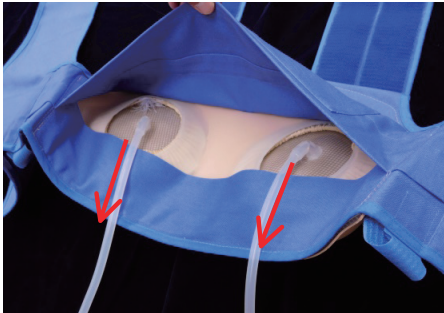
## How to attach

1. Lift the flap of the harness, and then slowly push the breast bags into the harness from the opening in the center of the backing sheet.



Breast bags can be placed easily in the harness by starting from the upper edge while enlarging the opening of the backing sheet.

2. Position the air tubes so that they come out downward.



3. Put the protective board back.



4. Confirm the position of the breast bags by looking at the model from the breast skin-side and adjust the bags so that they look natural.

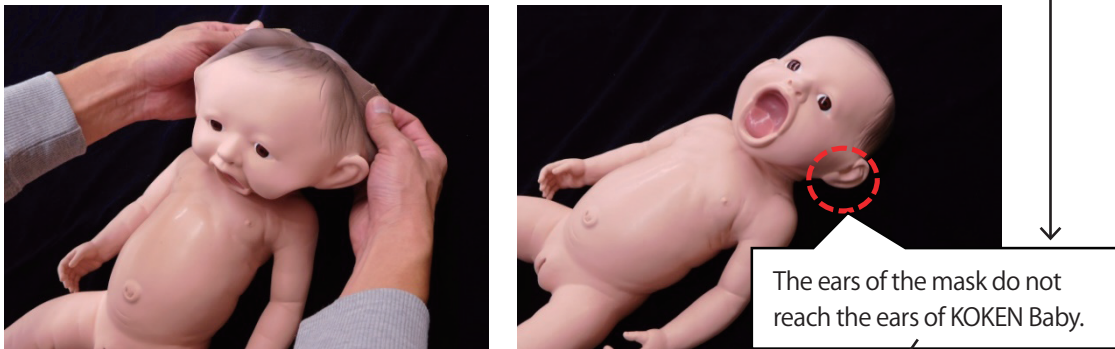


The wrinkles will disappear when the model is worn.

## 4. Handling Instructions Latch on mask for KOKEN Baby

### 4-1 How to attach

1. Cover the face of KOKEN baby with Latch on mask for KOKEN Baby starting from the jaw.



\*If the mask is sticky and hard to attach, apply baby powder inside the mask and the head of KOKEN Baby.

2. Fasten the hook and loop fastener on the back of the head.



### 4-2 How to use

By using it with KOKEN Postpartum Breast Care Model, users can practice the appropriate support for breastfeeding or an appropriate latch.



## 5. Instructions for Care

- Clean the skin of the products by wiping the surface with neutral detergent or alcohol pads. After drying, apply the powder.
  - \* Do not use solvents, such as thinners and benzine.
- Clean the cloth parts by gently patting them with a piece of cloth dampened with neutral detergent, and wring out.
- When the cloth parts are heavily soiled, remove the breast bags and the protective board; hand-wash the rest by gently pressing with regular washing detergent in lukewarm water (up to 30° C).
  - \* Handle the breast skin part as gently as possible in the same way you handle human skin. The model may be damaged when it is pulled with force or comes in contact with sharp objects.
  - \* Air-dry the model sufficiently after washing. Leaving it moist will cause odor or mold.
  - \* Do not use chlorine bleach.
  - \* Do not iron.
- This model cannot be dry-cleaned or machine-washed.

## 6. Specifications

### Main materials of each part

#### KOKEN Postpartum Breast Care Model

Name of the part	Material
Harness	100% cotton
Breast skin	Silicone
Breast bag	Urethane

#### Latch on mask for KOKEN Baby

Name of the part	Material
Mask	Silicone

### Size, weight

#### KOKEN Postpartum Breast Care Model

	Weight
KOKEN Postpartum Breast Care Model	Approximately 1.6 kg

#### Latch on mask for KOKEN Baby

Length	Width	Height	Weight
Approximately 15 cm	Approximately 13 cm	Approximately 12 cm	Approximately 96 g